

Scotland & The North East to The South West & South Coast

Train Times: 11 December 2011 – 13 May 2012

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Using your timetable

A Mondays to Fridays

B Features

C Period of operation and Notes

			EI	EH
Penzance	d	<i>0505n</i>	0628	<i>0645n</i>
Truro	d	F <i>0538n</i>	0704	<i>0726n</i>
St Austell	d	<i>0555n</i>	0720	<i>0744n</i>
Bodmin Parkway	d	<i>0611n</i>	0739	<i>0806n</i>
D Liskeard	d	<i>0626n</i>	0753	<i>0820n</i>
Plymouth	d	0725	0825	0925
Totnes	d	0750	E 0850	0950
Paignton	d	<i>0740ag</i>	<i>0823ag</i>	<i>0913ag</i>
Torquay	G d	<i>0746ag</i>	<i>0828ag</i>	<i>0918ag</i>
Newton Abbot	d	0803	0903	1003
Teignmouth	d	<i>0745v</i>	<i>0848v</i>	<i>0946v</i>

Note: stations and times shown are examples only

- A** This timetable is divided by direction of travel and days of the week.
- B** The 'Features' line will contain any specific details relating to each service, for example if seat reservations are recommended. See pages 57 and 58 for an explanation of the symbols used in this timetable.
- C** Notes in the 'Period of operation and Notes' line indicate, if applicable, the dates/days on which the service operates and any additional stations the train stops at.
- D** Stations along the route are listed on the left side of the timetable.
- E** The trains stops here at the time shown. An at-seat service of drinks and light refreshments is provided on those services shown with dark shading (subject to availability).
- F** Times shown in italics are connections. You will need to change trains to arrive or depart here at the time shown. A note alongside the time will indicate where you need to change.
- G** The letters 'a' and 'd' show whether the time shown is an arrival time ('a') or a departure time ('d').

Changes to train times

If you're travelling at weekends, we may need to make changes to our timetables to allow track improvement work to take place. You're advised to check your train times before travelling by visiting crosscountrytrains.co.uk.

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Scotland & the North East to the South West & South Coast

Mondays to Fridays

Notes: see pages 57 and 58

Features		Ⓩ	Ⓩ	Ⓩ	Ⓩ
Period of operation and Notes	MO	E	MX	F	
Aberdeen	d				
Montrose	d				
Arbroath	d				
Dundee	d				
Leuchars	d				
Markinch	d				
Kirkcaldy	d				
Inverkeithing	d				
Glasgow Central	d				
Motherwell	d				
Haymarket	d				
Edinburgh Waverley	d				
Dunbar	d				
Berwick-upon-Tweed	d				
Alnmouth	d				
Morpeth	d				
Newcastle	d				
Durham	d				
Darlington	d				
York	d				
Leeds	d				
Wakefield Westgate	d				
Doncaster	d				
Sheffield	d				
Chesterfield	d				
Derby	d				
Burton-on-Trent	d				
Tamworth	d				
Birmingham New Street	a				
Birmingham New Street	d		0604	0633	0642
Birmingham International	d		0614	-	-
Coventry	d		0625	-	-
Leamington Spa	d		0638	0700	-
Banbury	d		0657	0722	-
Oxford	d		0716	0743	-
Reading	d		0746	0815	-
Guildford	a		0847ac	0903ac	-
Basingstoke	d		0810	0842	-
Winchester	d		0825	0857	-
Southampton Airport Parkway →	a		0832	0908	-
Southampton Central	a		0844	0917	-
Brockenhurst	a		0859	0937ab	-
Bournemouth	a		0914	1000ab	-
Cheltenham Spa	d				0722
Gloucester	d				0757aj
Bristol Parkway	d				0758
Bristol Temple Meads	d			0634	0810
Taunton	d	0235n		0708	0843
Tiverton Parkway	d			0720	0855
Exeter St Davids	d	0435n		0736	0910
Dawlish	a			0810v	-
Teignmouth	a			0815v	-
Newton Abbot	a	0456n		0754	0929
Torquay	a			0835ag	0940
Paignton	a			0844ag	0947
Totnes	a			0807	1010ag
Plymouth	a	0543d	0628d	0834	1041ag
Liskeard	a	0607	0650	0950n	1110ag
Bodmin Parkway	a	0621	0702	1002n	1123ag
St Austell	a	0645	0721	1022n	1144ag
Truro	a	0704	0738	1040n	1201ag
Penzance	a	0753	0819	1123n	1242ag

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

Ⓩ

Q

Aberdeen								
Montrose								
Arbroath								
Dundee								
Leuchars								
Markinch								
Kirkcaldy								
Inverkeithing								
Glasgow Ctl								0550h
Motherwell								0604h
Haymarket								
Edinburgh								
Dunbar								
Berwick								
Alnmouth								
Morpeth								
Newcastle					0445r		0622	0644
Durham					0459r		0637	0656
Darlington					0517r		0654	0714
York				0400f	0600r	0632	0723	0744
Leeds				0600	0615	0705	-	0811
Wakefield				0612	0627	0718	-	0823
Doncaster				0600m	0645	0702m	0755	-
Sheffield	0529ak	0601		0650	0718	0753	0820	0854
Chesterfield	0541ak	0627		0704	0730	0806	0832	0906
Derby	0610	0648	0706	0727	0750	0828	0853	0928
Burton	0620	0658	0718	0738	0800	0838	-	0938
Tamworth	0631	0709	0730	0750	0811	0850	-	0933h
Bham New St	0652	0727	0754	0808	0827	0909	0927	1007
Bham New St	0712	0733	0804	0812	0833	0912	0933	1012
Bham Intl	0713hb	0755hb	0814	0839hb	0855hb	0939hb	0959hb	1039hb
Coventry	0724hb	0810hb	0825	0849hb	0910hb	0949hb	1010hb	1049hb
Leamington	0737hb	0804	0838	-	0900	-	1000	-
Banbury	0754hb	0821	0855	-	0919	-	1019	-
Oxford	0814hb	0844	0916	-	0943	-	1043	-
Reading	0839hb	0911a	0946	-	1015	-	1107a	-
Guildford	-	1009ac	1047ac	-	1108ac	-	1208ac	-
Basingstoke	0908hb	1003ac	1010	-	1040	-	1203ac	-
Winchester	0924hb		1025	-	1055	-	1224ac	-
Southptn Apt →	0932h		1032	-	1108	-	1232ac	-
Southptn Ctl	0941h		1043	-	1116	-	1241ac	-
Brockenhurst	0956h		1058	-	1137ab	-	1256ac	-
Bournemouth	1012h		1112	-	1200ab	-	1310ac	-
Cheltenham	0752	0823hb		0852	0923hb	0952	1023hb	1052
Gloucester	0827aj			0922aj		1022aj		1122aj
Bristol Pkwy	0826	0854hb		0926	0954hb	1027	1054hb	1128
Bristol TM	0844	0914hb		0944	1008hb	1044	1112hb	1144
Taunton	0917			1017		1118	1200hb	1217
Tiverton Pkwy	0929			1030		1130	1213hb	1229
Exeter St D	0944			1046		1147	1230hb	1244
Dawlish	1016v			1116v		1226v	1243h	1308v
Teignmouth	1021v			1121v		1231v	1248h	1314v
Newton A	1002			1106		1206	1255h	1302
Torquay	1050ag			1141ag		1251ag	1306h	1333ag
Paignton	1059ag			1151ag		1300ag	1314h	1343ag
Totnes	1016			1120		1220		1315
Plymouth	1046			1148		1249		1341
Liskeard	1143n			1306n		1334n		1420n
Bodmin Pkwy	1156n			1318n		1347n		1432n
St Austell	1216n			1339n		1407n		1453n
Truro	1233n			1356n		1425n		1510n
Penzance	1317n			1439n		1512n		1553n

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Scotland & the North East to the South West & South Coast

Mondays to Fridays

Notes: see pages 57 and 58

Features

Period of operation and Notes

ED

Aberdeen	d						
Montrose	d						
Arbroath	d						
Dundee	d						0632
Leuchars	d						0646
Markinch	d			0544g			0711
Kirkcaldy	d			0553g			0721
Inverkeithing	d			0616g			0743
Glasgow Central	d				0601	0650e	-
Motherwell	d				0616	0704e	-
Haymarket	d			0641g	0657	0745e	0801
Edinburgh Waverley	d	0540e	0606	0700	0707	0800e	0810
Dunbar	d		0608e	-	0727		-
Berwick-upon-Tweed	d	0600e	0646	0739	-	0811e	0850
Alnmouth	d	0619e	0708	0759	-	0858e	-
Morpeth	d	0635e	0709e	0813	-	0849e	-
Newcastle	d	0725	0741	0835	0843	0935	0941
Durham	d	0737	0755	0847	0856	0947	0955
Darlington	d	0754	0812	0904	0913	1005	1012
York	d	0824	0844	0935	0945	1034	1044
Leeds	d	-	0911	-	1011	-	1111
Wakefield Westgate	d	-	0924	-	1023	-	1124
Doncaster	d	0850	0901m	0958	1004m	1058	1104m
Sheffield	d	0923	0954	1023	1054	1123	1154
Chesterfield	d	-	1006	-	1106	-	1206
Derby	d	0953	1028	1053	1128	1153	1228
Burton-on-Trent	d	-	1021j	-	1121h	-	1221j
Tamworth	d	-	1048	-	1133h	-	1248
Birmingham New Street	a	1027	1108	1127	1207	1227	1307
Birmingham New Street	d	1033	1112	1133	1212	1233	1312
Birmingham International	d	1055hb	1139hb	1155hb	1239hb	1255hb	1339hb
Coventry	d	1110hb	1149hb	1210hb	1249hb	1310hb	1349hb
Leamington Spa	d	1100	-	1200	-	1300	-
Banbury	d	1119	-	1219	-	1321	-
Oxford	d	1143	-	1243	-	1343	-
Reading	d	1215	-	1307a	-	1415	-
Guildford	a	1308ac	-	1408ac	-	1508ac	-
Basingstoke	d	1240	-	1403ac	-	1440	-
Winchester	d	1255	-	1424ac	-	1455	-
Southampton Airport Parkway →	a	1308	-	1434ac	-	1508	-
Southampton Central	a	1317	-	1442ac	-	1517	-
Brockenhurst	a	1337ab	-	1456ac	-	1537ab	-
Bournemouth	a	1400ab	-	1511ac	-	1600ab	-
Cheltenham Spa	d	1123hb	1152	1223hb	1252	1323hb	1354
Gloucester	d		1222aj		1322aj		1422aj
Bristol Parkway	d	1154hb	1230	1255hb	1327	1357hb	1429
Bristol Temple Meads	d	1208hb	1244	1310hb	1344	1409hb	1444
Taunton	d		1318		1417		1518
Tiverton Parkway	d		1330		1429		1530
Exeter St Davids	d		1347		1444		1548
Dawlish	a		1427v		1516v		1616v
Teignmouth	a		1432v		1521v		1621v
Newton Abbot	a		1406		1502		1607
Torquay	a		1452ag		1541ag		1641ag
Paignton	a		1500ag		1551ag		1651ag
Totnes	a		1420		1515		1621
Plymouth	a		1448		1541		1649
Liskeard	a		1534n		1631n		1753n
Bodmin Parkway	a		1548n		1643n		1806n
St Austell	a		1607n		1704n		1829n
Truro	a		1625n		1722n		1847n
Penzance	a		1712n		1807n		1934n

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For help: see 'Using Your Timetable' on page 9

			EA		EB	ES	EC
Aberdeen		<i>0556g</i>		<i>0706g</i>	<i>0752e</i>	0820	<i>0907g</i>
Montrose		<i>0634g</i>		<i>0747g</i>	<i>0832e</i>	0859	<i>0946g</i>
Arbroath		<i>0649g</i>		<i>0801g</i>	<i>0848e</i>	0915	<i>1000g</i>
Dundee		<i>0720g</i>		<i>0828g</i>	<i>0906e</i>	0932	<i>1035g</i>
Leuchars		<i>0732g</i>		<i>0840g</i>	<i>0920e</i>	0947	<i>1047g</i>
Markinch		<i>0756g</i>		<i>0903g</i>		1009	<i>1109g</i>
Kirkcaldy		<i>0806g</i>		<i>0925g</i>	<i>0944e</i>	1017	<i>1119g</i>
Inverkeithing		<i>0830g</i>		<i>0934g</i>	<i>1001e</i>	1032	<i>1135g</i>
Glasgow Ctl		0750		0900		<i>0918g</i>	1059
Motherwell		0805		0915		-	1114
Haymarket		0850		0958	<i>1017e</i>	1054	<i>1111e</i>
Edinburgh	<i>0830e</i>	0908	<i>1000e</i>	1010	<i>1030e</i>	1105	<i>1200e</i>
Dunbar		0928		-		1125	-
Berwick		0951	<i>1011e</i>	1049		1148	<i>1241e</i>
Alnmouth		-	<i>1058e</i>	-		1208	-
Morpeth	<i>0949e</i>	-	<i>1049e</i>	1121	<i>1149e</i>	-	<i>1249e</i>
Newcastle	1035	1044	1135	1144	1235	1241	1335
Durham	1047	1056	1147	1156	1247	1253	1347
Darlington	1104	1113	1205	1213	1304	1311	1405
York	1134	1145	1234	1244	1334	1344	1434
Leeds	-	1212	-	1311	-	1411	-
Wakefield	-	1224	-	1323	-	1423	-
Doncaster	1158	<i>1203m</i>	1259	<i>1302m</i>	1358	<i>1403m</i>	1458
Sheffield	1223	1254	1323	1354	1423	1454	1523
Chesterfield	-	1306	-	1407	-	1506	-
Derby	1253	1328	1353	1428	1453	1528	1553
Burton	-	1338	-	<i>1421j</i>	-	1538	-
Tamworth	-	<i>1333h</i>	-	1447	-	<i>1535h</i>	-
Bham New St	1327	1406	1427	1507	1527	1604	1627
Bham New St	1333	1412	1433	1512	1533	1612	1633
Bham Intl	<i>1355hb</i>	<i>1439hb</i>	<i>1455hb</i>	<i>1539hb</i>	<i>1555hb</i>	<i>1639hb</i>	<i>1655hb</i>
Coventry	<i>1410hb</i>	<i>1449hb</i>	<i>1510hb</i>	<i>1549hb</i>	<i>1610hb</i>	<i>1649hb</i>	<i>1710hb</i>
Leamington	1400	-	1500	-	1600	-	1700
Banbury	1419	-	1519	-	1619	-	1719
Oxford	1443	-	1543	-	1643	-	1743
Reading	1507a	-	1615	-	1707a	-	1815
Guildford	<i>1608ac</i>	-	<i>1708ac</i>	-	<i>1817ac</i>	-	<i>1908ac</i>
Basingstoke	<i>1603ac</i>	-	1640	-	<i>1805ac</i>	-	1848
Winchester	<i>1624ac</i>	-	1700	-	<i>1824ac</i>	-	1909
Southptn Apt →	<i>1632ac</i>	-	<i>1713z</i>	-	<i>1832ac</i>	-	<i>1932t</i>
Southptn Ctl	<i>1641ac</i>	-	1717	-	<i>1844ac</i>	-	<i>1941t</i>
Brockenhurst	<i>1656ac</i>	-	<i>1737ab</i>	-	<i>1858ac</i>	-	<i>1956t</i>
Bournemouth	<i>1710ac</i>	-	<i>1804ab</i>	-	<i>1913ac</i>	-	<i>2012t</i>
Cheltenham	<i>1423hb</i>	1452	<i>1523hb</i>	1552	<i>1623hb</i>	1652	<i>1723hb</i>
Gloucester		<i>1522aj</i>		<i>1622aj</i>		<i>1726aj</i>	<i>1829aj</i>
Bristol Pkwy	<i>1457hb</i>	1526	<i>1556hb</i>	1629	<i>1656hb</i>	1727	<i>1758hb</i>
Bristol TM	<i>1510hb</i>	1544	<i>1608hb</i>	1644	<i>1710hb</i>	1744	<i>1810hb</i>
Taunton	<i>1544hb</i>	1617		1717	<i>1744hb</i>	1817	<i>1917</i>
Tiverton Pkwy	<i>1557hb</i>	1629		1729	<i>1756hb</i>	1829	<i>1929</i>
Exeter St D	<i>1613hb</i>	1644		1745	<i>1811hb</i>	1846	<i>1944</i>
Dawlish		<i>1716v</i>		<i>1811v</i>	<i>1823h</i>	<i>1948v</i>	<i>2041v</i>
Teignmouth		<i>1721v</i>		<i>1816v</i>	<i>1828h</i>	<i>1953v</i>	<i>2047v</i>
Newton A		1702		1810	<i>1835h</i>	1907	<i>2004</i>
Torquay		<i>1741ag</i>		<i>1836ag</i>	<i>1847h</i>	-	<i>2020ag</i>
Paignton		<i>1751ag</i>		<i>1845ag</i>	<i>1855h</i>	-	<i>2029ag</i>
Totnes		1715		1823		1920	2017
Plymouth		1742		1850		1946	2044
Liskeard		<i>1819n</i>		1923		2011	2113
Bodmin Pkwy		<i>1831n</i>		1935		2023	2125
St Austell		<i>1852n</i>		1953		2041	2145
Truro		<i>1909n</i>		2010		2100	2203
Penzance		<i>1954n</i>		2052		2142	2243

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Scotland & the North East to the South West & South Coast

Mondays to Fridays

Notes: see pages 57 and 58

Features

Period of operation and Notes

Aberdeen	d	0952e			1105g		1207g
Montrose	d	1032e			1146g		
Arbroath	d	1049e			1200g		1300g
Dundee	d	1106e	1130g		1234g		1334g
Leuchars	d	1120e	1145g		1246g		1346g
Markinch	d		1208g		1308g		1408g
Kirkcaldy	d	1144e	1217g		1318g		1418g
Inverkeithing	d	1201e	1233g		1334g		1434g
Glasgow Central	d		1118g		1251		1318g
Motherwell	d				1306		
Haymarket	d	1217e	1249g		1351g		1449g
Edinburgh Waverley	d	1230e	1306	1330ar	1408	1430e	1508
Dunbar	d		1328		-		1528
Berwick-upon-Tweed	d		-	1411ar	1449	1511e	-
Alnmouth	d		1408		1458e		-
Morpeth	d	1349e	-		1449e	1549e	-
Newcastle	d	1435	1442	1503	1541	1635	1642
Durham	d	1447	1455	1516	1553	1647	1652
Darlington	d	1504	1512	1533	1610	1704	1710
York	d	1534	1544	1604	1644	1734	1744
Leeds	d	-	1611	1640	1711	-	1811
Wakefield Westgate	d	-	1622	1652	1723	-	1823
Doncaster	d	1558	1603m	1642m	1701m	1759	1802m
Sheffield	d	1623	1654	1723	1754	1823	1854
Chesterfield	d	-	1706	-	1807	-	1906
Derby	d	1653	1728	1753	1828	1853	1928
Burton-on-Trent	d	-	1738	-	1822j	-	1938
Tamworth	d	-	1733h	-	1847	-	1933h
Birmingham New Street	a	1727	1806	1827	1908	1927	2009
Birmingham New Street	d	1733	1812	1833	1912	1933	2012
Birmingham International	d	1755hb	1839hb	1855hb	1939hb	1955hb	2045hb
Coventry	d	1810hb	1849hb	1910hb	1949hb	2010hb	2100hb
Leamington Spa	d	1800	-	1900	-	2005	-
Banbury	d	1819	-	1919	-	2023	-
Oxford	d	1843	-	1942	-	2042	-
Reading	d	1907a	-	2010a	-	2107a	-
Guildford	a	2008ac	-	2108ac	-	2217ac	-
Basingstoke	d	2001ac	-	2101ac	-	2203ac	-
Winchester	d	2024ac	-	2124ac	-	2224ac	-
Southampton Airport Parkway →	a	2032ac	-	2132ac	-	2232ac	-
Southampton Central	a	2041ac	-	2141ac	-	2242ac	-
Brockenhurst	a	2058ac	-	2156ac	-	2256ac	-
Bournemouth	a	2115ac	-	2216ac	-	2321ac	-
Cheltenham Spa	d	1823hb	1852	1923hb	1952	2023hb	2052
Gloucester	d		1927aj		2010aj		2111aj
Bristol Parkway	d	1855hb	1929	1956hb	2029	2055hb	2127
Bristol Temple Meads	d	1906hb	1944	2009hb	2044	2107hb	2144
Taunton	d		2018		2117	2143hb	2217
Tiverton Parkway	d		2030		2130	2156hb	2229
Exeter St Davids	d		2045		2145	2211hb	2244
Dawlish	a		2149v		2303v		-
Teignmouth	a		2154v		2308v		-
Newton Abbot	a		2102		2204	2230h	2305
Torquay	a		2214ag		-		2327ag
Paignton	a		2223ag		-		2337ag
Totnes	a		2116		2216	2243h	2318
Plymouth	a		2148		2243	2314h	2345
Liskeard	a		2258n				
Bodmin Parkway	a		2310n				
St Austell	a		2331n				
Truro	a		2350n				
Penzance	a		0040n				

