Scotland, The North East,
North West England, East Midlands to The South West and South Coast.
Stansted Airport to Birmingham.

crosscountry

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Period of operation and Notes	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC
Train ID	**1O06**	**1C68**	**1C20**	**1C22**	**1B64**	**1O08**	**1V46**	**1O10**	**1V48**	**1O12**	**1V03**	**1P00**	**1V50**	**1O14**	**1V52**	**1P12**	**1V04**	**1V81**	**1O16**	**1V54**	**1P14**	**1V05**
Headcode	**3541**	**1561**	**1531**	**1541**	**4501**	**3561**	**1551**	**3581**	**1571**	**3601**	**5601**	**6511**	**1591**	**3621**	**1611**	**6501**	**5621**	**2621**	**3641**	**1631**	**6621**	**5641**
Aberdeen																						
Stonehaven																						
Montrose																						
Arbroath																						
Dundee																						
Glasgow Central																						
Motherwell																						
Haymarket																						
Edinburgh																						
Dunbar																						
Berwick-upon-Tweed																						
Alnmouth For Alnwick																						
Morpeth																						
Newcastle															0830					0936		
Durham															0843					0949		
Darlington															0904					1006		
York															0935					1035		
Leeds									0815				0900		1001					1102		
Wakefield Westgate									0827				0913		1014					1114		
Doncaster									-				0933		1032					1132		
Sheffield									0857				0956		1056					1156		
Chesterfield									0909				1009		1109					1209		
Nottingham									-		0956		-		-		1116			-		1216
Stansted Airport ✈									-		-		-		-		-			-		-
Audley End									-		-		-		-		-			-		-
Cambridge South									-		-		-		-		-			-		-
Cambridge									-		-		-		-		-			-		-
Ely									-		-		-		-		-			-		-
March									-		-		-		-		-			-		-
Peterborough									-		-		-		-		-			-		-
Stamford									-		-		-		-		-			-		-
Oakham									-		-		-		-		-			-		-
Melton Mowbray									-		-		-		-		-			-		-
Leicester									-		-	1020	-		-	1120	-			-	1220	-
South Wigston									-		-	-	-		-	-	-			-	1226	-
Narborough									-		-	1030	-		-	1130	-			-	1231	-
Hinckley									-		-	1038	-		-	1139	-			-	1240	-
Nuneaton									-		-	1046	-		-	1145	-			-	1246	-
Derby									0931		1021	-	1031		1131	-	1140			1231	-	1240
Burton-on-Trent									0941		1032	-	-		1141	-	1151			-	-	1251
Tamworth									-		1044	-	1053		-	-	1203			1249	-	1303
Coleshill Parkway									-		-	1102	-		-	1201	-			-	1302	-
Manchester Piccadilly								0826	-	0927	-	-	-	1026	-	-	-		1124	-	-	-
Stockport								0836	-	0937	-	-	-	1036	-	-	-		1134	-	-	-
Crewe								0905	-	-	-	-	-	-	-	-	-		-	-	-	-
Macclesfield								-	-	0950	-	-	-	1049	-	-	-		1147	-	-	-
Stoke-on-Trent								-	-	1009	-	-	-	1106	-	-	-		1205	-	-	-
Stafford								0925	-	1026	-	-	-	1124	-	-	-		1223	-	-	-
Wolverhampton								0940	-	1040	-	-	-	1142	-	-	-		1239	-	-	-
Birmingham New Street								0956	1019	1056	1102	1115	1118	1158	1204	1214	1221		1256	1305	1315	1321
Birmingham New Street						0903	0930	1003	1030	1103	1112		1130	1203	1212			1230	1303	1312		1330
University						-	-	-	-	-	1118		-	-	-			-	-	-		1337
