

Plymouth					06.27					07.27					08.25				09.27								10.27						
Totnes					06.53					07.53					08.51				09.53									10.53					
Newton Abbot					07.06					08.06					09.03				10.06									11.06					
Teignmouth																																	
Dawlish																																	
Exeter St Davids					07.27					08.27					09.27				10.27									11.27					
Tiverton Parkway					07.41					08.41					09.41				10.41									11.41					
Taunton					07.53					08.53					09.53				10.53									11.53					
Weston-super-Mare																																	
Cardiff Central				07.45					08.45					09.45				10.45									11.45						
Newport (Gwent)				08.01					09.00					09.59				11.00								11.58							
Bristol Temple Meads	Arr				08.29				09.24					10.24				11.24								12.24							
	Dep				08.34				09.34					10.34				11.34								12.35							
Bristol Parkway					08.44				09.44					10.44				11.44								12.45							
Severn Tunnel Junction																																	
Caldicot																																	
Chepstow								09.19					10.17												12.16								
Lydney				08.27														11.25															
Gloucester	Arr			08.46					09.45					10.43				11.44							12.42								
	Dep			08.49					09.49					10.48				11.48							12.44								
Cheltenham Spa				08.59		09.16		10.00		10.16			10.59		11.16		11.59		12.16					12.55			13.16						
Ashchurch																																	
Worcestershire Parkway				09.14				10.14					11.14				12.14							13.14									
University				09.39				10.39					11.39				12.39							13.39									
Bournemouth	Dep			06.30				07.30					08.45				09.45								10.45								
Brookenhurst				06.46				07.48					09.00				10.00								11.00								
Southampton Central				07.14				08.12					09.17				10.17								11.17								
Southampton Airport				07.22				08.19					09.24				10.24								11.24								
Winchester				07.31				08.31					09.33				10.33								11.33								
Basingstoke				07.51				08.49					09.49				10.49								11.49								
Reading	Arr			08.09				09.05					10.06				11.06							12.06									
	Dep			08.15				09.12					10.15				11.15							12.13									
Oxford				08.39				09.39					10.39				11.39							12.39									
Banbury				08.57				09.57					10.57				11.57							12.57									
Leamington Spa				09.15				10.15					11.15				12.15							13.15									
Coventry				09.27				10.27					11.27				12.27							13.27									
Birmingham International				09.38				10.38					11.38				12.38							13.38									
Birmingham New Street	Arr		09.45	09.49	09.58		10.45	10.48	10.56		11.45	11.48	11.58		12.45	12.48	12.56		13.45	13.48	13.56												
Birmingham New Street	Dep	09.22	09.49	09.57	10.03	10.22	10.49	10.57	11.03	11.22	11.49	11.57	12.03	12.22	12.49	12.57	13.03	13.22	13.49	13.57	14.03	14.22											
Wolverhampton				10.14				11.14					12.14				13.14							14.14									
Stafford				10.28				11.28					12.28				13.28							14.28									
Stoke-on-Trent				10.44				11.44					12.44				13.44							14.44									
Congleton																																	
Macclesfield				11.02				12.02					13.02				14.02							15.02									
Crewe																																	
Wilmslow																																	
Stockport				11.14				12.14					13.14				14.14							15.14									
Manchester Piccadilly	Arr			11.24				12.24					13.24				14.24							15.24									
Water Orton																																	
Colehill Parkway		09.36					10.37						11.36				12.36							13.36									14.36
Nuneaton		09.51					10.52						11.51				12.51							13.51									14.51
Hinckley																																	
Narborough																																	
South Wigston																																	
Leicester		10.18					11.18						12.18				13.18							14.18									15.18
Melton Mowbray		10.34					11.34						12.34				13.34							14.34									15.34
Oakham		10.46					11.46						12.46				13.46							14.46									15.46
Stamford		11.00					12.00						13.00				14.00							15.00									16.00
Peterborough		11.19					12.19						13.19				14.19							15.19									16.19
Whittlesea																																	
March		11.34					12.34						13.34				14.34							15.34									16.34
Manea																																	
Ely		11.54					12.53						13.53				14.53							15.53									16.54
Cambridge		12.11					13.11						14.11				15.11							16.11									17.11
Audley End		12.26					13.26						14.26				15.26							16.26									17.26