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	EF			⓪	J	JA		
Aberdeen		1309g			1404g	1404g	1450e	
Montrose		1344g					1530e	
Arbroath		1358g			1457g	1457g	1546e	
Dundee		1417g			1534g	1534g	1604e	
Leuchars		1429g			1548g	1548g	1618e	
Markinch		1430g			1610g	1610g		1631g
Kirkcaldy		1500g			1620g	1620g	1645e	1700g
Inverkeithing		1523g			1636g	1636g	1703e	1723g
Glasgow Ctl		1500			1514g	1514g		1652
Motherwell		1514			1534g	1534g		1714
Haymarket		1556			1652g	1652g	1719e	1754
Edinburgh	1530e	1605	1700e		1707	1708	1730e	1804
Dunbar		-			1727	1728	1751e	1825
Berwick	1611e	-	1711e		1752	1751	1816e	1848
Alnmouth		1701	1758e		-	-		1908
Morpeth	1649e	1716			-	-	1901e	-
Newcastle	1732	1741	1835		1839	1841	1933	1940
Durham	1748	1753	1847		1851	1853	1948	1953
Darlington	1805	1810	1905		1908	1910	2005	2010
York	1834	1845	1934		1940	1944	2034	2044
Leeds	-	1911	-		2010	2011	-	2111
Wakefield	-	1923	-		2022	2023	-	2123
Doncaster	1858	1901m	1958		2003m	2003m	2102	2107m
Sheffield	1923	1954	2023		2054	2054	2128	2200
Chesterfield	-	2006	-		2106	2106	2141	2224
Derby	1954	2028	2054		2127	2159	2202	2245
Burton	-	2021j	-		2137	2140	-	2256
Tamworth	-	2047	-		2147	2150	-	2306
Bham New St	2027	2107	2129		2204	2207	2251	2325
Bham New St	2033	2112		2204	2212	2212		
Bham Intl	2055hb	2145hb	2205hb	2214	2245hb	2245hb	2319hb	0004hb
Coventry	2110hb	2200hb	2220hb	2225	2300hb	2300hb	2330hb	0015hb
Leamington	2100	-		2238	-	-		
Banbury	2119	-		2255	-	-		
Oxford	2143	-		2315	-	-		
Reading	2223	-		2352a	-	-		
Guildford	2259	-			-	-		
Basingstoke	2306ac	-			-	-		
Winchester	2324ac	-			-	-		
Southptn Apt →	2336ac	-			-	-		
Southptn Ctl	2343ac	-			-	-		
Brockenhurst		-			-	-		
Bournemouth		-			-	-		
Cheltenham	2125hb	2152			2252	2331		
Gloucester		2205			2311aj	-		
Bristol Pkwy	2201hb	2234			2323	0003		
Bristol TM	2213hb	2244a			2333a	0013a		
Taunton		0014q						
Tiverton Pkwy		0031q						
Exeter St D		0050q						
Dawlish								
Teignmouth								
Newton A								
Torquay								
Paignton								
Totnes								
Plymouth								
Liskeard								
Bodmin Pkwy								
St Austell								
Truro								
Penzance								

Want a personalised timetable? Get yours at crosscountrytrains.co.uk

Scotland & the North East to the South West & South Coast

Mondays to Fridays

Notes: see pages 57 and 58

Features		Ⓩ	Ⓩ	Ⓩ			
Period of operation and Notes				EE			
Aberdeen	d	1707g		2131			
Montrose	d	1749g		2210			
Arbroath	d	1803g		2226			
Dundee	d	1819g		2243			
Leuchars	d	1831g		2256			
Markinch	d	1834g		2318			
Kirkcaldy	d	1843g		2326			
Inverkeithing	d	1921g		2342			
Glasgow Central	d	1859	2105	-			
Motherwell	d	1915	2123	-			
Haymarket	d	1953	-	2358			
Edinburgh Waverley	d	2005	2225a	0005a			
Dunbar	d	2025					
Berwick-upon-Tweed	d	2048					
Alnmouth	d	2108					
Morpeth	d	-					
Newcastle	d	2138a					
Durham	d	2208e					
Darlington	d	2224e					
York	d	2301e					
Leeds	d	2333e					
Wakefield Westgate	d						
Doncaster	d						
Sheffield	d						
Chesterfield	d						
Derby	d						
Burton-on-Trent	d						
Tamworth	d						
Birmingham New Street	a						
Birmingham New Street	d						
Birmingham International	d						
Coventry	d						
Leamington Spa	d						
Banbury	d						
Oxford	d						
Reading	d						
Guildford	a						
Basingstoke	d						
Winchester	d						
Southampton Airport Parkway →	a						
Southampton Central	a						
Brockenhurst	a						
Bournemouth	a						
Cheltenham Spa	d						
Gloucester	d						
Bristol Parkway	d						
Bristol Temple Meads	d						
Taunton	d						
Tiverton Parkway	d						
Exeter St Davids	d						
Dawlish	a						
Teignmouth	a						
Newton Abbot	a						
Torquay	a						
Paignton	a						
Totnes	a						
Plymouth	a						
Liskeard	a						
Bodmin Parkway	a						
St Austell	a						
Truro	a						
Penzance	a						

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Scotland & the North East to the South West & South Coast

Saturdays

Notes: see pages 57 and 58

Features



Period of operation and Notes

Aberdeen	d					
Montrose	d					
Arbroath	d					
Dundee	d					
Leuchars	d					
Markinch	d					
Kirkcaldy	d					
Inverkeithing	d					
Glasgow Central	d					
Motherwell	d					
Haymarket	d					
Edinburgh Waverley	d					
Dunbar	d					
Berwick-upon-Tweed	d					
Alnmouth	d					
Morpeth	d					
Newcastle	d					
Durham	d					
Darlington	d					
York	d					
Leeds	d					
Wakefield Westgate	d					
Doncaster	d					
Sheffield	d					0527ak
Chesterfield	d					0539ak
Derby	d					0610
Burton-on-Trent	d					0620
Tamworth	d					0631
Birmingham New Street	a					0650
Birmingham New Street	d	0604	0633		0642	0712
Birmingham International	d	0614	-		-	0713hb
Coventry	d	0625	-		-	0724hb
Leamington Spa	d	0638	0700		-	0736hb
Banbury	d	0655	0719		-	0754hb
Oxford	d	0716	0743		-	0814hb
Reading	d	0746	0823		-	0839hb
Guildford	a	0847ac	0908ac		-	-
Basingstoke	d	0810	0841		-	0908hb
Winchester	d	0825	0856		-	0924hb
Southampton Airport Parkway →	a	0832	0908		-	0932h
Southampton Central	a	0841	0917		-	0940h
Brockenhurst	a	0856	0938z		-	0957h
Bournemouth	a	0914	1000z		-	1011h
Cheltenham Spa	d				0725	0752
Gloucester	d				0740aj	0822aj
Bristol Parkway	d				0756	0826
Bristol Temple Meads	d			0608	0811	0844
Taunton	d			0717	0843	0917
Tiverton Parkway	d			0729	0855	0929
Exeter St Davids	d			0744	0910	0944
Dawlish	a			0810v	-	1016v
Teignmouth	a			0815v	-	1021v
Newton Abbot	a			0802	0928	1002
Torquay	a			0835ag	0940	1042ag
Paignton	a			0844ag	0947	1050ag
Totnes	a			0815	1002ag	1015
Plymouth	a		0628d	0841	1032ag	1041
Liskeard	a		0650	0947n	1102ag	1146n
Bodmin Parkway	a		0702	1000n	1114ag	1159n
St Austell	a		0720	1021n	1135ag	1219n
Truro	a		0736	1038n	1154ag	1236n
Penzance	a		0819	1126n	1236ag	1320n

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

Scotland & the North East to the South West & South Coast

Saturdays

Notes: see pages 57 and 58

Features	Ⓢ		Q			
Period of operation and Notes						
Aberdeen	d					
Montrose	d					
Arbroath	d					
Dundee	d					
Leuchars	d					
Markinch	d					
Kirkcaldy	d					
Inverkeithing	d					
Glasgow Central	d					
Motherwell	d					
Haymarket	d					
Edinburgh Waverley	d					
Dunbar	d					
Berwick-upon-Tweed	d					
Alnmouth	d					
Morpeth	d					
Newcastle	d			0445r		0622
Durham	d			0459r		0637
Darlington	d			0517r		0654
York	d		0352f	0600r	0617	0724
Leeds	d		0600	0615	0710	-
Wakefield Westgate	d		0612	0629	0723	-
Doncaster	d		0600m	0647	0702m	0752
Sheffield	d	0625ak	0650	0718	0756	0820
Chesterfield	d	0637ak	0703	0730	0808	0832
Derby	d	0648	0706	0726	0750	0828
Burton-on-Trent	d	0659	0718	0737	0800	0839
Tamworth	d	0709	0730	0748	0811	0849
Birmingham New Street	a	0727	0755	0808	0827	0908
Birmingham New Street	d	0733	0804	0812	0833	0912
Birmingham International	d	0754hb	0814	0839hb	0859hb	0939hb
Coventry	d	0810hb	0825	0849hb	0910hb	0949hb
Leamington Spa	d	0800	0838	-	0900	-
Banbury	d	0819	0855	-	0919	-
Oxford	d	0843	0916	-	0943	-
Reading	d	0911a	0946	-	1015	-
Guildford	a	1008ac	1047ac	-	1108ac	-
Basingstoke	d	1003ac	1010	-	1040	-
Winchester	d		1025	-	1055	-
Southampton Airport Parkway →	a		1032	-	1108	-
Southampton Central	a		1043	-	1117	-
Brockenhurst	a		1058	-	1137z	-
Bournemouth	a		1112	-	1200z	-
Cheltenham Spa	d		0852	0923hb	0952	1023hb
Gloucester	d		0909aj		1011aj	
Bristol Parkway	d		0926	0955hb	1031	1057hb
Bristol Temple Meads	d		0944	1006hb	1044	1109hb
Taunton	d		1018		1117	1159hb
Tiverton Parkway	d		1030		1129	1212hb
Exeter St Davids	d		1048		1145	1226hb
Dawlish	a		1116v		1216v	1240h
Teignmouth	a		1121v		1221v	1245h
Newton Abbot	a		1109		1203	1252h
Torquay	a		1141ag		1246ag	1303h
Paignton	a		1151ag		1254ag	1311h
Totnes	a		1123		1216	
Plymouth	a		1151		1243	
Liskeard	a		1311n		1340n	
Bodmin Parkway	a		1324n		1353n	
St Austell	a		1344n		1412n	
Truro	a		1402n		1430n	
Penzance	a		1442n		1517n	

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

ED

Aberdeen								
Montrose								
Arbroath								
Dundee							0632	
Leuchars							0646	
Markinch							0711	
Kirkcaldy							0721	
Inverkeithing							0738	
Glasgow Ctl	<i>0550h</i>				0601	<i>0650e</i>	-	
Motherwell	<i>0604h</i>				0616	<i>0704e</i>	-	
Haymarket				<i>0641g</i>	0657	<i>0746e</i>	0756	
Edinburgh			0606	0700	0707	<i>0800e</i>	0805	<i>0900e</i>
Dunbar			-	<i>0640e</i>	0727		-	
Berwick			0648	0740	-	<i>0812e</i>	0846	<i>0911e</i>
Alnmouth			0708	0800	-	<i>0858e</i>	0908	
Morpeth			-	0814	-	<i>0849e</i>	-	<i>0949e</i>
Newcastle	0645	0735	0740	0836	0843	0935	0941	1035
Durham	0657	0747	0752	0848	0856	0947	0955	1047
Darlington	0714	0804	0810	0905	0913	1005	1012	1104
York	0744	0834	0844	0935	0946	1034	1045	1134
Leeds	0812	-	0911	-	1012	-	1111	-
Wakefield	0824	-	0924	-	1024	-	1123	-
Doncaster	-	0858	<i>0903m</i>	0958	<i>1004m</i>	1058	<i>1104m</i>	1158
Sheffield	0854	0923	0954	1023	1054	1123	1154	1223
Chesterfield	0906	-	1006	-	1106	-	1207	-
Berby	0927	0953	1028	1053	1127	1154	1229	1253
Burton	0938	-	<i>1021j</i>	-	1139	-	<i>1221j</i>	-
Tamworth	<i>0933h</i>	-	1048	-	<i>1133h</i>	-	1249	-
Bham New St	1004	1027	1104	1127	1207	1227	1309	1327
Bham New St	1012	1033	1112	1133	1212	1233	1312	1333
Bham Intl	<i>1039hb</i>	<i>1059hb</i>	<i>1139hb</i>	<i>1159hb</i>	<i>1239hb</i>	<i>1259hb</i>	<i>1339hb</i>	<i>1359hb</i>
Coventry	<i>1049hb</i>	<i>1110hb</i>	<i>1149hb</i>	<i>1210hb</i>	<i>1249hb</i>	<i>1310hb</i>	<i>1349hb</i>	<i>1410hb</i>
Leamington	-	1100	-	1200	-	1302	-	1400
Banbury	-	1119	-	1219	-	1321	-	1419
Oxford	-	1143	-	1243	-	1343	-	1443
Reading	-	1215	-	1306a	-	1415	-	1507a
Guildford	-	<i>1308ac</i>	-	<i>1408ac</i>	-	<i>1508ac</i>	-	<i>1608ac</i>
Basingstoke	-	1241	-	<i>1406ac</i>	-	1441	-	<i>1603ac</i>
Winchester	-	1256	-	<i>1424ac</i>	-	1456	-	<i>1624ac</i>
Southptn Apt →	-	1308	-	<i>1432ac</i>	-	1508	-	<i>1632ac</i>
Southptn Ctl	-	1317	-	<i>1441ac</i>	-	1517	-	<i>1641ac</i>
Brockenhurst	-	<i>1337z</i>	-	<i>1457ac</i>	-	<i>1537z</i>	-	<i>1657ac</i>
Bournemouth	-	<i>1400z</i>	-	<i>1511ac</i>	-	<i>1600z</i>	-	<i>1711ac</i>
Cheltenham	1052	<i>1123hb</i>	1152	<i>1223hb</i>	1252	<i>1325hb</i>	1352	<i>1423hb</i>
Gloucester	<i>1109aj</i>		<i>1211aj</i>		<i>1310aj</i>		<i>1411aj</i>	
Bristol Pkwy	1126	<i>1154hb</i>	1231	<i>1255hb</i>	1326	<i>1357hb</i>	1428	<i>1457hb</i>
Bristol TM	1144	<i>1208hb</i>	1244	<i>1307hb</i>	1344	<i>1408hb</i>	1444	<i>1509hb</i>
Taunton	1217		1317		1417		1518	<i>1543hb</i>
Tiverton Pkwy	1229		1329		1429		1530	<i>1555hb</i>
Exeter St D	1245		1344		1444		1547	<i>1610hb</i>
Dawlish	<i>1308v</i>		<i>1446v</i>		<i>1516v</i>		<i>1616v</i>	
Teignmouth	<i>1313v</i>		<i>1451v</i>		<i>1521v</i>		<i>1621v</i>	
Newton A	1303		1402		1502		1606	
Torquay	<i>1341ag</i>		<i>1511ag</i>		<i>1541ag</i>		<i>1641ag</i>	
Paignton	<i>1349ag</i>		<i>1519ag</i>		<i>1551ag</i>		<i>1651ag</i>	
Totnes	1316		1415		1515		1620	
Plymouth	1343		1442		1542		1648	
Liskeard	<i>1443n</i>		<i>1534n</i>		<i>1632n</i>		<i>1750n</i>	
Bodmin Pkwy	<i>1456n</i>		<i>1548n</i>		<i>1644n</i>		<i>1803n</i>	
St Austell	<i>1519n</i>		<i>1608n</i>		<i>1703n</i>		<i>1822n</i>	
Truro	<i>1538n</i>		<i>1626n</i>		<i>1722n</i>		<i>1840n</i>	
Penzance	<i>1621n</i>		<i>1709n</i>		<i>1803n</i>		<i>1924n</i>	