Worcestershire Parkway						-	-	-	-	-	1140		-	-	-			-	-	-		1358
Cheltenham Spa						-	1010	-	1110	-	1200		1210	-	1252			-	-	1352		1415
Gloucester						-	-	-	-	-	1210		-	-	-			-	-	-		1427
Bristol Parkway						-	1040	-	1141	-	-		1239	-	1325			-	-	1422		-
Bristol Temple Meads			0844	0950	1022	-	1055	-	1157	-	-		1251	-	1345			-	-	1445		-
Newport (South Wales)			-	-	1050	-	-	-	-	-	1252		-	-	-			-	-	-		1509
Cardiff Central			-	-	1103	-	-	-	-	-	1305		-	-	-			-	-	-		1523
Taunton			0915	1021		-	1126	-	1228	-			1323	-	1417			-	-	1517		
Tiverton Parkway			0927	1033		-	1138	-	1240	-			1335	-	1430			-	-	1530		
Exeter St Davids			0942	1052		-	1153	-	1256	-			1352	-	1449			-	-	1549		
Dawlish			-	-		-	-	-	-	-			-	-	-			-	-	-		
Teignmouth			-	-		-	-	-	-	-			-	-	-			-	-	-		
Newton Abbot			1002	1113		-	1213	-	1316	-			1411	-	1509			-	-	1609		
Torquay			-	-		-	-	-	-	-			-	-	-			-	-	-		
Paignton			-	-		-	-	-	-	-			-	-	-			-	-	-		
Totnes			1014	1125		-	1225	-	1328	-			1423	-	1521			-	-	1621		
Plymouth		0915	10a40	11a51		-	1259	-	13a54	-			14a49	-	15a47			-	-	16a47		
Liskeard		0938				-	1322	-		-				-				-	-			
Bodmin Parkway		0950				-	1335	-		-				-				-	-			
St Austell		1010				-	1350	-		-				-				-	-			
Truro		1027				-	1407	-		-				-				-	-			
Redruth		1038				-	1418	-		-				-				-	-			
Penzance		1105				-	1441	-		-				-				-	-			
Birmingham International ✈						0913		1013		1113				1213				1241	1313			
Coventry						0926		1026		1126				1226				1252	1326			
Leamington Spa						0938		1038		1138				1238				1308	1338			
Banbury						0955		1055		1155				1255				1325	1355			
Oxford						1016		1116		1216				1316				1345	1418			
Reading	0952					1052		1152		1252				1352				14a09	1452			
Basingstoke	1011					1111		1211		1311				1411					1511			
Winchester	1027					1127		1227		1327				1427					1527			
Southampton Airport Parkway ✈	1035					1135		1235		1335				1435					1535			
Southampton Central	1050					1150		1250		1350				1450					1550			
Brockenhurst	1110					1204		1304		1404				1504					1604			
Bournemouth	1127					1227		1327		1427				1525					1625			

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Period of operation and Notes	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC
Train ID	**1V32**	**1N51**	**1V55**	**1O18**	**1V56**	**1P16**	**1V06**	**1V83**	**1V57**	**1N53**	**1O20**	**1V58**	**1P18**	**1V07**	**1V34**	**1V59**	**1N55**	**1O22**	**1V60**	**1P20**	**1V08**	**1V85**
Headcode	**2641**	**6651**	**4651**	**3661**	**1651**	**6641**	**5681**	**2661**	**4641**	**6671**	**3681**	**1671**	**6661**	**5701**	**2681**	**4661**	**6691**	**3701**	**1691**	**6681**	**5721**	**2701**
Aberdeen																						
Stonehaven																						
Montrose																						
Arbroath																						
Dundee																						
Glasgow Central																						
Motherwell																						
Haymarket																						
Edinburgh					0908							1008							1107			
Dunbar					-							-							-			
Berwick-upon-Tweed					0949							1049							1148			
Alnmouth For Alnwick					-							-							1209			
Morpeth					-							1121							-			
Newcastle					1040							1139							1240			