Stansted Airport	Arr	12.41					13.41						14.41				15.41							16.41									17.41
Wilnecote								11.05										13.05															
Tamworth			10.08		10.19		11.09					12.07			12.20		13.09																
Burton-on-Trent			10.19				11.21			11.26			12.19			13.20																	
Willington			10.25									12.25																					
Derby	Arr		10.34		10.42		11.35			11.40			12.35			12.40		13.32						13.39			14.32					14.37	
	Dep		10.40		10.44		11.40			11.45			12																				

Days Run																								
Edinburgh Waverley	Dep			06.06				07.10				08.08				09.07			10.10				11.06	
Dunbar								07.32								09.28							11.28	
Berwick-upon-Tweed				06.50								08.51				09.52			10.51				11.51	
Alnmouth				07.11												10.12							12.12	
Morpeth												09.24							11.22					
Newcastle Central				07.40				08.40				09.41				10.42			11.39				12.42	
Durham				07.53				08.54				09.55				10.54			11.53				12.54	
Darlington				08.12				09.12				10.12				11.12			12.12				13.12	
York				08.44				09.44				10.44				11.44			12.44				13.44	
Leeds				09.11				10.11				11.11				12.11			13.11				14.11	
Wakefield Westgate				09.23				10.23				11.23				12.23			13.23				14.23	
Doncaster																								
Sheffield				09.56				10.56				11.56				12.56			13.56				14.56	
Chesterfield				10.09				11.08				12.09				13.08			14.08				15.08	
Nottingham		Dep				10.07						12.07				13.07						14.07		
Beeston						10.12						12.12				13.12						14.12		
Attenborough																								
Long Eaton						10.24						12.22				13.22						14.22		
Spondon																								
Derby	Arr			10.28	10.34			11.26	11.33			12.28	12.33			13.27	13.34					14.25	14.34	15.25
Willington	Dep			10.30	10.38			11.32	11.38			12.30	12.38			13.30	13.38					14.30	14.38	15.28
Burton-on-Trent						10.50						12.49				13.41	13.51					14.50		15.38
Tamworth				10.50	11.02							12.50	13.02						14.48	15.03				15.07
Wilnecote						11.06																		
Stansted Airport	Dep	07.21				08.21						09.21				10.27						12.27		
Audley End		07.41				08.41						09.41				10.41						12.41		
Cambridge		08.01				09.01						10.00				11.01						13.01		
Ely		08.16				09.16						10.16				11.16						13.16		
Manea																								
March		08.32				09.32						10.32				11.32						13.32		
Whittlesea																								
Peterborough		08.54				09.54						10.54				11.54						13.54		
Stamford		09.07				10.07						11.07				12.07						14.07		
Oakham		09.21				10.21						11.21				12.21						14.21		
Melton Mowbray		09.32				10.32						11.32				12.32						14.32		
Leicester		09.50				10.50						11.50				12.50						14.50		
South Wigston																								
Narborough																								
Hinckley																								
Nuneaton		10.09				11.09						12.09				13.09						15.09		
Coleshill Parkway		10.25				11.25						12.25				13.25						15.25		
Water Orton																								
Manchester Piccadilly	Dep	09.27				10.27						11.27				12.27						13.27		14.27
Stockport		09.36				10.36						11.36				12.36						13.36		14.36
Wilmslow																								
Crewe																								
Macclesfield		09.49				10.49						11.49				12.49						13.49		14.49
Congleton																								
Stoke-on-Trent		10.07				11.07						12.07				13.07						14.07		15.07
Stafford		10.24				11.24						12.28				13.28						14.25		15.28
Wolverhampton		10.42				11.42						12.42				13.42						14.39		15.42
Birmingham New Street	Arr	10.38	10.58	11.08	11.24	11.38	11.59	12.06	12.24	12.38	12.59	13.08	13.24	13.38	13.59	14.05	14.24	14.38	14.59	15.05	15.24	15.38	15.58	16.04
Birmingham New Street	Dep	11.04	11.12	11.30		12.04	12.12	12.30		13.04	13.12	13.30		14.04	14.12	14.30		15.04	15.12	15.30		16.04	16.12	
Birmingham International		11.14				12.14				13.14				14.14				15.14				16.14		
Coventry		11.25				12.25				13.25				14.25				15.25				16.25		
Leamington Spa		11.37				12.37				13.37				14.37				15.37				16.37		
Banbury		11.54				12.54				13.54				14.54				15.54				16.54		
Oxford		12.16				13.16				14.16				15.16				16.16				17.16		
Reading	Arr	12.42				13.40				14.40				15.39				16.41				17.39		
Basingstoke	Dep	12.50				13.49				14.49				15.49				16.52				17.52		
Winchester		13.12				14.12				15.12				16.12				17.12				18.11		
Southampton Airport		13.27				14.27				15.27				16.27				17.27				18.26		
Southampton Central		13.36				14.35				15.36				16.36				17.36				18.35		
Brockenhurst		13.45				14.44				15.45				16.45				17.45				18.45		