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

Scotland & the North East to the South West & South Coast

Saturdays

Notes: see pages 57 and 58

Features

Period of operation and Notes

			EA	EL		
Aberdeen	d	0556b	0706g	0752e	0820	
Montrose	d	0634b	0747g	0832e	0859	
Arbroath	d	0649b	0801g	0848e	0915	
Dundee	d	0720g	0828g	0906e	0932	
Leuchars	d	0732g	0840g	0920e	0947	
Markinch	d	0756g	0903g		1008	
Kirkcaldy	d	0806g	0912g	0944e	1017	
Inverkeithing	d	0828g	0934g	1001e	1032	
Glasgow Central	d	0750	0900		0918b	
Motherwell	d	0805	0915		-	
Haymarket	d	0850	0957	1019e	1052	1111e
Edinburgh Waverley	d	0906	1000e	1005	1100e	1105
Dunbar	d	0926		-	1125	
Berwick-upon-Tweed	d	0949	1011e	1048	1111e	1148
Alnmouth	d	-	1058e	-	1208	1258e
Morpeth	d	-	1049e	1119	1149e	-
Newcastle	d	1044	1135	1142	1235	1244
Durham	d	1056	1147	1155	1247	1256
Darlington	d	1113	1205	1212	1304	1313
York	d	1145	1234	1245	1334	1344
Leeds	d	1211	-	1311	-	1411
Wakefield Westgate	d	1224	-	1323	-	1424
Doncaster	d	1203m	1258	1304m	1358	1401m
Sheffield	d	1254	1323	1354	1423	1454
Chesterfield	d	1306	-	1407	-	1506
Derby	d	1328	1353	1430	1453	1528
Burton-on-Trent	d	1338	-	1418j	-	1538
Tamworth	d	1333h	-	1449	-	1533h
Birmingham New Street	a	1407	1427	1508	1527	1604
Birmingham New Street	d	1412	1433	1512	1533	1612
Birmingham International	d	1439hb	1459hb	1539hb	1559hb	1639hb
Coventry	d	1449hb	1510hb	1549hb	1610hb	1649hb
Leamington Spa	d	-	1500	-	1602	-
Banbury	d	-	1520	-	1620	-
Oxford	d	-	1543	-	1643	-
Reading	d	-	1615	-	1707a	-
Guildford	a	-	1708ac	-	1808ac	-
Basingstoke	d	-	1641	-	1803ac	-
Winchester	d	-	1656	-	1824ac	-
Southampton Airport Parkway →	a	-	1708	-	1832ac	-
Southampton Central	a	-	1717	-	1840ac	-
Brockenhurst	a	-	1737z	-	1857ac	-
Bournemouth	a	-	1800z	-	1911ac	-
Cheltenham Spa	d	1452	1523hb	1552	1623hb	1652
Gloucester	d	1510aj		1611aj		1710aj
Bristol Parkway	d	1525	1555hb	1631	1654hb	1726
Bristol Temple Meads	d	1544	1608hb	1644	1707hb	1744
Taunton	d	1617		1718	1741hb	1817
Tiverton Parkway	d	1629		1731	1753hb	1829
Exeter St Davids	d	1644		1748	1808hb	1846
Dawlish	a	1716v		1809v	1821h	1908v
Teignmouth	a	1721v		1814v	1826h	1913v
Newton Abbot	a	1702		1810	1833h	1904
Torquay	a	1741ag		-	1845h	1932ag
Paignton	a	1751ag		-	1853h	1940ag
Totnes	a	1715		1824		1917
Plymouth	a	1742		1852		1943
Liskeard	a	1826n		1918		2010
Bodmin Parkway	a	1838n		1932		2022
St Austell	a	1858n		1952		2042
Truro	a	1916n		2010		2100
Penzance	a	1957n		2056		2143

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	EM				ABD		C	
Aberdeen	0907g	0952e			1105g		1207g	1207g
Montrose	0946g	1032e			1146g			
Arbroath	1000g	1049e			1200g		1300g	1300g
Dundee	1035g	1106e	1130g		1234g		1334g	1334g
Leuchars	1047g	1120e	1145g		1246g		1346g	1346g
Markinch	1109g		1208g		1308g		1408g	1408g
Kirkcaldy	1119g	1144e	1217g		1318g		1418g	1418g
Inverkeithing	1135g	1201e	1233g		1334g		1434g	1434g
Glasgow Ctl	1059		1118g		1251		1318g	1318g
Motherwell	1114				1306			
Haymarket	1156	1217e	1249g		1351g		1452g	1452g
Edinburgh	1209	1300e	1308	1330e	1408	1500e	1508	1508
Dunbar	-		1329		-		1528	1528
Berwick	1248	1311e	-	1411e	1449	1511e	-	-
Alnmouth	-		1409		1458e		-	-
Morpeth	-	1349e	-		1449e	1549e	-	-
Newcastle	1344	1435	1444	1507	1541	1635	1641	1641
Durham	1356	1447	1456	1519	1553	1647	1652	1652
Darlington	1413	1504	1513	1536	1611	1704	1710	1710
York	1444	1534	1545	1606	1644	1734	1744	1744
Leeds	1512	-	1612	1640	1711	-	1811	1811
Wakefield	1524	-	1624	1652	1723	-	1823	1823
Doncaster	1504m	1558	1601m	1642m	1700m	1758	1818m	1818m
Sheffield	1554	1623	1654	1723	1754	1823	1854	1854
Chesterfield	1607	-	1706	-	1807	-	1906	1906
Derby	1628	1653	1728	1753	1828	1853	1927	1927
Burton	1621j	-	1738	-	1822j	-	1937	1937
Tamworth	1648	-	1733h	-	1846	-	1933h	1933h
Bham New St	1707	1727	1807	1827	1906	1927	2006	2006
Bham New St	1712	1733	1812	1833	1912	1933	2012	2012
Bham Intl	1739hb	1759hb	1839hb	1859hb	1939hb	1954hb	2045hb	2045hb
Coventry	1749hb	1810hb	1849hb	1910hb	1949hb	2020hb	2100hb	2100hb
Leamington	-	1802	-	1900	-	2003	-	-
Banbury	-	1819	-	1919	-	2021	-	-
Oxford	-	1843	-	1943	-	2043	-	-
Reading	-	1907a	-	2010a	-	2110a	-	-
Guildford	-	2008ac	-	2108ac	-	2217ac	-	-
Basingstoke	-	2003ac	-	2103ac	-	2203ac	-	-
Winchester	-	2024ac	-	2124ac	-	2224ac	-	-
Southptn Apt →	-	2032ac	-	2132ac	-	2233ac	-	-
Southptn Ctl	-	2041ac	-	2141ac	-	2241ac	-	-
Brockenhurst	-	2057ac	-	2157ac	-	2256ac	-	-
Bournemouth	-	2111ac	-	2215ac	-	2321ac	-	-
Cheltenham	1752	1823hb	1852	1923hb	1952	2023hb	2050	2050
Gloucester	1811aj		1910aj		2011aj		2112aj	2112aj
Bristol Pkwy	1831	1854hb	1927	1955hb	2031	2054hb	2124	2124
Bristol TM	1844	1905hb	1944	2006hb	2044	2105hb	2144	2144
Taunton	1917		2017		2117	2142hb	2217	2217
Tiverton Pkwy	1929		2029		2129	2155hb	2229	2229
Exeter St D	1945		2045		2145	2209hb	2246	2243a
Dawlish	2035v		2116v		2248v		-	-
Teignmouth	2040v		2121v		2254v		-	-
Newton A	2003		2103		2204	2229h	2310	
Torquay	2100ag		2140ag		-		-	
Paignton	2107ag		2148ag		-		-	
Totnes	2016		2116		2220	2242h	2324	
Plymouth	2043		2143		2247	2308h	2353	
Liskeard	2124							
Bodmin Pkwy	2136							
St Austell	2154							
Truro	2212							
Penzance	2254							

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

Scotland & the North East to the South West & South Coast

Saturdays

Notes: see pages 57 and 58

Features

Period of operation and Notes

EF

Aberdeen	d		1309g		1404g	1450e	
Montrose	d		1344g			1530e	
Arbroath	d		1358g		1457g	1546e	
Dundee	d		1434g		1534g	1604e	
Leuchars	d		1446g		1548g	1618e	
Markinch	d		1508g		1610g		1631g
Kirkcaldy	d		1518g		1620g	1645e	1700g
Inverkeithing	d		1534g		1636g	1701e	1723g
Glasgow Central	d		1500		1518g		1652
Motherwell	d		1514		1534g		1714
Haymarket	d		1556		1652g	1718e	1756
Edinburgh Waverley	d	1600e	1605	1700e	1708	1730e	1805
Dunbar	d		-		1728	1750e	1825
Berwick-upon-Tweed	d	1611e	-	1711e	1751	1815e	1848
Alnmouth	d		1703	1758e	-		1908
Morpeth	d	1649e	1717	1752e	-	1850e	1913e
Newcastle	d	1732	1744	1835	1844	1935	1944
Durham	d	1748	1756	1848	1856	1949	1956
Darlington	d	1805	1813	1905	1913	2006	2013
York	d	1834	1844	1934	1944	2034	2045
Leeds	d	-	1911	-	2011	-	2111
Wakefield Westgate	d	-	1924	-	2023	-	2123
Doncaster	d	1858	1901m	1958	-	2100	2107m
Sheffield	d	1924	1954	2023	2054	2123	2154
Chesterfield	d	-	2006	-	2106	2135	2206
Derby	d	1954	2028	2053	2128	2153	2226
Burton-on-Trent	d	-	2021j	-	2138	-	2237
Tamworth	d	-	2046	-	2149	-	2247
Birmingham New Street	a	2027	2103	2125	2205	2243	2305
Birmingham New Street	d		2110				
Birmingham International	d	2054hb	2139hb	2154hb	2245hb	2330hb	
Coventry	d	2120hb	2150hb	2220hb	2300hb	2348hb	
Leamington Spa	d	2136hb	-				
Banbury	d	2154hb	-				
Oxford	d	2216hb	-				
Reading	d	2241hb	-				
Guildford	a		-				
Basingstoke	d	2306hb	-				
Winchester	d	2324hb	-				
Southampton Airport Parkway →	a	2332h	-				
Southampton Central	a	2341h	-				
Brockenhurst	a		-				
Bournemouth	a		-				
Cheltenham Spa	d	2123hb	2150				
Gloucester	d		2204				
Bristol Parkway	d	2158hb	2231				
Bristol Temple Meads	d	2212hb	2241a				
Taunton	d						
Tiverton Parkway	d						
Exeter St Davids	d						
Dawlish	a						
Teignmouth	a						
Newton Abbot	a						
Torquay	a						
Paignton	a						
Totnes	a						
Plymouth	a						
Liskeard	a						
Bodmin Parkway	a						
St Austell	a						
Truro	a						
Penzance	a						

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

Ⓩ Ⓩ Ⓩ
EN

Aberdeen			2117			
Montrose			2156			
Arbroath			2212			
Dundee			2229			
Leuchars			2242			
Markinch			2305			
Kirkcaldy			2314			
Inverkeithing			2331			
Glasgow Ctl	1852	2102	-			
Motherwell	1914	-	-			
Haymarket	1952	2201	2351			
Edinburgh	1957a	2206a	2355a			
Dunbar						
Berwick						
Alnmouth						
Morpeth						
Newcastle						
Durham						
Darlington						
York						
Leeds						
Wakefield						
Doncaster						
Sheffield						
Chesterfield						
Derby						
Burton						
Tamworth						
Bham New St						
Bham New St						
Bham Intl						
Coventry						
Leamington						
Banbury						
Oxford						
Reading						
Guildford						
Basingstoke						
Winchester						
Southptn Apt →						
Southptn Ctl						
Brockenhurst						
Bournemouth						
Cheltenham						
Gloucester						
Bristol Pkwy						
Bristol TM						
Taunton						
Tiverton Pkwy						
Exeter St D						
Dawlish						
Teignmouth						
Newton A						
Torquay						
Paignton						
Totnes						
Plymouth						
Liskeard						
Bodmin Pkwy						
St Austell						
Truro						
Penzance						

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

Scotland & the North East to the South West & South Coast

Sundays

Notes: see pages 57 and 58

Features						
Period of operation and Notes		ABD	C	ABD	C	Ⓢ C G
Aberdeen	d					
Montrose	d					
Arbroath	d					
Dundee	d					
Leuchars	d					
Markinch	d					
Kirkcaldy	d					
Inverkeithing	d					
Glasgow Central	d					
Motherwell	d					
Haymarket	d					
Edinburgh Waverley	d					
Dunbar	d					
Berwick-upon-Tweed	d					
Alnmouth	d					
Morpeth	d					
Newcastle	d					
Durham	d					
Darlington	d					
York	d					
Leeds	d					
Wakefield Westgate	d					
Doncaster	d					
Sheffield	d					
Chesterfield	d					
Derby	d					
Burton-on-Trent	d					
Tamworth	d					
Birmingham New Street	a					
Birmingham New Street	d					
Birmingham International	d					
Coventry	d					
Leamington Spa	d					
Banbury	d					
Oxford	d	0901ac				
Reading	d	0953				
Guildford	a	-				
Basingstoke	d	1010				
Winchester	d	1025				
Southampton Airport Parkway →	a	1033				
Southampton Central	a	1042				
Brockenhurst	a	1102				
Bournemouth	a	1126				
Cheltenham Spa	d					
Gloucester	d					
Bristol Parkway	d					
Bristol Temple Meads	d	0844	0844	0948	0948	
Taunton	d	0916	0916	1021	1021	
Tiverton Parkway	d	0928	0928	1033	1033	1045ci
Exeter St Davids	d	0944	0944	1048	1048	
Dawlish	a	1014v	1014v	1114v	1111v	
Teignmouth	a	1019v	1019v	1119v	1116v	
Newton Abbot	a	1003	1003	1107	1107	1130ci
Torquay	a	1048ag	1048ag	1139ag	1137ag	
Paignton	a	1054ag	1054ag	1147ag	1144ag	
Totnes	a	1016	1050cc	1120	1155cc	1155ci
Plymouth	a	1043	1100cd	1148	1205cd	1255d
Liskeard	a	1145n		1258n		1317
Bodmin Parkway	a	1157n		1312n		1329
St Austell	a	1217n		1330n		1347
Truro	a	1235n		1350n		1407
Penzance	a	1316n		1433n		1446

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	AD	BC	BC	C	B	ABD G	C	C
Aberdeen								
Montrose								
Arbroath								
Dundee								
Leuchars								
Markinch								
Kirkcaldy								
Inverkeithing								
Glasgow Ctl								
Motherwell								
Haymarket								
Edinburgh								
Dunbar								
Berwick								
Alnmouth								
Morpeth								
Newcastle								
Durham								
Darlington								
York								
Leeds								
Wakefield								
Doncaster								
Sheffield								
Chesterfield								
Derby								
Burton								
Tamworth								
Bham New St								
Bham New St	0904	0904				0912	0912	
Bham Intl	0914	0914				-	-	
Coventry	0925	0925				-	-	
Leamington	0938	0936a		0945cb	0945ca	-	-	1045cb
Banbury	0955			1055	1025ca	-	-	1155
Oxford	1016		1016	1116	1116	-	-	1216
Reading	1053		1053	1153	1153	-	-	1253
Guildford	1146ac		1146ac	1237ac	1237ac	-	-	1346ac
Basingstoke	1110		1110	1210	1210	-	-	1310
Winchester	1125		1125	1225	1225	-	-	1325
Southptn Apt →	1133		1133	1233	1233	-	-	1333
Southptn Ctl	1142		1142	1242	1242	-	-	1342
Brockenhurst	1202		1202	1302	1302	-	-	1401
Bournemouth	1226		1226	1326	1326	-	-	1426
Cheltenham						0952	0952	
Gloucester						1015aj	1015aj	
Bristol Pkwy						1023	1023	
Bristol TM						1044	1044	
Taunton						1116	1116	
Tiverton Pkwy						1129	1129	
Exeter St D						1144	1144	
Dawlish						1218v	1218v	
Teignmouth						1223v	1223v	
Newton A						1202	1203	
Torquay						1243ag	1243ag	
Paignton						1250ag	1250ag	
Totnes						1215	1250cc	
Plymouth						1242	1300cd	
Liskeard						1317		
Bodmin Pkwy						1329		
St Austell						1347		
Truro						1404		
Penzance						1449		

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Scotland & the North East to the South West & South Coast

Sundays

Notes: see pages 57 and 58

Features

Period of operation and Notes	B	C	C	ABD	B	C	
Aberdeen	d						
Montrose	d						
Arbroath	d						
Dundee	d						
Leuchars	d						
Markinch	d						
Kirkcaldy	d						
Inverkeithing	d						
Glasgow Central	d						
Motherwell	d						
Haymarket	d						
Edinburgh Waverley	d						
Dunbar	d						
Berwick-upon-Tweed	d						
Alnmouth	d						
Morpeth	d						
Newcastle	d						
Durham	d						
Darlington	d						
York	d		0712f	0712f		0810f	
Leeds	d	0810		0810		0900	
Wakefield Westgate	d	0823		0823		0911	
Doncaster	d	0803m		0803m		0932	
Sheffield	d	0854		0854		0957	
Chesterfield	d	0907		0907		1009	
Derby	d	0928		0928		1033	
Burton-on-Trent	d	-		-		-	
Tamworth	d	-		-		1053	
Birmingham New Street	a	1018		1019		1120	
Birmingham New Street	d	1028		1030		1130	
Birmingham International	d	1039hb		1052hb		1151hb	
Coventry	d	1050hb		1103hb		1201hb	
Leamington Spa	d	1045ca	1136hb	1145cb	1136hb	1145ca	1237hb
Banbury	d	1125ca	-	1255	1154hc	1225ca	-
Oxford	d	1216	-	1316	1214hc	1316	-
Reading	d	1253	-	1353	1242hc	1353	-
Guildford	a	1346ac	-	1437ac	-	1437ac	-
Basingstoke	d	1310	-	1410	1309hc	1410	-
Winchester	d	1325	-	1425	1324hc	1425	-
Southampton Airport Parkway →	a	1333	-	1433	1333hc	1433	-
Southampton Central	a	1342	-	1442	1342hc	1442	-
Brockenhurst	a	1401	-	1502	1401hc	1502	-
Bournemouth	a	1426	-	1526	1426hc	1526	-
Cheltenham Spa	d		1110		1110		1210
Gloucester	d		1134aj		1134aj		1228aj
Bristol Parkway	d		1141		1141		1241
Bristol Temple Meads	d		1154		1154		1254
Taunton	d		1227		1227		1326
Tiverton Parkway	d		1239		1239		1339
Exeter St Davids	d		1258		1258		1357
Dawlish	a		1338v		1338v		1429v
Teignmouth	a		1343v		1343v		1435v
Newton Abbot	a		1317		1317		1416
Torquay	a		1340ag		1340ag		1445ag
Paignton	a		1347ag		1347ag		1452ag
Totnes	a		1410cc		1331		1510cc
Plymouth	a		1410cd		1359		1510cd
Liskeard	a				1443n		
Bodmin Parkway	a				1456n		
St Austell	a				1513n		
Truro	a				1530n		
Penzance	a				1621n		

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	ABD	B	C	ABD	C	AD	C	ABD
Aberdeen								
Montrose								
Arbroath								
Dundee								
Leuchars								
Markinch								
Kirkcaldy								
Inverkeithing								
Glasgow Ctl								
Motherwell								
Haymarket								
Edinburgh								
Dunbar								
Berwick								
Alnmouth								
Morpeth								
Newcastle				0800ap	0800ap			0920
Durham				0813ap	0813ap			0933
Darlington				0831ap	0831ap			0950
York	0810f			0928	0928			1028
Leeds	0900			1000	1000			1100
Wakefield	0911			1012	1012			1112
Doncaster	0932			1030	1030			1130
Sheffield	0957			1057	1057			1157
Chesterfield	1009			1109	1109			1209
Derby	1034			1130	1130			1230
Burton	-			1141	1141			1148j
Tamworth	1053			-	-			1248
Bham New St	1120			1204	1204			1305
Bham New St	1130			1212	1212	1233		1312
Bham Intl	1151hb			1238hb	1238hb	-		1338hb
Coventry	1201hb			1249hb	1249hb	-		1349hb
Leamington	1237hb	1245ca	1245cb	-	1336hb	1300		-
Banbury	1254hc	1325ca	1355	-	-	1319	1419	-
Oxford	1314hc	1417	1417	-	-	1343	1443	-
Reading	1342hc	1453	1453	-	-	1413a	1515a	-
Guildford	-	1546ac	1546ac	-	-		1607ac	-
Basingstoke	1409hc	1510	1510	-	-	1501ac	1601ac	1609hb
Winchester	1424hc	1525	1525	1524hc	-			1624hb
Southptn Apt →	1433hc	1533	1533	1533hc	-			1633h
Southptn Ctl	1442hc	1542	1542	1542hc	-			1642h
Brockenhurst	1502hc	1602	1602	1602hc	-			1702h
Bournemouth	1526hc	1626	1626	1626hc	-			1726h
Cheltenham	1210			1252	1252			1352
Gloucester	1228aj			1311aj	1311aj			1422aj
Bristol Pkwy	1241			1323	1323			1423
Bristol TM	1254			1344	1344			1444
Taunton	1326			1417	1417			1517
Tiverton Pkwy	1339			1429	1429			1529
Exeter St D	1357			1446	1446			1544
Dawlish	1429v			1514v	1514v			1620v
Teignmouth	1435v			1519v	1519v			1625v
Newton A	1416			1504	1505			1602
Torquay	1445ag			1539ag	1539ag			1644ag
Paignton	1452ag			1550ag	1550ag			1651ag
Totnes	1430			1517	1555cc			1615
Plymouth	1458			1543	1600cd			1642
Liskeard	1555n			1658n				1804n
Bodmin Pkwy	1608n			1711n				1816n
St Austell	1628n			1730n				1837n
Truro	1646n			1749n				1854n
Penzance	1732n			1833n				1937n