Durham					1053							1152							1253			
Darlington					1111							1210							1310			
York					1142							1243							1342			1435
Leeds					1215							1315							1415			-
Wakefield Westgate					1227							1327							1427			-
Doncaster					-							-							-			1457
Sheffield					1256							1356			1421				1457			1521
Chesterfield					1309							1409			-				1510			-
Nottingham					-		1316					-		1416	-				-		1512	-
Stansted Airport ✈		1025			-		-					-		-	-		1225		-		-	-
Audley End		-			-		-					-		-	-		-		-		-	-
Cambridge South		1052			-		-					-		-	-		1252		-		-	-
Cambridge		1100			-		-			1200		-		-	-		1300		-		-	-
Ely		1115			-		-			1215		-		-	-		1315		-		-	-
March		1132			-		-			1232		-		-	-		1332		-		-	-
Peterborough		1154			-		-			1254		-		-	-		1354		-		-	-
Stamford		1207			-		-			1307		-		-	-		1407		-		-	-
Oakham		1221			-		-			1321		-		-	-		1421		-		-	-
Melton Mowbray		1232			-		-			1332		-		-	-		1432		-		-	-
Leicester		1250			-	1320	-			1350		-	1420	-	-		1450		-	1520	-	-
South Wigston		-			-	-	-			-		-	1426	-	-		-		-	-	-	-
Narborough		-			-	1330	-			-		-	1431	-	-		-		-	1530	-	-
Hinckley		-			-	1338	-			-		-	1440	-	-		-		-	1538	-	-
Nuneaton		1309			-	1346	-			1409		-	1446	-	-		1509		-	1546	-	-
Derby		-			1331	-	1340	1353		-		1431	-	1440	1453		-		1531	-	1537	1553
Burton-on-Trent		-			1341	-	1351	-		-		-	-	1451	-		-		1541	-	1548	-
Tamworth		-			-	-	1403	-		-		1449	-	1503	-		-		-	-	1600	-
Coleshill Parkway		1325			-	1402	-	-		1425		-	1502	-	-		1525		-	1602	-	-
Manchester Piccadilly		-		1225	-	-	-	-	1303	-	1325	-	-	-	-	1403	-	1425	-	-	-	-
Stockport		-		1233	-	-	-	-	1313	-	1333	-	-	-	-	1413	-	1433	-	-	-	-
Crewe		-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Macclesfield		-		1246	-	-	-	-	1326	-	1346	-	-	-	-	1426	-	1446	-	-	-	-
Stoke-on-Trent		-		1304	-	-	-	-	1344	-	1404	-	-	-	-	1444	-	1504	-	-	-	-
Stafford		-		1321	-	-	-	-	1400	-	1421	-	-	-	-	1500	-	1521	-	-	-	-
Wolverhampton		-		1339	-	-	-	-	1415	-	1439	-	-	-	-	1515	-	1539	-	-	-	-
Birmingham New Street		1340		1356	1404	1415	1421	1425	1433	1439	1456	1506	1515	1522	1525	1533	1539	1556	1604	1615	1622	1625
Birmingham New Street	1333		1342	1403	1412			1430	1440		1503	1512		1530	1533	1540		1603	1612			1630
University	-		-	-	-			-	-		-	-		1537	-	-		-	-			-
Worcestershire Parkway	-		-	-	-			-	-		-	-		1558	-	-		-	-			-
Cheltenham Spa	-		1429	-	1452			-	1526		-	1552		1615	-	1629		-	1652			-
Gloucester	-		-	-	-			-	-		-	-		1627	-	-		-	-			-
Bristol Parkway	-		1458	-	1525			-	1555		-	1623		-	-	1658		-	1725			-
Bristol Temple Meads	-		15a07	-	1545			-	1613		-	1645		-	-	17a07		-	1745			-
Newport (South Wales)	-			-	-			-	-		-	-		1709	-			-	-			-
Cardiff Central	-			-	-			-	-		-	-		1722	-			-	-			-
Taunton	-			-	1617			-	1652		-	1717			-			-	1817			-
Tiverton Parkway	-			-	1630			-	1704		-	1730			-			-	1830			-
Exeter St Davids	-			-	1650			-	1720		-	1752			-			-	1849			-
Dawlish	-			-	-			-	1732		-	-			-			-	-			-
Teignmouth	-			-	-			-	1737		-	-			-			-	-			-
Newton Abbot	-			-	1710			-	1744		-	1811			-			-	1909			-
Torquay	-			-	-			-	1754		-	-			-			-	-			-
Paignton	-			-	-			-	1800		-	-			-			-	-			-
Totnes	-			-	1722			-			-	1823			-			-	1921			-