Bournemouth	Arr	13.59				14.58				15.59				16.59				17.59				18.59		
Bournemouth		14.13				15.12				16.13				17.14				18.14				19.13		
University						11.37				12.37				13.37				14.37				15.37		
Worcestershire Parkway						11.58				12.58				13.58				14.58				15.58		
Ashchurch																								
Cheltenham Spa				11.52	12.14			12.52	13.15			13.52	14.15			14.52	15.15			15.52	16.15			16.52
Gloucester	Arr			12.23				13.25				14.23				15.25			16.24					
Lydney	Dep			12.25				13.27				14.25				15.26			16.25					
Chepstow								13.46											16.45					
Caldicot				12.51										14.51				15.53				16.54		
Severn Tunnel Junction																								
Bristol Parkway				12.22				13.21				14.23				15.21			16.23					17.23
Bristol Temple Meads	Arr			12.32				13.32				14.32			15.34			16.32						17.32
Bath Spa	Dep			12.45				13.45				14.45			15.45			16.45						17.45
Newport (Gwent)						13.14				14.13				15.11			16.14				17.13			
Cardiff Central						13.26				14.25				15.23			16.29				17.25			
Weston-super-Mare																								
Taunton				13.18				14.18				15.18			16.18			17.18						18.18
Tiverton Parkway				13.31				14.31				15.31			16.31			17.30						18.30
Exeter St Davids				13.49				14.48				15.48			16.47			17.46						18.47
Dawlish																								
Teignmouth																								
Newton Abbot				14.09				15.08				16.08			17.07			18.06						19.07
Totnes				14.21				15.21				16.21			17.19			18.18						19.19
Plymouth				14.48				15.47				16.47			17.45			18.44						19.45

Days Run																FO	FSX			MTWO	THFO															
Edinburgh Waverley	Dep				12.08					13.08					14.09						15.08							16.08								
Dunbar										13.30												15.29														
Berwick-upon-Tweed					12.50										14.50																					
Alnmouth										14.13																		17.07								
Morpeth					13.21																							17.21								
Newcastle Central					13.39					14.42					15.39							16.39						17.39								
Durham					13.53					14.55					15.51							16.53						17.54								
Darlington					14.11					15.13					16.09							17.12						18.12								
York					14.44					15.44					16.44							17.44						18.44								
Leeds					15.11					16.11					17.11							18.11						19.11								
Wakefield Westgate					15.23					16.23					17.23							18.23						19.23								
Doncaster																																				
Sheffield					15.56					16.56					17.56							18.56						19.56								
Chesterfield					16.08					17.09					18.08							19.11						20.10								
Nottingham	Dep	15.07								16.07					17.07						18.07							19.07	19.07		19.36					
Beeston		15.12								16.12					17.12						18.12								19.12	19.12		19.43				
Attenborough																																				
Long Eaton		15.22								16.22					17.23						18.26								19.24	19.24		19.54				
Spondon																																				
Derby	Arr	15.33			16.26	16.34				17.28	17.34				18.27	18.36					19.29	19.34	19.34					20.05					20.27			
Willington	Dep	15.38			16.30	16.38				17.30	17.38				18.29	18.40					19.31	19.38	19.38					20.10					20.31			
Burton-on-Trent		15.45																																		
Tamworth		15.51			16.40	16.49				17.41	17.51				18.39	18.53					19.41	19.49	19.49					20.22						20.50		
Wilnecote		16.03			16.50	17.02				17.51	18.02				18.50	19.04					20.03	20.03						20.33								
																						20.07	20.07					20.37								
Stansted Airport	Dep	13.27								14.27					15.27						16.27								17.27							
Audley End		13.41								14.41					15.41						16.41								17.41							
Cambridge		14.01								15.01					16.01						17.01								18.01							
Ely		14.16								15.16					16.16						17.16								18.16							
Manea																												18.27								
March																												18.34								
Whittlesea		14.32								15.32					16.32						17.32															
Peterborough		14.54								15.54					16.54						17.54								18.54							
Stamford		15.07								16.07					17.07						18.07								19.07							
Oakham		15.21								16.21					17.21						18.21								19.21							
Melton Mowbray		15.32								16.32					17.32						18.32								19.32							
Leicester		15.50								16.50					17.50						18.50								19.50							
South Wigston															17.56																					
Narborough															18.01																					
Hinckley															18.09																					
Nuneaton															18.16																					
Coleshill Parkway		16.09								17.09					18.16						19.09								20.09							