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

Scotland & the North East to the South West & South Coast

Sundays

Notes: see pages 57 and 58

Features

Period of operation and Notes	C	AD	ABD	C	
Aberdeen	d				
Montrose	d				
Arbroath	d				
Dundee	d				
Leuchars	d				
Markinch	d				
Kirkcaldy	d				
Inverkeithing	d				
Glasgow Central	d				
Motherwell	d				
Haymarket	d		0820g	0820g	
Edinburgh Waverley	d		0850	0850	
Dunbar	d		-	-	
Berwick-upon-Tweed	d		0933	0933	
Alnmouth	d		-	-	
Morpeth	d		-	-	
Newcastle	d	0920		1024	1024
Durham	d	0933		1037	1037
Darlington	d	0950		1054	1054
York	d	1028		1128	1128
Leeds	d	1100		1200	1200
Wakefield Westgate	d	1112		1212	1212
Doncaster	d	1130		1230	1230
Sheffield	d	1157		1257	1257
Chesterfield	d	1209		1309	1309
Derby	d	1230	1236h	1332	1332
Burton-on-Trent	d	1148j	1248h	1343	1343
Tamworth	d	1248	1300h	-	-
Birmingham New Street	a	1305		1408	1408
Birmingham New Street	d	1312	1333	1342	1412
Birmingham International	d	1338hb	-	1438hb	1438hb
Coventry	d	1349hb	-	1449hb	1449hb
Leamington Spa	d	1436hb	1400	-	-
Banbury	d	1454hb	1419	-	-
Oxford	d	1514hb	1443	-	-
Reading	d	1542hb	1508a	-	-
Guildford	a	-	1637ac	-	-
Basingstoke	d	1609hb	1601ac	-	-
Winchester	d	1624hb		-	-
Southampton Airport Parkway →	a	1633h		-	-
Southampton Central	a	1642h		-	-
Brockenhurst	a	1702h		-	-
Bournemouth	a	1726h		-	-
Cheltenham Spa	d	1352	1424	1452	1452
Gloucester	d	1422aj	1456aj	1510aj	1510aj
Bristol Parkway	d	1423	1456	1526	1526
Bristol Temple Meads	d	1444	1507a	1544	1544
Taunton	d	1517		1615	1615
Tiverton Parkway	d	1529		1627	1627
Exeter St Davids	d	1544		1645	1645
Dawlish	a	1620v		1708v	1708v
Teignmouth	a	1625v		1713v	1713v
Newton Abbot	a	1605		1704	1706
Torquay	a	1644ag		1733ag	1733ag
Paignton	a	1651ag		1741ag	1741ag
Totnes	a	1655cc		1718	1755cc
Plymouth	a	1700cd		1746	1800cd
Liskeard	a			1850n	
Bodmin Parkway	a			1904n	
St Austell	a			1923n	
Truro	a			1941n	
Penzance	a			2027n	

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Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	ABD H	Ⓢ C H	C		ABD	C		ABD K
Aberdeen								
Montrose								
Arbroath								
Dundee	0725g		0725g					0925g
Leuchars	0737g		0737g					0937g
Markinch	0759g		0759g					0959g
Kirkcaldy	0808g		0808g					1008g
Inverkeithing	0830g		0830g					1030g
Glasgow Ctl								1055
Motherwell								1110
Haymarket	0920g		0920g		1003g	1003g		1151
Edinburgh	0950		0950		1105	1105	1200e	1208
Dunbar	-		-		1125	1125		-
Berwick	1011e		1011e		1150	1150	1211e	1249
Alnmouth	1049		1049		1210	1210	1258e	-
Morpeth	1104		1104		1206e	1206e		-
Newcastle	1125		1125		1240	1240	1335	1340
Durham	1137		1137		1252	1252	1347	1352
Darlington	1155		1155		1309	1309	1405	1410
York	1228		1228		1340	1340	1434	1440
Leeds	1300		1300		1410	1410	-	1510
Wakefield	1312		1312		1423	1423	-	1523
Doncaster	1330		1330	1338m	1342m	-	1459	-
Sheffield	1357		1357	1422	1454	1454	1523	1554
Chesterfield	1409		1409	1432	1506	1506	-	1607
Derby	1431		1431	1453	1526	1526	1554	1628
Burton	1348j		1348j	1448h	1538	1539	-	1548j
Tamworth	1450		1450	1500h	-	-	-	1648
Bham New St	1506		1506	1527	1601	1602	1627	1704
Bham New St	1512		1512	1533	1612	1612	1633	1712
Bham Intl	1538hb		1538hb	1559hb	1625hb	1625hb	1659hb	1738hb
Coventry	1549hb		1549hb	1611hb	1644hb	1644hb	1711hb	1749hb
Leamington	-		-	1600	-	-	1700	-
Banbury	-		-	1619	-	-	1719	-
Oxford	-		-	1643	-	-	1743	-
Reading	-		-	1713a	-	-	1813a	-
Guildford	-		-	1837ac	-	-	1946ac	-
Basingstoke	-		-	1801ac	-	-	1901ac	-
Winchester	-		-	1824ac	-	-	1924ac	-
Southptn Apt →	-		-	1833ac	-	-	1933ac	-
Southptn Ctl	-		-	1842ac	-	-	1940ac	-
Brockenhurst	-		-	1901ac	-	-	2002ac	-
Bournemouth	-		-	1926ac	-	-	2026ac	-
Cheltenham	1552		1552	1624hb	1651	1651	1724hb	1752
Gloucester	1621aj		1621aj		1716aj	1716aj		1822aj
Bristol Pkwy	1623		1623	1655hb	1722	1722	1802hb	1824
Bristol TM	1644		1644	1708hb	1744	1744	1813hb	1844
Taunton	1717		1717		1820	1820		1917
Tiverton Pkwy	1729	1635ci	1729		1832	1832		1929
Exeter St D	1744		1744		1847	1847		1949
Dawlish	1816v		1816v		1916v	1916v		2016v
Teignmouth	1821v		1821v		1921v	1921v		2021v
Newton A	1802	1730ci	1813		1905	1906		2007
Torquay	1840ag		1840ag		1941ag	1941ag		2041ag
Paignton	1847ag		1847ag		1948ag	1948ag		2048ag
Totnes	1815	1755ci	1855cc		1918	1955cc		2020
Plymouth	1842	1855d	1900cd		1945	2005cd		2046
Liskeard	1917	1917			2048n			2112
Bodmin Pkwy	1929	1929			2102n			2124
St Austell	1947	1947			2121n			2142
Truro	2008	2008			2138n			2159
Penzance	2047	2047			2223n			2238

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

Scotland & the North East to the South West & South Coast

Sundays


Notes: see pages 57 and 58

Features		Ⓢ				
Period of operation and Notes	C	K	C	C	ABD	
Aberdeen	d			0947e		
Montrose	d			1027e		
Arbroath	d			1043e		
Dundee	d		0925g	1102e		1125g
Leuchars	d		0937g	1116e		1137g
Markinch	d		0959g			1159g
Kirkcaldy	d		1008g	1140e		1208g
Inverkeithing	d		1030g	1156e		1230g
Glasgow Central	d		1055		1151	1151
Motherwell	d		1110		1207	1207
Haymarket	d		1151	1216e	1249	1249
Edinburgh Waverley	d		1208	1300e	1306	1306
Dunbar	d		-		1325	1325
Berwick-upon-Tweed	d		1249	1311e	-	-
Alnmouth	d		-		1408	1408
Morpeth	d		-		-	-
Newcastle	d		1340	1435	1440	1440
Durham	d		1352	1447	1452	1452
Darlington	d		1410	1504	1509	1509
York	d		1440	1534	1540	1540
Leeds	d		1510	-	1610	1610
Wakefield Westgate	d		1523	-	1622	1622
Doncaster	d		-	1559	-	-
Sheffield	d		1554	1624	1654	1654
Chesterfield	d		1607	-	1706	1706
Derby	d		1628	1655	1727	1727
Burton-on-Trent	d		1548j	1648h	1738	1738
Tamworth	d		1648	1700h	-	-
Birmingham New Street	a		1704	1727	1801	1801
Birmingham New Street	d		1712	1733	1812	1812
Birmingham International	d		1738hb	1759hb	1825hb	1825hb
Coventry	d		1749hb	1811hb	1844hb	1844hb
Leamington Spa	d		-	1801	-	-
Banbury	d		-	1820	-	-
Oxford	d		-	1842	-	-
Reading	d		-	1913a	-	-
Guildford	a		-	2037ac	-	-
Basingstoke	d		-	2001ac	-	-
Winchester	d		-	2024ac	-	-
Southampton Airport Parkway →	a		-	2033ac	-	-
Southampton Central	a		-	2042ac	-	-
Brockenhurst	a		-	2102ac	-	-
Bournemouth	a		-	2126ac	-	-
Cheltenham Spa	d		1752	1824hb	1852	1852
Gloucester	d		1822aj		1917aj	1917aj
Bristol Parkway	d		1828	1856hb	1923	1923
Bristol Temple Meads	d		1844	1908hb	1944	1944
Taunton	d		1917		2020	2020
Tiverton Parkway	d	1840ci	1929		2032	2032
Exeter St Davids	d		1947a		2045a	2047
Dawlish	a		2016v		2108v	2108v
Teignmouth	a		2021v		2113v	2113v
Newton Abbot	a	1930ci	2028v		2121v	2105
Torquay	a		2041v		2133v	2133ag
Paignton	a		2048v		2141v	2141ag
Totnes	a	1955cc				2118
Plymouth	a	2050d	2100cd		2205cd	2145
Liskeard	a	2112				
Bodmin Parkway	a	2124				
St Austell	a	2142				
Truro	a	2159				
Penzance	a	2238				

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	AB EQ	C EQ	D EQ		ABD	C		C
Aberdeen	1112	1112	1112	<i>1147e</i>				
Montrose	1150	1150	1150	<i>1227e</i>				
Arbroath	1206	1206	1206	<i>1243e</i>				
Dundee	1225	1225	1225	<i>1301e</i>				
Leuchars	1238	1238	1238	<i>1315e</i>				
Markinch	-	-	-					
Kirkcaldy	1303	1303	1303	<i>1339e</i>				
Inverkeithing	1318	1318	1318	<i>1358e</i>				
Glasgow Ctl	-	-	-		1349	1349		
Motherwell	-	-	-		1404	1404		
Haymarket	1337	1337	1337	<i>1418e</i>	1442	1442		
Edinburgh	1408	1408	1408	<i>1500e</i>	1507	1507		<i>1600e</i>
Dunbar	-	-	-		1527	1527		
Berwick	1449	1449	1449	<i>1511e</i>	-	-		<i>1611e</i>
Alnmouth	<i>1458e</i>	-	<i>1458e</i>		-	-		<i>1658e</i>
Morpeth	-	-	-		-	-		
Newcastle	1540	1540	1540	1635	1640	1640		1735
Durham	1552	1552	1552	1647	1652	1652		1747
Darlington	1609	1609	1609	1704	1709	1709		1805
York	1640	1640	1640	1734	1740	1740		1834
Leeds	1710	1710	1710	-	1810	1810		-
Wakefield	1722	1722	1722	-	1822	1822		-
Doncaster	-	-	-	1759	<i>1808m</i>	<i>1808m</i>		1829
Sheffield	1754	1754	1754	1824	1854	1854		1924
Chesterfield	1806	1806	1806	-	1906	1906		-
Derby	1826	1826	1826	1855	1927	1927		1955
Burton	-	-	-	<i>1848h</i>	1938	1938		-
Tamworth	1845	1845	1845	<i>1900h</i>	-	-		-
Bham New St	1904	1904	1904	1927	2005	2005		2027
Bham New St	1912	1912	1912	1933	2012	2012		2033
Bham Intl	<i>1938hb</i>	<i>1938hb</i>	<i>1938hb</i>	<i>2013hb</i>	<i>2039hb</i>	<i>2039hb</i>		<i>2113hb</i>
Coventry	<i>1949hb</i>	<i>1949hb</i>	<i>1949hb</i>	<i>2024hb</i>	<i>2050hb</i>	<i>2050hb</i>		<i>2123hb</i>
Leamington	-	-	-	2000	-	-		2100
Banbury	-	-	-	2019	-	-		2119
Oxford	-	-	-	2043	-	-		2140
Reading	-	-	-	2111a	-	-		2214
Guildford	-	-	-	<i>2237ac</i>	-	-		2242
Basingstoke	-	-	-	<i>2201ac</i>	-	-		<i>2302ac</i>
Winchester	-	-	-	<i>2224ac</i>	-	-		
Southptn Apt →	-	-	-	<i>2233ac</i>	-	-		
Southptn Ctl	-	-	-	<i>2242ac</i>	-	-		
Brockenhurst	-	-	-		-	-		
Bournemouth	-	-	-		-	-		
Cheltenham	1952	1952	1952	<i>2024hb</i>	2052	2052		<i>2125hb</i>
Gloucester	<i>2015aj</i>	<i>2015aj</i>	<i>2015aj</i>		<i>2113aj</i>	<i>2113aj</i>		
Bristol Pkwy	2023	2023	2023	<i>2057hb</i>	2123	2123		<i>2200hb</i>
Bristol TM	2044	2044	2044	<i>2108hb</i>	2144	2144		<i>2210hb</i>
Taunton	2117	2117	2117		2217	2217		
Tiverton Pkwy	2129	2129	2129		2229	2229		
Exeter St D	2144	2142a	2146		2247	2245a	2255	
Dawlish	<i>2216v</i>	<i>2216v</i>	<i>2216v</i>		-	-		-
Teignmouth	<i>2221v</i>	<i>2221v</i>	<i>2221v</i>		-	-		-
Newton A	2202	<i>2228v</i>	2207		2305	-	2325s	
Torquay	<i>2241ag</i>	<i>2241v</i>	<i>2241ag</i>		-	-		-
Paignton	<i>2249ag</i>	<i>2249v</i>	<i>2249ag</i>		-	-		-
Totnes	2219	2219	2224		2320	-	2350s	
Plymouth	2245	<i>2300cd</i>	2250		2347	-	0035	
Liskeard								
Bodmin Pkwy								
St Austell								
Truro								
Penzance								

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

Scotland & the North East to the South West & South Coast

Sundays

Notes: see pages 57 and 58

Features



Period of operation and Notes

Aberdeen	d		1350e			1510g	1710g
Montrose	d		1430e			1548g	1748g
Arbroath	d		1446e			1602g	1802g
Dundee	d	1325g	1504e			1625g	1819g
Leuchars	d	1337g	1518e			1637g	1831g
Markinch	d	1359g				1559g	1759g
Kirkcaldy	d	1408g	1542e	1603g		1707g	1856g
Inverkeithing	d	1430g	1558e	1619g		1729g	1912g
Glasgow Central	d	1455				1655	1857
Motherwell	d	1511				1711	1911
Haymarket	d	1551	1618e	1635g		1751	1951
Edinburgh Waverley	d	1605	1630e	1707	1730e	1807	2005
Dunbar	d	-		1727	1750e	1826	2029
Berwick-upon-Tweed	d	-	1711e	1752	1815e	1852	2055
Alnmouth	d	1707		-		1858e	-
Morpeth	d	1722		-		-	-
Newcastle	d	1740	1820	1839	1925	1940	2148a
Durham	d	1752	1832	1851	1937	1952	
Darlington	d	1809	1851	1908	1954	2009	
York	d	1840	1924	1940	2024	2040	
Leeds	d	1910	-	2010	-	2110	
Wakefield Westgate	d	1922	-	2022	-	2122	
Doncaster	d	-	1950	-	2050	2101m	
Sheffield	d	1954	2020	2054	2120	2154	
Chesterfield	d	2006	-	2106	2132	2206	
Derby	d	2027	2054	2127	2153	2226	
Burton-on-Trent	d	1948j	-	2137	2203	2237	
Tamworth	d	2045	-	2147	2214	2247	
Birmingham New Street	a	2103	2128	2204	2230	2304	
Birmingham New Street	d	2112		2212			
Birmingham International	d	2139hb	2209hb	2239hb	2309hb		
Coventry	d	2150hb	2244hb	2250hb	2320hb		
Leamington Spa	d	-		-			
Banbury	d	-		-			
Oxford	d	-		-			
Reading	d	-		-			
Guildford	a	-		-			
Basingstoke	d	-		-			
Winchester	d	-		-			
Southampton Airport Parkway →	a	-		-			
Southampton Central	a	-		-			
Brockenhurst	a	-		-			
Bournemouth	a	-		-			
Cheltenham Spa	d	2152		2252			
Gloucester	d	2207		-			
Bristol Parkway	d	2234		2323			
Bristol Temple Meads	d	2245a		2333a			
Taunton	d						
Tiverton Parkway	d						
Exeter St Davids	d						
Dawlish	a						
Teignmouth	a						
Newton Abbot	a						
Torquay	a						
Paignton	a						
Totnes	a						
Plymouth	a						
Liskeard	a						
Bodmin Parkway	a						
St Austell	a						
Truro	a						
Penzance	a						

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	⓪	⓪	⓪ ER			
Aberdeen	1710g		2128			
Montrose	1748g		2206			
Arbroath	1802g		2222			
Dundee	1819g		2239			
Leuchars	1831g		2252			
Markinch	1759g		2314			
Kirkcaldy	1856g		2322			
Inverkeithing	1912g		2338			
Glasgow Ctl	1857	2058	-			
Motherwell	1911	2118	-			
Haymarket	1951	2204	2354			
Edinburgh	2005	2208a	2358a			
Dunbar	2029					
Berwick	2055					
Alnmouth	-					
Morpeth	-					
Newcastle	2148a					
Durham						
Darlington						
York						
Leeds						
Wakefield						
Doncaster						
Sheffield						
Chesterfield						
Derby						
Burton						
Tamworth						
Bham New St						
Bham New St						
Bham Intl						
Coventry						
Leamington						
Banbury						
Oxford						
Reading						
Guildford						
Basingstoke						
Winchester						
Southptn Apt →						
Southptn Ctl						
Brockenhurst						
Bournemouth						
Cheltenham						
Gloucester						
Bristol Pkwy						
Bristol TM						
Taunton						
Tiverton Pkwy						
Exeter St D						
Dawlish						
Teignmouth						
Newton A						
Torquay						
Paignton						
Totnes						
Plymouth						
Liskeard						
Bodmin Pkwy						
St Austell						
Truro						
Penzance						