Plymouth	-			-	17a48			-			-	1903			-			-	19a47			-
Liskeard	-			-				-			-	1926			-			-				-
Bodmin Parkway	-			-				-			-	1938			-			-				-
St Austell	-			-				-			-	1953			-			-				-
Truro	-			-				-			-	2010			-			-				-
Redruth	-			-				-			-	2021			-			-				-
Penzance	-			-				-			-	2045			-			-				-
Birmingham International ✈	-			1413				1441			1513				-			1613				1641
Coventry	-			1426				1455			1526				-			1626				1655
Leamington Spa	1400			1438				1510			1540				1600			1638				1710
Banbury	1417			1455				1527			1557				1617			1655				1727
Oxford	1437			1516				1547			1617				1637			1716				1747
Reading	15a01			1552				16a12			1652				17a01			1752				18a12
Basingstoke				1611							1711							1811				
Winchester				1627							1727							1827				
Southampton Airport Parkwy ✈				1635							1735							1835				
Southampton Central				1650							1750							1850				
Brockenhurst				1704							1804							1910				
Bournemouth				1725							1827							1927				

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Period of operation and Notes	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC
Train ID	**1V61**	**1N57**	**1O24**	**1V62**	**1P22**	**1V09**	**1V63**	**1N59**	**1O26**	**1V64**	**1P24**	**1V10**	**1V87**	**1V65**	**1N61**	**1O28**	**1V66**	**1P26**	**1V11**	**1M91**	**1G85**	**1N63**
Headcode	**4681**	**6711**	**3721**	**1711**	**6701**	**5741**	**4701**	**6731**	**3741**	**1731**	**6721**	**5761**	**2741**	**4721**	**6751**	**3761**	**1751**	**6741**	**5781**	**2761**	**4741**	**6771**
Aberdeen																						
Stonehaven																						
Montrose																						
Arbroath																						
Dundee																	1222					
Glasgow Central				1055													-					
Motherwell				1113													-					
Haymarket				1153													1339					
Edinburgh				1205						1306							1408					
Dunbar				1226						-							-					
Berwick-upon-Tweed				1250						1347							1449					
Alnmouth For Alnwick				-						1408							-					
Morpeth				1322						-							1521					
Newcastle				1340						1439							1540			1635		
Durham				1353						1454							1553			1648		
Darlington				1411						1512							1610			1706		
York				1441						1542			1636				1640			1737		
Leeds				1515						1615			-				1715			-		
Wakefield Westgate				1527						1627			-				1727			-		
Doncaster				-						-			1658				-			1759		
Sheffield				1556						1656			1724				1756			1824		
Chesterfield				1609						1709			-				1809			-		
Nottingham				-		1616				-		1716	-				-		1816	-		
Stansted Airport ✈				-		-		1425		-		-	-				-		-	-		1625
Audley End				-		-		-		-		-	-				-		-	-		-
Cambridge South				-		-		1452		-		-	-				-		-	-		1652
Cambridge		1400		-		-		1500		-		-	-		1600		-		-	-		1700
Ely		1415		-		-		1515		-		-	-		1615		-		-	-		1715
March		1432		-		-		1532		-		-	-		1632		-		-	-		1732
Peterborough		1454		-		-		1554		-		-	-		1654		-		-	-		1754
Stamford		1507		-		-		1607		-		-	-		1707		-		-	-		1807
Oakham		1521		-		-		1621		-		-	-		1721		-		-	-		1821
Melton Mowbray		1532		-				1632		-			-		1732		-		-	-		1832
Leicester		1550		-	1620	-		1650		-	1720	-	-		1750		-	1820	-	-		1850