Water Orton		16.25								17.25					18.31						19.25								20.25							
Manchester Piccadilly	Dep				15.27					16.27					17.27						18.27									19.27	19.27					
Stockport					15.36					16.36					17.36						18.36									19.36	19.36					
Wilmslow															17.44																					
Crewe															18.07																					
Macclesfield					15.49					16.49																				19.49	19.49					
Congleton																					18.54															
Stoke-on-Trent					16.07					17.07											19.07									20.07	20.07					
Stafford					16.25					17.25					18.27						19.27									20.26	20.26					
Wolverhampton					16.39					17.39					18.41						19.41									20.42	20.42					
Birmingham New Street	Arr	16.24	16.38	16.58	17.07	17.24	17.38	17.59	18.08	18.24	18.44	18.57	19.08	19.24	19.38	19.57	20.07	20.24	20.24	20.38	20.55	20.58	20.58	21.06												
Birmingham New Street	Dep	16.30			17.04	17.12	17.30			18.04	18.12	18.30			19.04	19.12	19.30			20.04	20.12	20.30	20.30					21.04	21.04	21.12						
Birmingham International					17.14					18.14					19.14					20.14									21.14	21.14						
Coventry					17.25					18.25					19.25					20.25									21.25	21.25						
Leamington Spa					17.37					18.37					19.37					20.37									21.37	21.37						
Banbury					17.55					18.55					19.54					20.54									21.54	21.54						
Oxford					18.16					19.16					20.16					21.15									22.16	22.16						
Reading	Arr				18.42					19.39					20.43					21.40									22.40	22.40						
Basingstoke	Dep				18.52					19.49					20.49					21.52									22.49	22.49						
Winchester					19.11					20.12					21.11					22.10									23.07	23.09						
Southampton Airport					19.26					20.27					21.26					22.25									23.26							
Southampton Central					19.34					20.36					21.35					22.34									23.37							
Brookenhurst					19.43					20.45					21.43					22.43								00.11	23.43							
Bournemouth	Arr				19.58					21.01					21.59					22.59																
University		16.37								17.37					18.37					19.37																
Worcestershire Parkway		16.58								17.58					18.58					19.58																
Ashchurch		17.09																																		

Days Run																
Edinburgh Waverley	Dep	17.07	20.03
Dunbar		17.29	20.24
Berwick-upon-Tweed		17.52	20.48
Alnmouth		21.09
Morpeth		18.24
Newcastle Central		18.40	21.36
Durham		18.54	21.50
Darlington		19.12	22.09
York		19.44	22.35
Leeds		20.10
Wakefield Westgate		20.23
Doncaster	
Sheffield		20.58
Chesterfield		21.10
Nottingham	Dep	20.40	21.38
Beeston		20.46	21.43
Attenborough		21.46
Long Eaton		20.55	21.55
Spondon		22.02
Derby	Arr	21.05	..	21.27	22.08
Willington	Dep	21.10	..	21.31	22.12
Burton-on-Trent		21.17	22.12
Tamworth		21.24	..	21.41	22.23
Wilnecote		21.35	..	21.51	22.34
		21.39	22.38
Stansted Airport	Dep	..	18.21	20.21	21.27	22.27	22.57	..
Audley End		..	18.41	20.41	21.41	22.41	23.10	..
Cambridge		..	19.01	21.02	21.56	22.56	23.26	..
Ely		..	19.16	21.17
Manea	
March		..	19.32	21.33
Whittlesea	
Peterborough		..	19.54	22.00
Stamford		..	20.07	22.13
Oakham		..	20.21	22.27
Melton Mowbray		..	20.32	22.38
Leicester		..	20.50	22.27	..	22.56
South Wigston		22.33
Narborough		22.38
Hinckley		22.47
Nuneaton		..	21.09	22.53	..	23.15
Coleshill Parkway		..	21.25	23.09	..	23.31
Water Orton	
Manchester Piccadilly	Dep	20.27	21.27	22.07
Stockport		20.36	21.36	22.17
Wilmslow	
Crewe	
Macclesfield		20.49	21.49	22.29
Congleton	
Stoke-on-Trent		21.07	22.07	22.47
Stafford		21.29	22.28	23.06
Wolverhampton		21.43	22.42	23.20
Birmingham New Street	Arr	..	21.38	21.58	22.00	22.09	22.36	22.59	23.02	23.22	23.26	23.37	23.44
Birmingham New Street	Dep	21.30	22.04	22.12
Birmingham International	Dep	22.14
Coventry		22.25
Leamington Spa		22.37
Banbury		22.54
Oxford		23.16
Reading	Arr	23.50
Basingstoke	Dep
Winchester	
Southampton Airport	
Southampton Central	
Brookenhurst	
Bournemouth	Arr
University		21.36
Worcestershire Parkway		21.58
Ashchurch		22.11
Cheltenham Spa		22.22	22.52
Gloucester	Arr	22.32
Lydney	Dep
Chepstow	
Caldicot	
Severn Tunnel Junction	
Bristol Parkway		23.21
Bristol Temple Meads	Arr	23.30
Bath Spa	Dep
Newport (Gwent)	
Cardiff Central	
Weston-super-Mare	
Taunton	
Tiverton Parkway	
Exeter St Davids	
Dawlish	
Teignmouth	
Newton Abbot	
Totnes	
Plymouth	

Notes
 MO - Monday only
 MSX - Tuesday to Friday
 MTWO - Monday to Wednesday
 THFO - Thursday and Friday
 FO - Friday only
 FX - does not run on Friday