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South Coast & the South West to the North East & Scotland

Mondays to Fridays

Notes: see pages 57 and 58

Features		⓪	⓪	⓪	⓪
Period of operation and Notes		EG			
Penzance	d				
Truro	d				
St Austell	d				
Bodmin Parkway	d				
Liskeard	d				
Plymouth	d				
Totnes	d				
Paignton	d				
Torquay	d				
Newton Abbot	d				
Teignmouth	d				
Dawlish	d				
Exeter St Davids	d				
Tiverton Parkway	d				
Taunton	d				
Bristol Temple Meads	d				
Bristol Parkway	d				
Gloucester	d				
Cheltenham Spa	d				
Bournemouth	d				
Brockenhurst	d				
Southampton Central	d				
Southampton Airport Parkway →	d				
Winchester	d				
Basingstoke	d				
Guildford	d				
Reading	d				
Oxford	d				
Banbury	d				
Leamington Spa	d				
Coventry	d				
Birmingham International →	d				
Birmingham New Street	a				
Birmingham New Street	d				0600
Tamworth	d				-
Burton-on-Trent	d				-
Derby	d				0556 0634
Chesterfield	d				0615 0654
Sheffield	d				0633 0712
Doncaster	d				0700 0801y
Wakefield Westgate	d				- 0737
Leeds	d				0638ap 0757
York	d				0731 0828
Darlington	d		0614e	0758	0857
Durham	d		0635e	0816	0912
Newcastle	d		0735	0837a	0935
Morpeth	a		0747	0856aq	-
Alnmouth	a		-		0958
Berwick-upon-Tweed	a		0818	0931aq	1019
Dunbar	a		0700d	- 0955aq	-
Edinburgh Waverley	a	0624d	0722	0904	1020aq 1105
Haymarket	a	-	0730	0915	1031aq 1114
Motherwell	a	0704	0808	1004	1152
Glasgow Central	a	0727	0824	1026	1214
Inverkeithing	a		0753g	0941g	1047aq 1144g
Kirkcaldy	a		0809g	1009g	1104aq 1208g
Markinch	a		0818g	1019g	1218g
Leuchars	a		0907g	1104g	1128aq 1225g
Dundee	a	0640d	0922g	1032g	1143aq 1238g
Arbroath	a	0655	0956g	1049g	1200aq 1255g
Montrose	a	0711	1104g	1216aq	
Aberdeen	a	0755	1054g	1148g	1305aq 1348g

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

S

Penzance									
Truro									
St Austell									
Bodmin Pkwy									
Liskeard									
Plymouth									
Totnes							0520		0625
							0545		0650
Paignton							-		<i>0634ag</i>
Torquay							-		<i>0639ag</i>
Newton A							0602		0703
Teignmouth							<i>0554v</i>		<i>0641v</i>
Dawlish							-		<i>0646v</i>
Exeter St D							0622		0723
Tiverton Pkwy							0636		0737
Taunton							0650		0751
Bristol TM				0627			0730		0830
Bristol Pkwy				0640			0740		0840
Gloucester				<i>0600aj</i>	<i>0710h</i>		<i>0751aj</i>		<i>0854aj</i>
Cheltenham				0712	<i>0721h</i>		0812		0912
Bournemouth				-			-		<i>0630h</i>
Brockenhurst				-			-		<i>0649h</i>
Southptn Ctl				<i>0515h</i>			<i>0615h</i>		<i>0715h</i>
Southptn Apt →				<i>0522h</i>			<i>0622h</i>		<i>0722h</i>
Winchester				<i>0531h</i>			<i>0631h</i>		<i>0731h</i>
Basingstoke				<i>0547h</i>	<i>0607ac</i>		<i>0647h</i>	<i>0709ac</i>	<i>0747h</i>
Guildford				-	0602		-	<i>0643ac</i>	-
Reading				<i>0611h</i>	0641	<i>0709h</i>	0740		<i>0811h</i>
Oxford				<i>0636h</i>	0707	<i>0736h</i>	0807		<i>0836h</i>
Banbury				<i>0654h</i>	0726	<i>0754h</i>	0827		<i>0854h</i>
Leamington				<i>0712h</i>	0743	<i>0812h</i>	0844		<i>0912h</i>
Coventry	<i>0550h</i>	<i>0610h</i>	<i>0650h</i>	<i>0727h</i>	<i>0750h</i>	<i>0827h</i>	<i>0850h</i>		<i>0927h</i>
Bham Intl →	<i>0605h</i>	<i>0628h</i>	<i>0709h</i>	<i>0738h</i>	<i>0805h</i>	<i>0838h</i>	<i>0905h</i>		<i>0938h</i>
Bham New St				0756	0815	0856	0918		0956
Bham New St	0630	0703	0730	0803	0830	0903	0930		1003
Tamworth	<i>0639ak</i>	0719	<i>0738ak</i>	0819	<i>0908hb</i>	<i>0936hb</i>	<i>1006hb</i>		1019
Burton	<i>0651ak</i>	0729	<i>0750ak</i>	0829	<i>0920hb</i>	0926	<i>1018hb</i>		<i>1047hb</i>
Derby	0713	0744	0813	0844	0913	0944	1011		1044
Chesterfield	0732	0803	0832	0903	<i>0936al</i>	1003	<i>1036al</i>		1103
Sheffield	0754	0821	0848	0921	0947	1021	1047		1121
Doncaster	0825	<i>0906y</i>	0920	<i>1005y</i>	1019	<i>1104y</i>	1119		<i>1204y</i>
Wakefield	-	0847	-	0947	-	1047	-		1147
Leeds	<i>0812ap</i>	0905	<i>0912ap</i>	1005	<i>1012ap</i>	1105	<i>1112ap</i>		1205
York	0849	0932	0948	1032	1048	1132	1148		1232
Darlington	0917	0959	1015	1102	1115	1200	1215		1300
Durham	0934	1017	1031	1120	1131	1222	1231		1316
Newcastle	0947a	1035	1044a	1140	1145a	1238	1244a		1338
Morpeth	<i>1036e</i>	-	<i>1136e</i>	-	<i>1236e</i>	-	<i>1336e</i>		-
Alnmouth		<i>1107e</i>		-		<i>1310e</i>			1401
Berwick		-	<i>1138e</i>	1221	<i>1237ar</i>	-	<i>1338e</i>		1422
Dunbar		1136		-		1339			-
Edinburgh		1203	<i>1225e</i>	1306	<i>1325ar</i>	1410	<i>1422e</i>		1506
Haymarket		<i>1219g</i>		1315		<i>1425g</i>			1514
Motherwell				1352					1552
Glasgow Ctl		<i>1355g</i>		<i>14121</i>		<i>1556g</i>			1623
Inverkeithing		<i>1241g</i>		<i>1341g</i>			<i>1446e</i>		<i>1542g</i>
Kirkcaldy		<i>1309g</i>		<i>1423g</i>			<i>1503e</i>		<i>1609g</i>
Markinch		<i>1319g</i>		<i>1416g</i>		<i>1518g</i>			<i>1619g</i>
Leuchars		<i>1323g</i>		<i>1423g</i>			<i>1528e</i>		<i>1624g</i>
Dundee		<i>1335g</i>		<i>1435g</i>			<i>1546e</i>		<i>1637g</i>
Arbroath		<i>1352g</i>		<i>1452g</i>			<i>1604e</i>		<i>1654g</i>
Montrose		<i>1407g</i>					<i>1620e</i>		<i>1708g</i>
Aberdeen		<i>1448g</i>		<i>1546g</i>			<i>1709e</i>		<i>1753g</i>

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

South Coast & the South West to the North East & Scotland

Mondays to Fridays

Notes: see pages 57 and 58

Features

Period of operation and Notes

				EI	EH	
Penzance	d	0505n		0628	0645n	
Truro	d	0538n		0704	0726n	
St Austell	d	0555n		0720	0744n	
Bodmin Parkway	d	0611n		0739	0806n	
Liskeard	d	0626n		0753	0820n	
Plymouth	d	0725		0825	0925	
Totnes	d	0750		0850	0950	
Paignton	d	0740ag		0823ag	0913ag	
Torquay	d	0746ag		0828ag	0918ag	
Newton Abbot	d	0803		0903	1003	
Teignmouth	d	0745v		0848v	0946v	
Dawlish	d	0750v		0853v	0951v	
Exeter St Davids	d	0823		0923	1023	
Tiverton Parkway	d	0837		0937	1037	
Taunton	d	0851		0951	1051	
Bristol Temple Meads	d	0930		1030	1130	
Bristol Parkway	d	0940		1040	1140	
Gloucester	d	0951aj		1053aj	1151aj	
Cheltenham Spa	d	1012		1112	1212	
Bournemouth	d	0656z	0730h	0845h	0859ab	0945h
Brookenhurst	d	0703z	0749h	0900h	0915ab	1000h
Southampton Central	d	0730z	0815h	0915h	0946	1015h
Southampton Airport Parkway →	d	0738z	0822h	0922h	0953	1022h
Winchester	d	0801	0831h	0931h	1003	1031h
Basingstoke	d	0818	0847h	0907ac	0947h	1019
Guildford	d	0743ac	-	0838ac	-	0954ac
Reading	d	0841	0911h	0940	1011h	1041
Oxford	d	0907	0936h	1007	1036h	1107
Banbury	d	0926	0954h	1025	1054h	1125
Leamington Spa	d	0943	1012h	1042	1112h	1143
Coventry	d	0950h	1027h	1050h	1127h	1150h
Birmingham International →	d	1005h	1038h	1105h	1138h	1205h
Birmingham New Street	a	1018	1056	1118	1158	1218
Birmingham New Street	d	1030	1103	1130	1203	1230
Tamworth	d	1108hb	1136hb	1206hb	1219	1308hb
Burton-on-Trent	d	1120hb	1126	1218hb	1249hb	1318hb
Derby	d	1111	1144	1211	1244	1311
Chesterfield	d	1136al	1204	1236al	1303	1336al
Sheffield	d	1147	1221	1247	1321	1347
Doncaster	d	1219	1304y	1319	1404y	1419
Wakefield Westgate	d	-	1247	-	1347	-
Leeds	d	1212ap	1305	1312ap	1405	1412ap
York	d	1248	1332	1343	1432	1448
Darlington	d	1315	1401	1413	1500	1515
Durham	d	1331	1418	1430	1516	1531
Newcastle	d	1345a	1436	1442a	1537	1545a
Morpeth	a	1436e	1449	1536e	-	1636e
Alnmouth	a		1509e		1600	
Berwick-upon-Tweed	a		-	1540e	1621	
Dunbar	a		1540		-	1742
Edinburgh Waverley	a		1605	1623e	1706	
Haymarket	a		1619g	1637e	1714	
Motherwell	a				1752	
Glasgow Central	a		1757g		1816	
Inverkeithing	a		1641g		1745g	
Kirkcaldy	a		1708g		1814g	
Markinch	a		1718g		1823g	
Leuchars	a		1724g		1833g	
Dundee	a		1738g		1848g	
Arbroath	a		1801g		1905g	
Montrose	a		1816g		1921g	
Aberdeen	a		1900g		2006g	

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	EJ		QA					
Penzance	0828		0844n		1000n		1046n	
Truro	0904		0926n		1041n		1125n	
St Austell	0920		0943n		1058n		1142n	
Bodmin Pkwy	0939		1003n		1119n		1202n	
Liskeard	0951		1016n		1133n		1216n	
Plymouth	1025		1125		1223		1323	
Totnes	1050		1150		1249		1349	
Paignton	1015ag		1123ag		1213ag		1313ag	
Torquay	1023ag		1128ag		1218ag		1318ag	
Newton A	1103		1203		1303		1403	
Teignmouth	1044v		1148v		1238v		1348v	
Dawlish	1049v		1153v		1243v		1353v	
Exeter St D	1123		1223		1325		1425	
Tiverton Pkwy	1137		1237		1339		1439	
Taunton	1151		1251		1354		1454	
Bristol TM	1230		1330		1430		1530	
Bristol Pkwy	1240		1340		1440		1540	
Gloucester	1253aj		1351aj		1453aj		1551aj	
Cheltenham	1312		1412		1512		1612	
Bournemouth	1045h	1059ab	1145h		1245h	1259ab	1345h	
Brookenhurst	1100h	1115ab	1200h		1300h	1315ab	1400h	
Southptn Ctl	1115h	1146	1215h		1315h	1346	1415h	
Southptn Apt →	1122h	1153	1222h		1322h	1353	1422h	
Winchester	1131h	1202	1231h		1331h	1403	1431h	
Basingstoke	1107ac	1147h	1218	1247h	1307ac	1347h	1419	1447h
Guildford	1044ac	-	1144ac	-	1244ac	-	1344ac	-
Reading	1140	1211h	1241	1311h	1340	1411h	1441	1511h
Oxford	1207	1236h	1307	1336h	1407	1436h	1507	1536h
Banbury	1225	1254h	1325	1354h	1426	1454h	1525	1554h
Leamington	1243	1312h	1343	1412h	1442	1512h	1543	1612h
Coventry	1250h	1327h	1350h	1427h	1450h	1527h	1550h	1627h
Bham Intl →	1305h	1338h	1405h	1438h	1505h	1538h	1605h	1638h
Bham New St	1318	1356	1418	1456	1518	1556	1618	1658
Bham New St	1330	1403	1430	1503	1530	1603	1630	1703
Tamworth	1408hb	1419	1508hb	1536hb	1608hb	1619	1708hb	1736hb
Burton	1420hb	1447hb	1520hb	1526	1620hb	1650hb	1720hb	1726
Derby	1411	1444	1511	1544	1611	1642	1711	1741
Chesterfield	1436al	1503	1533al	1603	1635al	1704	1736al	1802
Sheffield	1447	1521	1547	1621	1647	1721	1747	1821
Doncaster	1519	1604y	1619	1707y	1719	1807y	1835y	1909y
Wakefield	-	1547	-	1650	-	1748	1814	1848
Leeds	1512ap	1605	1612ap	1707	1712ap	1806	1835	1906
York	1548	1632	1648	1732	1747	1833	1904	1935
Darlington	1615	1700	1715	1800	1815	1903	1932	2004
Durham	1631	1716	1731	1816	1832	1920	1948	2021
Newcastle	1645a	1737	1745a	1839	1846a	1938	2011	2039
Morpeth	1736e	-	1847e	-	-	1958e	-	2054
Alnmouth		1801		1909aq		2004	2034	-
Berwick	1738ar	1822		1921	1939ar	2026	-	2125
Dunbar		-		1944		-	-	2150
Edinburgh	1823ar	1906		2009	2022ar	2111	2135	2216
Haymarket	1833ar	1914		2016	2033ar	2117	2153g	2234g
Motherwell		1954		2103aq		2201		
Glasgow Ctl		2015		2128aq		2227		0024g
Inverkeithing	1854ar	1944g		2030	2051ar		2211g	2301g
Kirkcaldy	1911ar	2010g		-	2108ar	2212g	2253g	2323g
Markinch		2019g		2102			2256g	2333g
Leuchars	1939ar	2028g		2126	2137ar	2234g	2328g	0023g
Dundee	1953ar	2040g		2142	2152ar	2248g	2344g	0039g
Arbroath	2011ar	2057g			2209ar	2305g		
Montrose	2027ar	2112g			2225ar	2318g		
Aberdeen	2116ar	2153g			2314ar	0003g		

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South Coast & the South West to the North East & Scotland

Mondays to Fridays

Notes: see pages 57 and 58

Features

Period of operation and Notes

Penzance	d		1141n		1251n		1400n
Truro	d		1219n		1332n		1441n
St Austell	d		1236n		1349n		1458n
Bodmin Parkway	d		1256n		1410n		1518n
Liskeard	d		1309n		1423n		1531n
Plymouth	d		1425		1523		1625
Totnes	d		1450		1549		1650
Paignton	d		1423ag		1513ag		1613ag
Torquay	d		1428ag		1518ag		1618ag
Newton Abbot	d		1503		1603		1703
Teignmouth	d		1448v		1538v		1638v
Dawlish	d		1453v		1543v		1643v
Exeter St Davids	d		1523		1625		1723
Tiverton Parkway	d		1537		1639		1737
Taunton	d		1551		1654		1751
Bristol Temple Meads	d		1630		1730		1830
Bristol Parkway	d		1640		1740		1840
Gloucester	d		1653aj		1752aj		1853aj
Cheltenham Spa	d		1712		1812		1912
Bournemouth	d		1445h	1459ab	1545h		1645h
Brockenhurst	d		1500h	1515ab	1600h		1700h
Southampton Central	d		1515h	1547	1615h		1715h
Southampton Airport Parkway →	d		1522h	-	1622h		1722h
Winchester	d		1531h	-	1631h		1731h
Basingstoke	d	1507ac	1547h	1618	1647h	1707ac	1747h
Guildford	d	1444ac	-	1544ac	-	1644ac	-
Reading	d	1540	1611h	1640	1711h	1741	1811h
Oxford	d	1607	1636h	1707	1736h	1807	1836h
Banbury	d	1626	1654h	1728	1754h	1826	1854h
Leamington Spa	d	1644	1712h	1748	1812h	1846	1912h
Coventry	d	1650h	1727h	1750h	1827h	1850h	1927h
Birmingham International →	d	1705h	1738h	1805h	1838h	1905h	1938h
Birmingham New Street	a	1718	1756	1818	1855	1918	1956
Birmingham New Street	d	1730	1803	1830	1903	1930	2003
Tamworth	d	1801hb	1819	1908hb	1936hb	2008hb	2019
Burton-on-Trent	d	1813hb	1847hb	1920hb	1926	2020hb	-
Derby	d	1811	1842	1911	1941	2011	2044
Chesterfield	d	1841al	1901	1930	2002	2040al	2103
Sheffield	d	1847	1926	1954	2021	2053	2121
Doncaster	d	1916	2008y	2017	2118y	2120	2202y
Wakefield Westgate	d	-	1951	-	2047	-	2147
Leeds	d	1912ap	2008	2012ap	2105a	2048ap	2202a
York	d	1945	2033	2048		2149	2238f
Darlington	d	2012	2100	2115		2216	
Durham	d	2028	2118	2132		2234	
Newcastle	d	2042a	2136	2144a		2250a	
Morpeth	a	2154e	2154aq	2221e			
Alnmouth	a		2159				
Berwick-upon-Tweed	a	2139e	-	2239e			
Dunbar	a	2203e	-				
Edinburgh Waverley	a	2235e	2304	2334e			
Haymarket	a		2323g				
Motherwell	a						
Glasgow Central	a				2318h		
Inverkeithing	a		2341g				
Kirkcaldy	a						
Markinch	a						
Leuchars	a						
Dundee	a						
Arbroath	a						
Montrose	a						
Aberdeen	a						