South Wigston		-		-	1626	-		-		-	1726	-	-		-		-	-	-	-		-
Narborough		-		-	1631	-		-		-	1731	-	-		-		-	1830	-	-		-
Hinckley		-		-	1640	-		-		-	1740	-	-		-		-	1838	-	-		-
Nuneaton		1609		-	1646	-		1709		-	1746	-	-		1809		-	1846	-	-		1909
Derby		-		1631	-	1640		-		1731	-	1741	1753		-		1828	-	1840	1853		-
Burton-on-Trent		-		-	-	1651		-		1741	-	1752	-		-		-	-	1851	-		-
Tamworth		-		1649	-	1703		-		-	-	1805	-		-		1846	-	1903	-		-
Coleshill Parkway		1625		-	1702	-		1725		-	1802	-	-		1825		-	1902	-	-		1925
Manchester Piccadilly	1503	-	1525	-	-	-	1603	-	1625	-	-	-	-	1703	-	1725	-	-	-	-	1803	-
Stockport	1513	-	1533	-	-	-	1613	-	1633	-	-	-	-	1713	-	1733	-	-	-	-	1813	-
Crewe	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Macclesfield	1526	-	1546	-	-	-	1626	-	1646	-	-	-	-	1726	-	1746	-	-	-	-	1826	-
Stoke-on-Trent	1544	-	1604	-	-	-	1644	-	1704	-	-	-	-	1744	-	1804	-	-	-	-	1844	-
Stafford	1600	-	1621	-	-	-	1700	-	1721	-	-	-	-	1800	-	1821	-	-	-	-	1900	-
Wolverhampton	1615	-	1639	-	-	-	1715	-	1739	-	-	-	-	1815	-	1839	-	-	-	-	1915	-
Birmingham New Street	1633	1639	1656	1706	1715	1723	1733	1739	1756	1804	1815	1823	1826	1832	1840	1856	1903	1915	1921	1925	1933	1939
Birmingham New Street	1640		1703	1712		1730	1740		1803	1812			1830	1840		1903	1911		1930			
University	-		-	-		1737	-		-	-			-	-		-	-		1937			
Worcestershire Parkway	-		-	-		1758	-		-	-			-	-		-	-		1958			
Cheltenham Spa	1726		-	1752		1815	1829		-	1852			-	1926		-	1954		2015			
Gloucester	-		-	-		1827	-		-	-			-	-		-	-		2027			
Bristol Parkway	1755		-	1825		-	1859		-	1925			-	1956		-	2025		-			
Bristol Temple Meads	18a06		-	1845		-	19a08		-	1945			-	20a05		-	2045		-			
Newport (South Wales)			-	-		1909			-	-			-			-	-		2109			
Cardiff Central			-	-		1924			-	-			-			-	-		2122			
Taunton			-	1917					-	2017			-			-	2124					
Tiverton Parkway			-	1930					-	2030			-			-	2136					
Exeter St Davids			-	1949					-	2049			-			-	2152					
Dawlish			-	-					-	-			-			-	-					
Teignmouth			-	-					-	-			-			-	-					
Newton Abbot			-	2009					-	2109			-			-	2211					
Torquay			-	-					-	-			-			-	-					
Paignton			-	-					-	-			-			-	-					
Totnes			-	2021					-	2121			-			-	2223					
Plymouth			-	20a47					-	21a47			-			-	22a49					
Liskeard			-						-				-			-						
Bodmin Parkway			-						-				-			-						
St Austell			-						-				-			-						
Truro			-						-				-			-						
Redruth			-						-				-			-						
Penzance			-						-				-			-						
Birmingham International ✈			1713						1813				1841			1913						
Coventry			1726						1826				1855			1926						
Leamington Spa			1738						1838				1910			1938						
Banbury			1755						1855				1927			1955						
Oxford			1816						1916				1947			2016						
Reading			1852						1952				20a12			2052						
Basingstoke			1911						2011							2111						
Winchester			1927						2027							2127						
Southampton Airport Parkwy ✈			1935						2038							2135						
Southampton Central			1950						2050							2150						
Brockenhurst			2004						2104							2204						
Bournemouth			2027						2127							2227						

Scotland, The North East,
North West England, East Midlands to The South West and South Coast.
Stansted Airport to Birmingham.