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

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QB

Penzance		1449n						1600n		
Truro		1527n						1641n		
St Austell		1544n						1658n		
Bodmin Pkwy		1604n						1721n		
Liskeard		1617n						1734n		
Plymouth		1723						1825		
Totnes		1749						1850		
Paignton		1726ag						1835ag		
Torquay		1731ag						1840ag		
Newton A		1803						1903		
Teignmouth		1751v						1837v		
Dawlish		1756v						1843v		
Exeter St D		1825						1923		
Tiverton Pkwy		1839						1937		
Taunton		1854						1951		
Bristol TM		1930			2000			2030		
Bristol Pkwy		1940			2010			2040		
Gloucester		1951aj			2046			2058aj		
Cheltenham		2012			2056			2117		
Bournemouth	1659ab	1745h			-	1845		-		1945
Brockenhurst	1715ab	1800h			-	1900		-		2000
Southptn Ctl	1746	1815h			-	1915		-		2015
Southptn Apt →	1753	1822h			-	1922		-		2022
Winchester	1802	1831h			-	1931		-		2031
Basingstoke	1818	1847h			1909ac	-	1947	-		2047
Guildford	1744ac	-	1847ac		-	1955		-		2070ac
Reading	1841	1911h	1940		-	2011		-	2040	2111
Oxford	1912	1936h	2007		-	2036		-	2108	2136
Banbury	1931	1954h	2028		-	2054		-	2133	2154
Leamington	1950	2012h	2046		-	2112		-	2152	2212
Coventry	1950h	2027h	-		-	2127		-	-	2224
Bham Intl →	2005h	2038h	-		-	2138		-	-	2234
Bham New St	2018	2052	2122	2146		2148	2206	2217		2245
Bham New St	2030	2103								
Tamworth	2108hb	2119				2228hb				2328hb
Burton	2121hb	2130				2240hb				2339hb
Derby	2113	2144				2254hb				2355hb
Chesterfield	2134	2207								
Sheffield	2154	2230								
Doncaster	2231	2312y								
Wakefield	2246al	2300								
Leeds	2304al	2315a								
York	2253a	0009f								
Darlington	2352ap									
Durham	0010ap									
Newcastle	0045ap									
Morpeth										
Alnmouth										
Berwick										
Dunbar										
Edinburgh										
Haymarket										
Motherwell										
Glasgow Ctl										
Inverkeithing										
Kirkcaldy										
Markinch										
Leuchars										
Dundee										
Arbroath										
Montrose										
Aberdeen										

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South Coast & the South West to the North East & Scotland

Mondays to Fridays

Notes: see pages 57 and 58

Features		Ⓩ	Ⓩ	Ⓩ			
Period of operation and Notes				EK			
Penzance	d	1739ag		2208			
Truro	d	1823ag		2248			
St Austell	d	1840ag		2304			
Bodmin Parkway	d	1901ag		2326			
Liskeard	d	1914ag		2339			
Plymouth	d	1942ag		0004a			
Totnes	d	2010ag					
Paignton	d	2014					
Torquay	d	2020					
Newton Abbot	d	2031					
Teignmouth	d	1957v					
Dawlish	d	2002v					
Exeter St Davids	d	2052					
Tiverton Parkway	d	2104					
Taunton	d	2119					
Bristol Temple Meads	d	2200					
Bristol Parkway	d	2210					
Gloucester	d	2223aj					
Cheltenham Spa	d	2242					
Bournemouth	d	-					
Brockenhurst	d	-					
Southampton Central	d	-					
Southampton Airport Parkway →	d	-					
Winchester	d	-					
Basingstoke	d	-	2107ac				
Guildford	d	-	2044ac				
Reading	d	-	2146				
Oxford	d	-	2230				
Banbury	d	-	2254				
Leamington Spa	d	-	2313				
Coventry	d	-	2327				
Birmingham International →	d	-	2337				
Birmingham New Street	a	2344	2357				
Birmingham New Street	d						
Tamworth	d						
Burton-on-Trent	d						
Derby	d						
Chesterfield	d						
Sheffield	d						
Doncaster	d						
Wakefield Westgate	d						
Leeds	d						
York	d						
Darlington	d						
Durham	d						
Newcastle	d						
Morpeth	a						
Alnmouth	a						
Berwick-upon-Tweed	a						
Dunbar	a						
Edinburgh Waverley	a						
Haymarket	a						
Motherwell	a						
Glasgow Central	a						
Inverkeithing	a						
Kirkcaldy	a						
Markinch	a						
Leuchars	a						
Dundee	a						
Arbroath	a						
Montrose	a						
Aberdeen	a						

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

South Coast & the South West to the North East & Scotland

Saturdays

Notes: see pages 57 and 58

Features		⓪	⓪	⓪	⓪
Period of operation and Notes	EG				
Penzance	d				
Truro	d				
St Austell	d				
Bodmin Parkway	d				
Liskeard	d				
Plymouth	d				
Totnes	d				
Paignton	d				
Torquay	d				
Newton Abbot	d				
Teignmouth	d				
Dawlish	d				
Exeter St Davids	d				
Tiverton Parkway	d				
Taunton	d				
Bristol Temple Meads	d				
Bristol Parkway	d				
Gloucester	d				
Cheltenham Spa	d				
Bournemouth	d				
Brockenhurst	d				
Southampton Central	d				
Southampton Airport Parkway →	d				
Winchester	d				
Basingstoke	d				
Guildford	d				
Reading	d				
Oxford	d				
Banbury	d				
Leamington Spa	d				
Coventry	d				
Birmingham International →	d				
Birmingham New Street	a				
Birmingham New Street	d				0557
Tamworth	d				0613
Burton-on-Trent	d				0624
Derby	d				0555 0637
Chesterfield	d				0631 0656
Sheffield	d				0649 0712
Doncaster	d				0717 0801y
Wakefield Westgate	d				- 0737
Leeds	d				0710ap 0757
York	d				0748 0827
Darlington	d				0815 0857
Durham	d				0831 0914
Newcastle	d			0738	0844a 0935
Morpeth	a			0750	0936e -
Alnmouth	a			-	0958
Berwick-upon-Tweed	a			0823	1019
Dunbar	a			-	-
Edinburgh Waverley	a	0626d	0726d	0907	1105
Haymarket	a	0629	0729	0915	1115
Motherwell	a	0712	0814	1005	1152
Glasgow Central	a	0742	0832	1025	1213
Inverkeithing	a			0941g	1144g
Kirkcaldy	a			1009g	1208g
Markinch	a			1019g	1218g
Leuchars	a			1023g	1225g
Dundee	a	0640d		1032g	1238g
Arbroath	a	0655		1049g	1255g
Montrose	a	0711		1104g	
Aberdeen	a	0755		1148g	1348g

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South Coast & the South West to the North East & Scotland

Saturdays

Notes: see pages 57 and 58

Features

Period of operation and Notes

Penzance	d						
Truro	d						
St Austell	d						
Bodmin Parkway	d						
Liskeard	d						
Plymouth	d						0525
Totnes	d						0550
Paignton	d						-
Torquay	d						-
Newton Abbot	d						0603
Teignmouth	d						-
Dawlish	d						-
Exeter St Davids	d						0623
Tiverton Parkway	d						0637
Taunton	d						0651
Bristol Temple Meads	d			0615			0730
Bristol Parkway	d			0625			0740
Gloucester	d			0701	0707h		0746aj
Cheltenham Spa	d			0712	0718h		0812
Bournemouth	d			-			-
Brockenhurst	d			-			-
Southampton Central	d			0509h			0615h
Southampton Airport Parkway →	d			0516h			0622h
Winchester	d			0525h			0631h
Basingstoke	d			0541h			0647h
Guildford	d			-	0609		-
Reading	d			0611h	0646		0711h
Oxford	d			0638h	0712		0736h
Banbury	d			0656h	0733		0754h
Leamington Spa	d			0714h	0751		0812h
Coventry	d	0610h	0650h	0727h	0750h		0827h
Birmingham International →	d	0628h	0705h	0738h	0805h		0838h
Birmingham New Street	a			0756	0817		0856
Birmingham New Street	d	0630	0703	0730	0803	0830	0903
Tamworth	d	0646	0719	0745	0819	0908hb	0934hb
Burton-on-Trent	d	0656	0729	0754	0829	0920hb	0928
Derby	d	0711	0744	0811	0844	0911	0944
Chesterfield	d	0730	0803	0830	0903	0936al	1003
Sheffield	d	0754	0821	0848	0921	0947	1021
Doncaster	d	0825	0905y	0920	1007y	1019	1104y
Wakefield Westgate	d	-	0846	-	0947	-	1047
Leeds	d	0812ap	0905	0912ap	1005	1012ap	1105
York	d	0850	0933	0949	1032	1048	1132
Darlington	d	0918	1000	1016	1100	1115	1200
Durham	d	0935	1016	1033	1116	1131	1216
Newcastle	d	0947a	1036	1045a	1136	1146a	1236
Morpeth	a	1035e	-	1136e	-	1235e	-
Alnmouth	a		1105e		-		1306e
Berwick-upon-Tweed	a		-	1139e	1219	1239e	-
Dunbar	a		1137		-		1337
Edinburgh Waverley	a		1207	1231e	1304	1331e	1407
Haymarket	a		1223g		1315		1423g
Motherwell	a				1352		
Glasgow Central	a		1355g		1413		1556g
Inverkeithing	a		1241g		1341g		1441g
Kirkcaldy	a		1309g		1423g		
Markinch	a		1319g		1416g		1518g
Leuchars	a		1323g		1423g		
Dundee	a		1335g		1435g		
Arbroath	a		1352g		1452g		
Montrose	a		1407g				
Aberdeen	a		1448g		1546g		

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

					EO	EH		
Penzance					0630	<i>0650n</i>		
Truro					0709	<i>0731n</i>		
St Austell					0725	<i>0748n</i>		
Bodmin Pkwy					0746	<i>0810n</i>		
Liskeard					0758	<i>0823n</i>		
Plymouth	0625		0725		0825	0925		
Totnes	0650		0750		0850	0950		
Paignton	<i>0634ag</i>		<i>0708ag</i>		<i>0806ag</i>	<i>0930ag</i>		
Torquay	<i>0639ag</i>		<i>0713ag</i>		<i>0811ag</i>	<i>0935ag</i>		
Newton A	0703		0803		0903	1003		
Teignmouth	<i>0638v</i>		<i>0726v</i>		<i>0855v</i>	<i>0949v</i>		
Dawlish	<i>0643v</i>		<i>0731v</i>		<i>0900v</i>	<i>0957v</i>		
Exeter St D	0723		0823		0923	1023		
Tiverton Pkwy	0737		0837		0937	1037		
Taunton	0751		0851		0951	1051		
Bristol TM	0830		0930		1030	1130		
Bristol Pkwy	0840		0940		1040	1140		
Gloucester	<i>0847aj</i>		<i>0946aj</i>		<i>1046aj</i>	<i>1146aj</i>		
Cheltenham	0912		1012		1112	1212		
Bournemouth	0625	<i>0637h</i>	<i>0642ab</i>	<i>0745h</i>	<i>0845h</i>	<i>0859ab</i>	<i>0945h</i>	
Brockenhurst	0639	<i>0655h</i>	<i>0710ab</i>	<i>0800h</i>	<i>0900h</i>	<i>0915ab</i>	<i>1000h</i>	
Southptn Ctl	0653	<i>0715h</i>	0747	<i>0815h</i>	<i>0915h</i>	0947	<i>1015h</i>	
Southptn Apt →	0701	<i>0722h</i>	0754	<i>0822h</i>	<i>0922h</i>	0954	<i>1022h</i>	
Winchester	0709	<i>0731h</i>	0803	<i>0831h</i>	<i>0931h</i>	1003	<i>1031h</i>	
Basingstoke	0725	<i>0747h</i>	0819	<i>0847h</i>	<i>0907ac</i>	0947h	<i>1019</i>	<i>1047h</i>
Guildford	<i>0644ac</i>	-	<i>0744ac</i>	-	<i>0844ac</i>	-	<i>0944ac</i>	-
Reading	0747	<i>0811h</i>	0840	<i>0911h</i>	0940	<i>1011h</i>	1040	<i>1111h</i>
Oxford	0815	<i>0836h</i>	0907	<i>0936h</i>	1007	<i>1036h</i>	1107	<i>1136h</i>
Banbury	0833	<i>0854h</i>	0924	<i>0954h</i>	1024	<i>1054h</i>	1124	<i>1154h</i>
Leamington	0850	<i>0912h</i>	0942	<i>1013h</i>	1042	<i>1112h</i>	1142	<i>1212h</i>
Coventry	<i>0850h</i>	<i>0927h</i>	<i>0950h</i>	<i>1027h</i>	<i>1050h</i>	<i>1127h</i>	<i>1150h</i>	<i>1227h</i>
Bham Intl →	<i>0905h</i>	<i>0938h</i>	<i>1005h</i>	<i>1038h</i>	<i>1105h</i>	<i>1138h</i>	<i>1205h</i>	<i>1238h</i>
Bham New St	0919	0956	1018	1056	1118	1156	1218	1256
Bham New St	0930	1003	1030	1103	1130	1203	1230	1303
Tamworth	<i>1006hb</i>	1019	<i>1108hb</i>	<i>1136hb</i>	<i>1206hb</i>	1219	<i>1308hb</i>	<i>1336hb</i>
Burton	<i>1018hb</i>	<i>1047hb</i>	<i>1120hb</i>	1128	<i>1218hb</i>	<i>1249hb</i>	<i>1320hb</i>	1327
Derby	1011	1044	1111	1144	1211	1244	1311	1344
Chesterfield	<i>1036al</i>	1103	<i>1136al</i>	1203	<i>1236al</i>	1303	<i>1336al</i>	1403
Sheffield	1047	1121	1147	1221	1247	1321	1347	1421
Doncaster	1119	<i>1204y</i>	1217	<i>1304y</i>	1319	<i>1403y</i>	1419	<i>1504y</i>
Wakefield	-	1147	-	1247	-	1347	-	1447
Leeds	<i>1112ap</i>	1205	<i>1212ap</i>	1305	<i>1312ap</i>	1405	<i>1412ap</i>	1505
York	1148	1232	1248	1332	1343	1432	1448	1532
Darlington	1215	1300	1315	1359	1413	1500	1515	1600
Durham	1231	1316	1331	1416	1430	1516	1531	1616
Newcastle	1245a	1335	1344a	1435	1442a	1534	1545a	1635
Morpeth	<i>1337e</i>	-	<i>1437e</i>	1447	<i>1535e</i>	-	<i>1636e</i>	-
Alnmouth		1359		<i>1506e</i>		1558		1658
Berwick	<i>1340e</i>	1419	<i>1439e</i>	-	<i>1539e</i>	1618	<i>1639e</i>	-
Dunbar		-		1539		-		1738
Edinburgh	<i>1424e</i>	1507	<i>1531e</i>	1604	<i>1626e</i>	1707	<i>1731e</i>	1805
Haymarket	<i>1431e</i>	1515		<i>1619g</i>	<i>1638e</i>	1715		1814
Motherwell		1552				1752		<i>1932g</i>
Glasgow Ctl		1623		<i>1757g</i>		1811		<i>1953g</i>
Inverkeithing	<i>1446e</i>	<i>1542g</i>		<i>1641g</i>		<i>1745g</i>		1828
Kirkcaldy	<i>1503e</i>	<i>1609g</i>		<i>1708g</i>		<i>1814g</i>		1846
Markinch		<i>1619g</i>		<i>1718g</i>		<i>1823g</i>		1856
Leuchars	<i>1528e</i>	<i>1624g</i>		<i>1724g</i>		<i>1833g</i>		1917
Dundee	<i>1546e</i>	<i>1637g</i>		<i>1738g</i>		<i>1848g</i>		1932
Arbroath	<i>1604e</i>	<i>1654g</i>		<i>1801g</i>		<i>1905g</i>		1949
Montrose	<i>1620e</i>	<i>1708g</i>		<i>1816g</i>		<i>1921g</i>		2003
Aberdeen	<i>1709e</i>	<i>1753g</i>		<i>1900g</i>		<i>2006g</i>		2043

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South Coast & the South West to the North East & Scotland

Saturdays

Notes: see pages 57 and 58

Features

Period of operation and Notes

		EJ	QA				
Penzance	d	0828	0845n		1000n		
Truro	d	0904	0926n		1041n		
St Austell	d	0920	0943n		1058n		
Bodmin Parkway	d	0939	1003n		1118n		
Liskeard	d	0951	1016n		1131n		
Plymouth	d	1025	1125		1223		
Totnes	d	1050	1150		1249		
Paignton	d	1023ag	1113ag		1243ag		
Torquay	d	1028ag	1118ag		1248ag		
Newton Abbot	d	1103	1203		1303		
Teignmouth	d	1055v	1148v		1239v		
Dawlish	d	1100v	1153v		1244v		
Exeter St Davids	d	1123	1223		1325		
Tiverton Parkway	d	1137	1237		1339		
Taunton	d	1151	1251		1354		
Bristol Temple Meads	d	1230	1330		1430		
Bristol Parkway	d	1240	1340		1440		
Gloucester	d	1246aj	1346aj		1446aj		
Cheltenham Spa	d	1312	1412		1512		
Bournemouth	d	1045h	1059ab	1145h	1245h		
Brockenhurst	d	1100h	1115ab	1200h	1300h		
Southampton Central	d	1115h	1147	1215h	1315h		
Southampton Airport Parkway →	d	1122h	1154	1222h	1322h		
Winchester	d	1131h	1203	1231h	1331h		
Basingstoke	d	1107ac	1147h	1219	1247h	1307ac	1347h
Guildford	d	1044ac	-	1144ac	-	1244ac	-
Reading	d	1140	1211h	1240	1311h	1340	1411h
Oxford	d	1207	1236h	1307	1336h	1407	1436h
Banbury	d	1224	1254h	1324	1354h	1424	1454h
Leamington Spa	d	1242	1312h	1342	1412h	1442	1512h
Coventry	d	1250h	1327h	1350h	1427h	1450h	1527h
Birmingham International →	d	1305h	1338h	1405h	1438h	1505h	1538h
Birmingham New Street	a	1318	1356	1418	1456	1518	1555
Birmingham New Street	d	1330	1403	1430	1503	1530	1603
Tamworth	d	1408hb	1419	1508hb	1536hb	1608hb	1617
Burton-on-Trent	d	1420hb	1447hb	1520hb	1527	1620hb	1650hb
Derby	d	1411	1444	1511	1544	1611	1641
Chesterfield	d	1436al	1503	1536al	1603	1636al	1702
Sheffield	d	1447	1521	1547	1621	1647	1721
Doncaster	d	1519	1604y	1619	1712y	1719	1811y
Wakefield Westgate	d	-	1547	-	1647	-	1747
Leeds	d	1512ap	1605	1612ap	1705	1712ap	1806
York	d	1548	1632	1648	1731	1747	1832
Darlington	d	1615	1700	1715	1758	1814	1900
Durham	d	1631	1716	1731	1814	1830	1918
Newcastle	d	1645a	1737	1745a	1836	1844a	1937
Morpeth	a	1721e	-	1840e	-	-	1959e
Alnmouth	a	1745e	1800	-	1907e	-	2003
Berwick-upon-Tweed	a	1739ar	1820	1840e	1917	1939e	2024
Dunbar	a	-	-	-	1940	-	-
Edinburgh Waverley	a	1827ar	1908	1931e	2006	2027e	2109
Haymarket	a	1834ar	1915	-	2017	-	2116
Motherwell	a	-	1952	-	-	-	2200
Glasgow Central	a	-	2011	-	-	-	2222
Inverkeithing	a	1854ar	1944g	-	2033	-	2211g
Kirkcaldy	a	1911ar	2010g	-	2050	-	2212g
Markinch	a	-	2019g	-	2100	-	2256g
Leuchars	a	1938ar	2028g	-	2125	-	2234g
Dundee	a	1952ar	2040g	-	2143	-	2248g
Arbroath	a	2010ar	2057g	-	2224bh	-	2305g
Montrose	a	2026ar	2112g	-	2239bh	-	2318g
Aberdeen	a	2115ar	2153g	-	2320bh	-	0003g

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

Penzance		1058n		1146n		1300n		1401n
Truro		1139n		1229n		1338n		1442n
St Austell		1156n		1247n		1355n		1459n
Bodmin Pkwy		1213n		1309n		1415n		1519n
Liskeard		1226n		1323n		1428n		1532n
Plymouth		1325		1425		1525		1625
Totnes		1350		1450		1550		1650
Paignton		1313ag		1413ag		1543ag		1613ag
Torquay		1318ag		1418ag		1548ag		1618ag
Newton A		1403		1503		1603		1703
Teignmouth		1348v		1448v		1542v		1638v
Dawlish		1353v		1453v		1547v		1643v
Exeter St D		1423		1523		1623		1723
Tiverton Pkwy		1437		1537		1637		1737
Taunton		1452		1551		1651		1751
Bristol TM		1530		1630		1730		1830
Bristol Pkwy		1540		1640		1740		1840
Gloucester		1546aj		1646aj		1746aj		1846aj
Cheltenham		1612		1712		1812		1912
Bournemouth	1259ab	1345h		1445h	1459ab	1545h		1645h
Brookenhurst	1315ab	1400h		1500h	1515ab	1600h		1700h
Southptn Ctl	1347	1415h		1515h	1547	1615h		1715h
Southptn Apt →	1354	1422h		1522h	1554	1622h		1722h
Winchester	1403	1431h		1531h	1603	1631h		1731h
Basingstoke	1419	1447h	1507ac	1547h	1619	1647h	1707ac	1747h
Guildford	1344ac	-	1444ac	-	1544ac	-	1644ac	-
Reading	1440	1511h	1540	1611h	1640	1711h	1740	1811h
Oxford	1507	1536h	1607	1636h	1707	1736h	1807	1836h
Banbury	1524	1554h	1624	1654h	1724	1754h	1824	1854h
Leamington	1542	1612h	1642	1712h	1742	1812h	1842	1912h
Coventry	1550h	1627h	1650h	1727h	1750h	1827h	1850h	1927h
Bham Intl →	1605h	1638h	1705h	1738h	1805h	1838h	1905h	1938h
Bham New St	1618	1656	1718	1756	1818	1856	1918	1958
Bham New St	1630	1703	1730	1803	1830	1903	1930	2003
Tamworth	1708hb	1736hb	1808hb	1819	1908hb	1936hb	2008hb	2019
Burton	1720hb	1726	1820hb	1847hb	1920hb	1927	2020hb	-
Derby	1711	1744	1811	1844	1911	1944	2011	2044
Chesterfield	1736al	1803	1838al	1903	1930	2005	2030	2105
Sheffield	1747	1821	1847	1922	1954	2024	2053	2121
Doncaster	1838y	1908y	1918	2002y	2019	-	2123	-
Wakefield	1813	1847	-	1950	-	2049	-	2149
Leeds	1835	1905	1912ap	2008	2012ap	2115	2048ap	2202a
York	1905	1932	1944	2033	2048	2157a	2148	2238f
Darlington	1937	1959	2013	2100	2115		2215	
Durham	1953	2015	2030	2117	2131		2231	
Newcastle	2008a	2038	2042a	2138	2144a		2247a	
Morpeth	2041e	2050	2108e	-				
Alnmouth		-	2124e	2201				
Berwick		2123	2149e	-				
Dunbar		2147	2213e	-				
Edinburgh		2214	2241e	2310				
Haymarket		2234g		2334g				
Motherwell								
Glasgow Ctl		0024g						
Inverkeithing		2301g						
Kirkcaldy		2323g						
Markinch		2333g						
Leuchars		0023g						
Dundee		0039g						
Arbroath								
Montrose								
Aberdeen								

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

South Coast & the South West to the North East & Scotland

Saturdays

Notes: see pages 57 and 58

Features			⓪	⓪		
Period of operation and Notes					QB	
Penzance	d	1452n				1552n
Truro	d	1531n				1633n
St Austell	d	1548n				1651n
Bodmin Parkway	d	1608n				1713n
Liskeard	d	1621n				1726n
Plymouth	d	1723				1825
Totnes	d	1749				1850
Paignton	d	1713ag				1752ag
Torquay	d	1718ag				1757ag
Newton Abbot	d	1803				1903
Teignmouth	d	1750v				1826v
Dawlish	d	1755v				1831v
Exeter St Davids	d	1825				1923
Tiverton Parkway	d	1839				1937
Taunton	d	1854				1951
Bristol Temple Meads	d	1930		2000		2030
Bristol Parkway	d	1940		2010		2040
Gloucester	d	1946aj		2012aj		2054aj
Cheltenham Spa	d	2012		2042		2112
Bournemouth	d	1659ab	1745h	-	1845	-
Brookenhurst	d	1715ab	1800h	-	1900	-
Southampton Central	d	1747	1815h	-	1915	-
Southampton Airport Parkway →	d	1754	1822h	-	1922	-
Winchester	d	1803	1831h	-	1931	-
Basingstoke	d	1819	1847h	1907ac	-	1947
Guildford	d	1744ac	-	1844ac	-	-
Reading	d	1840	1911h	1940	-	2011
Oxford	d	1907	1936h	2007	-	2036
Banbury	d	1924	1954h	2029	-	2054
Leamington Spa	d	1942	2012h	2046	-	2112
Coventry	d	1950h	2027h	-	-	2127
Birmingham International →	d	2005h	2038h	-	-	2138
Birmingham New Street	a	2018	2053	2118	2138	2148
Birmingham New Street	d	2030	2103			2153
Tamworth	d	2108hb	2119			2227hb
Burton-on-Trent	d	2120hb	2131			2239hb
Derby	d	2126	2148			2255hb
Chesterfield	d	2146	2208			
Sheffield	d	2209	2227			
Doncaster	d	2234	2253			
Wakefield Westgate	d	2244al	2311			
Leeds	d	2304al	2327a			
York	d	2257a	0009f			
Darlington	d					
Durham	d					
Newcastle	d					
Morpeth	a					
Alnmouth	a					
Berwick-upon-Tweed	a					
Dunbar	a					
Edinburgh Waverley	a					
Haymarket	a					
Motherwell	a					
Glasgow Central	a					
Inverkeithing	a					
Kirkcaldy	a					
Markinch	a					
Leuchars	a					
Dundee	a					
Arbroath	a					
Montrose	a					
Aberdeen	a					

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

Ⓩ Ⓩ Ⓩ
EP

Penzance			2132				
Truro			2213				
St Austell			2230				
Bodmin Pkwy			2249				
Liskeard			2302				
Plymouth			2327a				
Totnes							
Paignton							
Torquay							
Newton A							
Teignmouth							
Dawlish							
Exeter St D							
Tiverton Pkwy							
Taunton							
Bristol TM							
Bristol Pkwy							
Gloucester							
Cheltenham							
Bournemouth		1945					
Brockenhurst		2000					
Southptn Ctl		2015					
Southptn Apt →		2022					
Winchester		2031					
Basingstoke		2047					
Guildford		<i>2009ac</i>					
Reading	2040	2111					
Oxford	2107	2136					
Banbury	2125	2154					
Leamington	2145	2212					
Coventry	2156	2227					
Bham Intl →	2211	2238					
Bham New St	2221	2248					
Bham New St							
Tamworth	<i>2308hb</i>						
Burton	<i>2319hb</i>						
Derby	<i>2333hb</i>						
Chesterfield							
Sheffield							
Doncaster							
Wakefield							
Leeds							
York							
Darlington							
Durham							
Newcastle							
Morpeth							
Alnmouth							
Berwick							
Dunbar							
Edinburgh							
Haymarket							
Motherwell							
Glasgow Ctl							
Inverkeithing							
Kirkcaldy							
Markinch							
Leuchars							
Dundee							
Arbroath							
Montrose							
Aberdeen							

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

South Coast & the South West to the North East & Scotland

Sundays

Notes: see pages 57 and 58

Features		Ⓢ			
Period of operation and Notes		N		B	C
Penzance	d				
Truro	d				
St Austell	d				
Bodmin Parkway	d				
Liskeard	d				
Plymouth	d				
Totnes	d				
Paignton	d				
Torquay	d				
Newton Abbot	d				
Teignmouth	d				
Dawlish	d				
Exeter St Davids	d				
Tiverton Parkway	d				
Taunton	d				
Bristol Temple Meads	d				
Bristol Parkway	d				
Gloucester	d				
Cheltenham Spa	d				
Bournemouth	d				
Brockenhurst	d				
Southampton Central	d				
Southampton Airport Parkway →	d				
Winchester	d				
Basingstoke	d			0807ac	0807ac
Guildford	d			0752ac	0752ac
Reading	d			0911	0911
Oxford	d			0934a	0937
Banbury	d			1025ce	0953a
Leamington Spa	d			1100ce	1040cf
Coventry	d				
Birmingham International →	d				
Birmingham New Street	a				
Birmingham New Street	d				
Tamworth	d				
Burton-on-Trent	d				
Derby	d				
Chesterfield	d				
Sheffield	d			0921	
Doncaster	d			0937ap	
Wakefield Westgate	d			0945	
Leeds	d		0908	1008	
York	d		0937	1033	
Darlington	d		1004	1100	
Durham	d		1021	1117	
Newcastle	d	0945	1038	1138	
Morpeth	a	0957	-	-	
Alnmouth	a	1011	-	-	
Berwick-upon-Tweed	a	-	1119	1219	
Dunbar	a	-	-	-	
Edinburgh Waverley	a	1113	0804d	1203	1303
Haymarket	a		0807	1220	1314
Motherwell	a		-	1255	1350
Glasgow Central	a		-	1312	1414
Inverkeithing	a		0824	1300g	1340g
Kirkcaldy	a		0839	1316g	1404g
Markinch	a		-	-	1414g
Leuchars	a		0905	1339g	1435g
Dundee	a		0918	1352g	1450g
Arbroath	a		0935	1409g	
Montrose	a		0949	1424g	
Aberdeen	a		1029	1505g	

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	B	C			B	C
Penzance						
Truro						
St Austell						
Bodmin Pkwy						
Liskeard						
Plymouth						
Totnes						
Paignton						
Torquay						
Newton A						
Teignmouth						
Dawlish						
Exeter St D					0801q	
Tiverton Pkwy					0818q	
Taunton					0835q	
Bristol TM				0915	1030	
Bristol Pkwy				0925	1040	
Gloucester				1001	1036aj	
Cheltenham				1012	1112	
Bournemouth	0806ab	0806ab		-	-	0940 0940
Brockenhurst	0834ab	0834ab		-	-	0957 0957
Southptn Ctl	0915	0915		-	0915bi	1015 1015
Southptn Apt →	0922	0922		-	0922bi	1022 1022
Winchester	0931	0931		-	0931bi	1031 1031
Basingstoke	0947	0947		-	0947bi	1047 1047
Guildford	0859ac	0859ac		-	-	0952ac 0952ac
Reading	1011	1011		0911bi	1011bi	1111 1111
Oxford	1035a	1037		0937bi	1037bi	1135a 1137
Banbury	1125ce	1053a		0954bi	1054bi	1225ce 1153a
Leamington	1200ce	1140cf		1012h	1112bh	1300ce 1240cf
Coventry			0907h	1028h	1128h	
Bham Intl →			0925h	1040h	1140h	
Bham New St				1050	1150	
Bham New St	0903		1003	1103	1203	
Tamworth	0919		1018	1206hb	1219	
Burton	0928		1029	1126	1318j	
Derby	0944		1044	1144	1244	
Chesterfield	1003		1103	1203	1303	
Sheffield	1021		1121	1221	1321	
Doncaster	1051y		1152y	1256y	-	
Wakefield	1045		1145	1245	1346	
Leeds	1108		1208	1308	1408	
York	1132		1232	1332	1432	
Darlington	1159		1259	1359	1459	
Durham	1216		1315	1415	1515	
Newcastle	1238		1336	1436	1537	
Morpeth	-		-	1448	-	
Alnmouth	1310e		1359	1508e	1601	
Berwick	1340e		1420	1538e	1621	
Dunbar	1339		-	1540	-	
Edinburgh	1407		1505	1606	1706	
Haymarket	1427g		1514	1627g	1714	
Motherwell			1551		1752	
Glasgow Ctl			1613		1812	
Inverkeithing	1501e		1538g	1722g	1737b	
Kirkcaldy	1518e		1602g	1738g	1759b	
Markinch			1612g	1809g		
Leuchars	1542e		1633g	1801g	1830b	
Dundee	1557e		1648g	1814g	1846b	
Arbroath	1614e			1831g		
Montrose	1630e			1846g		
Aberdeen	1719e			1930g		

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South Coast & the South West to the North East & Scotland

Sundays

Notes: see pages 57 and 58

Features

Period of operation and Notes	ABD P	B	C	C P
Penzance	d			
Truro	d			
St Austell	d			
Bodmin Parkway	d			
Liskeard	d			
Plymouth	d	0925		
Totnes	d	0950		
Paignton	d	-		
Torquay	d	-		
Newton Abbot	d	1003		
Teignmouth	d	0928v		
Dawlish	d	0934v		
Exeter St Davids	d	1023		0935q
Tiverton Parkway	d	1037		0953q
Taunton	d	1051		1019q
Bristol Temple Meads	d	1130		1130
Bristol Parkway	d	1140		1140
Gloucester	d	1151aj		1151aj
Cheltenham Spa	d	1212		1212
Bournemouth	d	0940bi	1040	1040
Brookenhurst	d	0957bi	1057	1057
Southampton Central	d	1015bi	1115	1115
Southampton Airport Parkway →	d	1022bi	1122	1122
Winchester	d	1031bi	1131	1131
Basingstoke	d	1047bi	1147	1147
Guildford	d	-	1059ac	1059ac
Reading	d	1111bi	1211	1211
Oxford	d	1137bi	1235a	1237
Banbury	d	1154bi	1325ce	1253a
Leamington Spa	d	1212h	1400ce	1340cf
Coventry	d	1137h	1228h	1228h
Birmingham International →	d	1155h	1240h	1240h
Birmingham New Street	a	1250		1250
Birmingham New Street	d	1230	1303	1303
Tamworth	d	-	1406hb	1406hb
Burton-on-Trent	d	-	1326	1326
Derby	d	1311	1344	1344
Chesterfield	d	1330	1403	1403
Sheffield	d	1351	1421	1421
Doncaster	d	1415	1456y	1456y
Wakefield Westgate	d	-	1445	1445
Leeds	d	1412ap	1508	1508
York	d	1446	1532	1532
Darlington	d	1514	1559	1559
Durham	d	1531	1615	1615
Newcastle	d	1544a	1634	1634
Morpeth	a	-	-	-
Alnmouth	a	1658	-	1658
Berwick-upon-Tweed	a	1639e	-	-
Dunbar	a	-	1739	1739
Edinburgh Waverley	a	1727e	1807	1807
Haymarket	a	-	1816	1816
Motherwell	a	-	-	-
Glasgow Central	a	-	-	-
Inverkeithing	a	1828	-	1828
Kirkcaldy	a	1844	-	1844
Markinch	a	1853	-	1853
Leuchars	a	1914	-	1914
Dundee	a	1929	-	1929
Arbroath	a	1946	-	1946
Montrose	a	2000	-	2000
Aberdeen	a	2043	-	2043

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	ABD	C	AD	B	C	BC	C	ABD L
Penzance								0930
Truro								1006
St Austell								1022
Bodmin Pkwy								1041
Liskeard								1053
Plymouth	1025						1105ch	1125
Totnes	1050						1115cg	1150
Paignton	0949ag						1100ag	1100ag
Torquay	0954ag						1105ag	1105ag
Newton A	1103						1200	1203
Teignmouth	1014v						1132v	1132v
Dawlish	1019v						1137v	1137v
Exeter St D	1123						1223	1223
Tiverton Pkwy	1137						1237	1237
Taunton	1153						1251	1251
Bristol TM	1230	1230					1330	1330
Bristol Pkwy	1240	1240					1340	1340
Gloucester	1247aj	1247aj					1351aj	1351aj
Cheltenham	1312	1312					1412	1412
Bournemouth	1040bi	-		1140	1140		-	1140bi
Brockenhurst	1057bi	-		1157	1157		-	1157bi
Southptn Ctl	1115bi	-		1215	1215		-	1215bi
Southptn Apt →	1122bi	-		1222	1222		-	1222bi
Winchester	1131bi	-		1231	1231		-	1231bi
Basingstoke	1147bi	-	1207ac	1247	1247		-	1247bi
Guildford	-	-	1214	1152ac	1152ac		-	-
Reading	1211bi	-	1254	1311	1311		-	1311bi
Oxford	1237bi	-	1317	1335a	1337		-	1337bi
Banbury	1254bi	-	1335		1353a		-	1354bi
Leamington	1312h	1312h	1352		1440cf		1412h	1412h
Coventry	1326h	1326h	1340h			1340h	1426h	1426h
Bham Intl →	1338h	1338h	1351h			1351h	1438h	1438h
Bham New St	1350	1350	1419				1450	1450
Bham New St	1403	1403	1430			1430	1503	1503
Tamworth	1419	1419	1508hb			-	1606hb	1606hb
Burton	1520hb	1520hb	1520hb			-	1528	1528
Derby	1444	1444	1511			1511	1544	1544
Chesterfield	1503	1503	-			-	1603	1603
Sheffield	1521	1521	1551			1551	1621	1621
Doncaster	1556y	1556y	1617			1617	1656y	1656y
Wakefield	1545	1545	-			-	1645	1645
Leeds	1608	1608	1612ap			1712ap	1708	1708
York	1632	1632	1647			1647	1732	1732
Darlington	1659	1659	1717			1717	1759	1759
Durham	1715	1715	1734			1734	1815	1815
Newcastle	1738	1738	1747a			1747a	1836	1836
Morpeth	-	-					-	-
Alnmouth	1801	1801	1908e			1908e	1908e	1908e
Berwick	1822	1822	1839ap			1839ap	1917	1917
Dunbar	-	-					1940	1940
Edinburgh	1906	1906	1926ap			1926ap	2005	2005
Haymarket	1922	1922					2019g	2019g
Motherwell	2000	2000						
Glasgow Ctl	2020	2020						
Inverkeithing	2017g	2017g					2037g	2037g
Kirkcaldy							2059g	2059g
Markinch							2144g	2144g
Leuchars							2205g	2205g
Dundee							2218g	2218g
Arbroath							2237g	2237g
Montrose							2252g	2252g
Aberdeen							2336g	2336g

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South Coast & the South West to the North East & Scotland