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Period of operation and Notes	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC
Train ID	**1O30**	**1V68**	**1P28**	**1G62**	**1M32**	**1N65**	**1V89**	**1V70**	**1P30**	**1G89**	**1M72**	**1N67**	**1V71**	**1G90**	**1N69**	**1G91**	**2K58**	**1M00**	**1E90**	**1C85**	**1B61**	**1P34**
Headcode	**3781**	**1771**	**6761**	**5801**	**2781**	**6791**	**3801**	**1791**	**6781**	**5821**	**2801**	**6811**	**1811**	**5841**	**6831**	**3821**	**6851**	**1821**	**1831**	**1841**	**1941**	**6821**
Aberdeen																					2120	
Stonehaven																					2137	
Montrose																					2158	
Arbroath																					2213	
Dundee																					2231	
Glasgow Central																				2100	-	
Motherwell																				2120	-	
Haymarket																				2157	2330	
Edinburgh		1505						1607					1705					1805	2027	22a01	23a36	
Dunbar		-						-					-					1826	-			
Berwick-upon-Tweed		1546						1648					1746					1850	2108			
Alnmouth For Alnwick		1607						-					1807					-	2129			
Morpeth		-						1720					-					1922	-			
Newcastle		1640						1739			1833		1840					1938	21a55			
Durham		1653						1752			1846		1853					1951				
Darlington		1712						1812			1904		1911					2009				
York		1741			1834			1842			1934		1942					2042				
Leeds		1815			-			1915			-		2015					2115				
Wakefield Westgate		1827			-			1927			-		2027					2127				
Doncaster		-			1859			-			1957		-					-				
Sheffield		1857			1926			1956			2021		2056					2156				
Chesterfield		1909			-			2009			-		2109					2208				
Nottingham		-		1916	-			-		2016	-		-	2120				-				
Stansted Airport ✈		-		-	-			-		-	-	1825	-	-			2025	-				
Audley End		-		-	-			-		-	-	-	-	-			-	-				
Cambridge South		-		-	-			-		-	-	1852	-	-			2052	-				
Cambridge		-		-	-	1800		-		-	-	1900	-	-	2000		20a56	-				
Ely		-		-	-	1815		-		-	-	1915	-	-	2015			-				
March		-		-	-	1832		-		-	-	1932	-	-	2032			-				
Peterborough		-		-	-	1854		-		-	-	1954	-	-	2054			-				
Stamford		-		-	-	1907		-		-	-	2007	-	-	2107			-				
Oakham		-		-	-	1921		-		-	-	2021	-	-	2121			-				
Melton Mowbray		-		-	-	1932		-		-	-	2032	-	-	2132			-				
Leicester		-	1920	-	-	1950		-	2020	-	-	2050	-	-	2150			-				2220
South Wigston		-	1926	-	-	-		-	2026	-	-	-	-	-	-			-				2226
Narborough		-	1931	-	-	-		-	2031	-	-	-	-	-	-			-				2231
Hinckley		-	1940	-	-	-		-	2040	-	-	-	-	-	-			-				2240
Nuneaton		-	1946	-	-	2009		-	2046	-	-	2109	-	-	2209			-				2246
Derby		1931	-	1940	1955	-		2031	-	2040	2050	-	2131	2144	-			2231				-
Burton-on-Trent		1941	-	1951	-	-		-	-	2051	-	-	2141	2155	-			2241				-
Tamworth		-	-	2003	-	-		2049	-	2103	-	-	2151	2206	-			2251				-
Coleshill Parkway		-	2002	-	-	2025		-	2102	-	-	2125	-	-	2225			-				2302
Manchester Piccadilly	1825	-	-	-	-	-	1925	-	-	-	-	-	-	-	-	2108		-				-
Stockport	1833	-	-	-	-	-	1933	-	-	-	-	-	-	-	-	2118		-				-
Crewe	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-				-
Macclesfield	1846	-	-	-	-	-	1946	-	-	-	-	-	-	-	-	2131		-				-
Stoke-on-Trent	1904	-	-	-	-	-	2004	-	-	-	-	-	-	-	-	2154		-				-
Stafford	1921	-	-	-	-	-	2021	-	-	-	-	-	-	-	-	2210		-				-
Wolverhampton	1939	-	-	-	-	-	2039	-	-	-	-	-	-	-	-	2228		-				-
Birmingham New Street	1956	2004	2015	2025	2028	2040	2056	2106	2115	2121	2124	2139	2208	2228	2238	2249		2309				2315
Birmingham New Street	2003	2012					2103	2112					2212									
University	-	-					-	-					-									
Worcestershire Parkway	-	-					-	-					-									