Sundays

Notes: see pages 57 and 58

Features

Period of operation and Notes	AD	BC	ABD	C	ABD
Penzance	d		0947n		1100n
Truro	d		1028n		1142n
St Austell	d		1045n		1159n
Bodmin Parkway	d		1106n		1219n
Liskeard	d		1119n		1233n
Plymouth	d		1225	1205ch	1323
Totnes	d		1250	1215cg	1349
Paignton	d		1148ag	1148ag	1257ag
Torquay	d		1153ag	1153ag	1302ag
Newton Abbot	d		1303	1303	1403
Teignmouth	d		1213v	1213v	1322v
Dawlish	d		1218v	1218v	1327v
Exeter St Davids	d		1323	1323	1425
Tiverton Parkway	d		1337	1337	1439
Taunton	d		1351	1351	1454
Bristol Temple Meads	d		1430	1430	1530
Bristol Parkway	d		1440	1440	1540
Gloucester	d		1447aj	1447aj	1547aj
Cheltenham Spa	d		1512	1512	1612
Bournemouth	d		1240h	1240h	1340h
Brockenhurst	d		1257h	1257h	1357h
Southampton Central	d		1315h	1315h	1415h
Southampton Airport Parkway →	d		1322h	1322h	1422h
Winchester	d		1331h	1331h	1431h
Basingstoke	d	1307ac	1347h	1347h	1447h
Guildford	d		-	-	1259ac
Reading	d	1340	1411h	1411h	1440
Oxford	d	1405	1437h	1437h	1506
Banbury	d	1424	1454h	1454h	1525
Leamington Spa	d	1442	1512h	1512h	1543
Coventry	d	1440h	1440h	1526h	1540h
Birmingham International →	d	1451h	1451h	1538h	1551h
Birmingham New Street	a	1509	1550	1550	1612
Birmingham New Street	d	1530	1530	1603	1603
Tamworth	d	1606hb	-	1619	1706hb
Burton-on-Trent	d	1618hb	-	-	1718hb
Derby	d	1611	1611	1644	1644
Chesterfield	d	-	-	1703	1703
Sheffield	d	1651	1651	1721	1721
Doncaster	d	1717	1717	1805y	1805y
Wakefield Westgate	d	-	-	1747	1748
Leeds	d	-	-	1808	1808
York	d	1746	1746	1832	1832
Darlington	d	1813	1813	1859	1859
Durham	d	1830	1830	1915	1915
Newcastle	d	1843a	1843a	1940	1940
Morpeth	a			1958e	1958e
Alnmouth	a			2004	2004
Berwick-upon-Tweed	a	1939e	1939e	2024	2024
Dunbar	a			2054e	2054e
Edinburgh Waverley	a	2026e	2026e	2108	2108
Haymarket	a			2115	2115
Motherwell	a			2153	2153
Glasgow Central	a			2214	2214
Inverkeithing	a			2217g	2217g
Kirkcaldy	a			2305g	2305g
Markinch	a			2319g	2319g
Leuchars	a			2340g	2340g
Dundee	a			2356g	2356g
Arbroath	a				
Montrose	a				
Aberdeen	a				

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	Ⓢ C EW	C	ABD	C	ABD	Ⓢ C EY	
Penzance	1035		1205n		1243n	1230	
Truro	1111		1243n		1325n	1314	
St Austell	1127		1259n		1343n	1330	
Bodmin Pkwy	1146		1319n		1403n	1352	
Liskeard	1158		1333n		1416n	1404	
Plymouth	1222a	1310ch	1423	1410ch	1523	1428a	
Totnes	1315cj	1315cg	1449	1415cg	1549	1525cj	
Paignton		1257ag	1419ag	1419ag	1457ag		
Torquay		1302ag	1424ag	1424ag	1502ag		
Newton A	1340cj	1403	1503	1501	1603	1550cj	
Teignmouth		1322v	1455v	1455v	1522v		
Dawlish		1327v	1500v	1500v	1527v		
Exeter St D		1425	1525	1525	1624		
Tiverton Pkwy	1430cj	1439	1538	1538	1637	1630cj	
Taunton		1454	1554	1554	1653		
Bristol TM		1530	1630	1630	1730		
Bristol Pkwy		1540	1640	1640	1740		
Gloucester		1547aj	1647aj	1647aj	1747aj		
Cheltenham		1612	1712	1712	1812		
Bournemouth		1340h	1440h	1440h	1540h		
Brockenhurst		1357h	1457h	1457h	1557h		
Southptn Ctl		1415h	1515h	1515h	1615h		
Southptn Apt →		1422h	1522h	1522h	1622h		
Winchester		1431h	1531h	1531h	1631h		
Basingstoke		1447h	1547h	1547h	1647h		
Guildford		-	1352ac	-	1459ac	-	
Reading		1511h	1540	1611h	1611h	1641	1711h
Oxford		1537h	1606	1637h	1637h	1706	1737h
Banbury		1554h	1625	1654h	1654h	1725	1754h
Leamington		1612h	1643	1712h	1712h	1743	1812h
Coventry		1626h	1640h	1726h	1726h	1740h	1826h
Bham Intl →		1638h	1651h	1738h	1738h	1751h	1838h
Bham New St		1650	1712	1749	1749	1809	1851
Bham New St		1703	1730	1803	1803	1830	1903
Tamworth		-	1806hb	1819	1819	1908hb	-
Burton		1728	1818hb	-	-	1920hb	1926
Derby		1743	1811	1843	1843	1905	1941
Chesterfield		1804	1834al	1905	1905	1927al	2002
Sheffield		1821	1851	1921	1921	1951	2021
Doncaster		1906y	1917	2007y	2007y	2018	2105y
Wakefield		1848	-	1949	1949	-	2047
Leeds		1908	1912ap	2008	2008	2012ap	2108
York		1932	1946	2032	2032	2047	2131a
Darlington		2000	2013	2100	2100	2114	
Durham		2018	2029	2118	2118	2132	
Newcastle		2038	2051	2138	2138	2144a	
Morpeth		2052	-	-	-	2205ar	
Alnmouth		2113e	-	2204	2204	2222ar	
Berwick		2125	2149e	-	-	2247ar	
Dunbar		2148	-	-	-	2311ar	
Edinburgh		2216	2223	2308	2308	2341ar	
Haymarket			2239g	2322g	2322g		
Motherwell							
Glasgow Ctl							
Inverkeithing			2358g	2358g			
Kirkcaldy							
Markinch							
Leuchars							
Dundee							
Arbroath							
Montrose							
Aberdeen							

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South Coast & the South West to the North East & Scotland

Sundays

Notes: see pages 57 and 58

Features					Ⓢ
Period of operation and Notes	C	ABD	C		C EZ
Penzance	d				1530
Truro	d				1609
St Austell	d				1625
Bodmin Parkway	d				1644
Liskeard	d				1656
Plymouth	d	1510ch	1625	1610ch	1719a
Totnes	d	1515cg	1650	1615cg	1830cj
Paignton	d	1457ag	1621ag	1622ag	
Torquay	d	1502ag	1626ag	1627ag	
Newton Abbot	d	1601	1703	1703	1855cj
Teignmouth	d	1522v	1645v	1649v	
Dawlish	d	1527v	1650v	1654v	
Exeter St Davids	d	1625	1723	1723	
Tiverton Parkway	d	1638	1737	1737	1930cj
Taunton	d	1654	1751	1751	
Bristol Temple Meads	d	1730	1830	1830	
Bristol Parkway	d	1740	1840	1840	
Gloucester	d	1747aj	1847aj	1847aj	
Cheltenham Spa	d	1812	1912	1912	
Bournemouth	d	1540h	1640h	1640h	
Brockenhurst	d	1557h	1657h	1657h	
Southampton Central	d	1615h	1715h	1715h	
Southampton Airport Parkway →	d	1622h	1722h	1722h	
Winchester	d	1631h	1731h	1731h	
Basingstoke	d	1647h	1707ac	1747h	1807ac
Guildford	d	-	1552ac	-	1659ac
Reading	d	1711h	1740	1811h	1841
Oxford	d	1737h	1806	1837h	1906
Banbury	d	1754h	1825	1854h	1925
Leamington Spa	d	1812h	1843	1912h	1943
Coventry	d	1826h	1840h	1926h	1954
Birmingham International →	d	1838h	1851h	1938h	2004
Birmingham New Street	a	1851	1911	1950	2015
Birmingham New Street	d	1903	1930	2003	2003
Tamworth	d	-	2006hb	2019	2019
Burton-on-Trent	d	1926	2018hb	-	-
Derby	d	1941	2003	2043	2043
Chesterfield	d	2002	2031al	2103	2103
Sheffield	d	2021	2051	2121	2121
Doncaster	d	2105y	2123	2238y	2238y
Wakefield Westgate	d	2047	2127al	2148	2148
Leeds	d	2108	2144al	2204a	2204a
York	d	2131a	2147	2311f	2311f
Darlington	d		2224		
Durham	d		2241		
Newcastle	d		2310a		
Morpeth	a				
Alnmouth	a				
Berwick-upon-Tweed	a				
Dunbar	a				
Edinburgh Waverley	a				
Haymarket	a				
Motherwell	a				
Glasgow Central	a				
Inverkeithing	a				
Kirkcaldy	a				
Markinch	a				
Leuchars	a				
Dundee	a				
Arbroath	a				
Montrose	a				
Aberdeen	a				

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Please note : All direct CrossCountry services are in **bold**.

For help: see 'Using Your Timetable' on page 9

	ABD M	C	ABD	Ⓢ C	ABD	C	Ⓢ
Penzance	1530					1610n	
Truro	1609					1653n	
St Austell	1625					1710n	
Bodmin Pkwy	1644					1729n	
Liskeard	1656					1742n	
Plymouth	1726	1710ch		1745ag		1823	1810ch
Totnes	1752	1715cg		1813ag		1849	1815cg
Paignton	1655ag	1658ag		1820		1749ag	1749ag
Torquay	1700ag	1703ag		1826		1754ag	1754ag
Newton A	1804	1804		1837		1903	1903
Teignmouth	1727v	1722v		1814v		-	1814v
Dawlish	1732v	1727v		1819v		-	1819v
Exeter St D	1823	1823		1858		1925	1925
Tiverton Pkwy	1838	1838		1911		1938	1938
Taunton	1852	1852		1925		1954	1954
Bristol TM	1930	1930		2000	2000	2030	2030
Bristol Pkwy	1940	1940		2010	2010	2040	2040
Gloucester	1952aj	1952aj		-	-	2050aj	2054aj
Cheltenham	2012	2012		2042	2042	2112	2112
Bournemouth	1740h	1740h		-	-	1840h	1840h
Brookenhurst	1757h	1757h		-	-	1857h	1857h
Southptn Ctl	1815h	1815h		-	-	1915h	1915h
Southptn Apt →	1822h	1822h		-	-	1922h	1922h
Winchester	1831h	1831h		-	-	1931h	1931h
Basingstoke	1847h	1847h		-	-	1947h	1947h
Guildford	-	-	1907ac	-	-	-	2007ac
Reading	1911h	1911h	1940	-	-	2010h	2010h
Oxford	1937h	1937h	2006	-	-	2037h	2037h
Banbury	1954h	1954h	2025	-	-	2054h	2054h
Leamington	2012h	2012h	2043	-	-	2112h	2112h
Coventry	2026h	2026h	2054	-	-	2126h	2126h
Bham Intl →	2038h	2038h	2104	-	-	2138h	2138h
Bham New St	2050	2050	2115	2120	2120	2151	2151
Bham New St	2103	2103				2203	2203
Tamworth	2119	2119				2218	2218
Burton	2130	2130				-	-
Derby	2144	2144				2244	2244
Chesterfield	2203	2203				2305	2305
Sheffield	2221	2221				2324	2324
Doncaster	2256y	2256y				0013y	0013y
Wakefield	2243	2243				-	-
Leeds	2301a	2301a				0016a	0016a
York	0026f	0026f				0122f	0122f
Darlington							
Durham							
Newcastle							
Morpeth							
Alnmouth							
Berwick							
Dunbar							
Edinburgh							
Haymarket							
Motherwell							
Glasgow Ctl							
Inverkeithing							
Kirkcaldy							
Markinch							
Leuchars							
Dundee							
Arbroath							
Montrose							
Aberdeen							

These times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling 08457 48 49 50 (calls may be recorded).

South Coast & the South West to the North East & Scotland

Sundays

Notes: see pages 57 and 58

Features		⓪	⓪	⓪	⓪	⓪
Period of operation and Notes		C		ABD	C	
Penzance	d					
Truro	d					
St Austell	d					
Bodmin Parkway	d					
Liskeard	d					
Plymouth	d		1820cg		1955q	
Totnes	d		1905cg			
Paignton	d		1855ag			
Torquay	d		1900ag			
Newton Abbot	d		1950		2032q	
Teignmouth	d		1920v			
Dawlish	d		1925v			
Exeter St Davids	d		2010		2055q	2045
Tiverton Parkway	d		2024		2110q	2058
Taunton	d		2040		2123q	2113
Bristol Temple Meads	d		2120		2210	2210
Bristol Parkway	d		2130		2220	2220
Gloucester	d		-		-	-
Cheltenham Spa	d		2205		2252	2252
Bournemouth	d	1940	-		-	-
Brockenhurst	d	1957	-		-	-
Southampton Central	d	2015	-		-	-
Southampton Airport Parkway →	d	2022	-		-	-
Winchester	d	2031	-		-	-
Basingstoke	d	2047	-	2107ac	-	-
Guildford	d	1952ac	-		-	-
Reading	d	2109	-	2140	-	-
Oxford	d	2137	-	2206	-	-
Banbury	d	2154	-	2224	-	-
Leamington Spa	d	2212	-	2242	-	-
Coventry	d	2223	-	2253	-	-
Birmingham International →	d	2233	-	2303	-	-
Birmingham New Street	a	2242	2246	2313	2339	2339
Birmingham New Street	d					
Tamworth	d					
Burton-on-Trent	d					
Derby	d					
Chesterfield	d					
Sheffield	d					
Doncaster	d					
Wakefield Westgate	d					
Leeds	d					
York	d					
Darlington	d					
Durham	d					
Newcastle	d					
Morpeth	a					
Alnmouth	a					
Berwick-upon-Tweed	a					
Dunbar	a					
Edinburgh Waverley	a					
Haymarket	a					
Motherwell	a					
Glasgow Central	a					
Inverkeithing	a					
Kirkcaldy	a					
Markinch	a					
Leuchars	a					
Dundee	a					
Arbroath	a					
Montrose	a					
Aberdeen	a					

An at-seat service of food and drink is available on the majority of the CrossCountry services shown in this timetable. See page 6 for details.

Notes


Additional services are provided by other train companies, contact National Rail Enquiries for full service information.

a	Arrival time
ab	Change at Southampton Central
ac	Change at Bristol Parkway
ad	Until 12 February and from 1 April change at Bristol Parkway
ai	Change at Newton Abbot
ax	Change at Oxford
b	Change at Stoke-on-Trent
c	Change at Crewe
d	Departure time
g	Change at Birmingham New Street
ga	Arrival time. Change at Birmingham New Street
gb	Arrival time, until 12 February and from 1 April. Change at Birmingham New Street
gc	Until 12 February and from 1 April. Change at Birmingham New Street
gd	Until 1 January and from 1 April. Change at Birmingham New Street
j	Change at Reading
n	Change at Bristol Temple Meads
p	Change at Cheltenham Spa
s	Stops to set down only
t	Change at Stafford
ta	Change at Oxford out of rail replacement road transport
tb	Change at Banbury out of rail replacement road transport
tc	Change at Plymouth out of rail replacement road transport
td	From 8 January to 12 February change at Leamington Spa out of rail replacement road transport
te	Change at Banbury into rail replacement road transport
tf	Change at Oxford into rail replacement road transport
tg	Change at Leamington Spa into rail replacement road transport
th	From 8 February to 25 March. Change at Leamington Spa into rail replacement road transport
tj	Change at Newton Abbot into rail replacement road transport
tk	Change at Plymouth into rail replacement road transport
tl	Change at Newton Abbot out of rail replacement road transport
tm	Change at Tiverton Parkway into rail replacement road transport
u	Stops to pick up only
v	Change at Wolverhampton
w	Change at Plymouth
z	Change at Exeter St Davids

Period of operations and notes

A	Until 1 January
AB	Until 12 February
ABD	Until 12 February and from 31 March
AD	Until 1 January and from 1 April
B	From 8 January to 12 February
BC	From 8 January to 25 March
C	From 18/19 February to 24/25 March
D	From 1 April
E	Also calls at Lostwithiel 0628, Par 0636, Redruth 0718, Camborne 0725, Hayle 0735 and St Erth 0740
EA	Also calls at Par 1946, Redruth 2025, Camborne 2031 and St Erth 2042
EB	Also calls at Stonehaven 0838, Cupar 0954, Ladybank 1001, Par 2035 Redruth 2115, Camborne 2122 and St Erth 2133
EC	Also calls at Lostwithiel 2131, Par 2139, Redruth 2214, Camborne 2221, Hayle 2229 and St Erth 2234
ED	Also calls at Cupar 0654 and Ladybank 0703
EE	Also calls at Stonehaven 2149, Cupar 2303 and Ladybank 2310

EF	Also calls at Chester-le-Street 1741
EG	Also calls at Stonehaven 0732
EH	Also calls at Ladybank 1903, Cupar 1915 and Stonehaven 2026
EI	Also calls at St Erth 0636, Camborne 0646, Redruth 0652 and Par 0728
EJ	Also calls at St Erth 0836, Camborne 0846, Redruth 0852 and Par 0928
EK	Also calls at St Erth 2216, Hayle 2220, Camborne 2230, Redruth 2236, Par 2312 and Lostwithiel 2319
EL	Also calls at Stonehaven 0838, Cupar 0954, Ladybank 1001, Lostwithiel 2028, Par 2035 Redruth 2112, Camborne 2118, Hayle 2126 and St Erth 2131
EM	Also calls at Par 2148, Redruth 2227, Camborne 2234 and St Erth 2245
EN	Also calls at Stonehaven 2135, Cupar 2249 and Ladybank 2257
EO	Also calls at St Erth 0638, Hayle 0641, Camborne 0651, Redruth 0657, Par 0732 and Lostwithiel 0739
EP	Also calls at St Erth 2142, Camborne 2153, Redruth 2200 and Par 2237
EQ	Also calls at Stonehaven 1129 and Cupar 1245
ER	Also calls at Stonehaven 2145, Cupar 2259 and Ladybank 2306
ES	Terminates at Eastleigh 1919
EW	Also calls at St Erth 1043, Camborne 1053, Redruth 1059 and Par 1135
EY	Also calls at St Erth 1240, Hayle 1244, Camborne 1256, Redruth 1302, Par 1338 and Lostwithiel 1345
EZ	Also calls at St Erth 1538, Camborne 1551, Redruth 1557 and Par 1633
F	Also calls at Lostwithiel 0708, Par 0714, Redruth 0749, Camborne 0756, Hayle 0804 and St Erth 0810
G	Also calls at Par 1340, Redruth 1418, Camborne 1424 and St Erth 1435
H	Also calls at Par 1940, Redruth 2019, Camborne 2026 and St Erth 2038
J	Until 23 March
JA	From 26 March
K	Also calls at Par 2135, Redruth 2211, Camborne 2217 and St Erth 2229
L	Also calls at St Erth 0938, Camborne 0948, Redruth 0954 and Par 1030
M	Also calls at St Erth 1538, Camborne 1551, Redruth 1557 and Par 1633
MO	Mondays only
MX	Mondays excepted
N	Also calls at Cupar 0856 and Stonehaven 1009
P	Also calls at Ladybank 1901, Cupar 1907 and Stonehaven 2023
Q	Starts from Nottingham 0637 also calls at Beeston 0643
QA	Also calls at Ladybank 2110 and Cupar 2118
QB	Service continues to Manchester Piccadilly 2332
S	Starts from Bath Spa 0609

 A seat reservation is strongly advised as these services are usually very busy.

 Refreshments are not available on these services.

 Service operated by rail replacement road transport.