Cheltenham Spa	-	2052					-	2152					2252									
Gloucester	-	-					-	2205					-									
Bristol Parkway	-	2125					-	2231					2321									
Bristol Temple Meads	-	2145					-	22a40					23a30									
Newport (South Wales)	-	-					-															
Cardiff Central	-	-					-															
Taunton	-	2217					-															
Tiverton Parkway	-	2230					-															
Exeter St Davids	-	2246					-															
Dawlish	-	-					-															
Teignmouth	-	-					-															
Newton Abbot	-	2305					-															
Torquay	-	-					-															
Paignton	-	-					-															
Totnes	-	2317					-															
Plymouth	-	23a44					-															
Liskeard	-						-															
Bodmin Parkway	-						-															
St Austell	-						-															
Truro	-						-															
Redruth	-						-															
Penzance	-						-															
Birmingham International ✈	2013						2113															
Coventry	2026						2126															
Leamington Spa	2038						2138															
Banbury	2055						2155															
Oxford	2116						2216															
Reading	2152						22a39															
Basingstoke	2211																					
Winchester	2227																					
Southampton Airport Parkwy ✈	2235																					
Southampton Central	22a42																					
Brockenhurst																						
Bournemouth																						

Scotland, The North East,
North West England, East Midlands to The South West and South Coast.
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Period of operation and Notes	XC	XC
Train ID	**1G92**	**2K94**
Headcode	**3841**	**6891**
Aberdeen		
Stonehaven		
Montrose		
Arbroath		
Dundee		
Glasgow Central		
Motherwell		
Haymarket		
Edinburgh		
Dunbar		
Berwick-upon-Tweed		
Alnmouth For Alnwick		
Morpeth		
Newcastle		
Durham		
Darlington		
York		
Leeds		
Wakefield Westgate		
Doncaster		
Sheffield		
Chesterfield		
Nottingham		
Stansted Airport ✈		2225
Audley End		-
Cambridge South		2252
Cambridge		22a56
Ely		
March		
Peterborough		
Stamford		
Oakham		
Melton Mowbray		
Leicester		
South Wigston		
Narborough		
Hinckley		
Nuneaton		
Derby		
Burton-on-Trent		
Tamworth		
Coleshill Parkway		
Manchester Piccadilly	2204	
Stockport	2212	
Crewe	-	
Macclesfield	2225	
Stoke-on-Trent	2246	
Stafford	2303	
Wolverhampton	2318	
Birmingham New Street	2334	
Birmingham New Street		
University		
Worcestershire Parkway		
Cheltenham Spa		
Gloucester		
Bristol Parkway		
Bristol Temple Meads		
Newport (South Wales)		
Cardiff Central		
Taunton		
Tiverton Parkway		
Exeter St Davids		
Dawlish		
Teignmouth		
Newton Abbot		
Torquay		
Paignton		
Totnes		
Plymouth		
Liskeard		
Bodmin Parkway		
St Austell		
Truro		
Redruth		
Penzance		
Birmingham International ✈		
Coventry		
Leamington Spa		
Banbury		
Oxford		
Reading		
Basingstoke		
Winchester		
Southampton Airport Parkwy ✈		
Southampton Central		
Brockenhurst		
Bournemouth		

South Coast, The South West to East Midlands, North West England, The North East and Scotland. Birmingham to Stansted Airport.

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Period of operation and Notes	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC
Train ID	**1H22**	**1S33**	**1S36**	**1S37**	**2K59**	**1K09**	**1H26**	**1S39**	**1K11**	**1S41**	**1M30**	**2K63**	**1L38**	**1D00**	**1K13**	**1S43**	**2K67**	**1M34**	**1L40**	**1E36**	**1M94**	**1K15**
Headcode	**3061**	**1021**	**1041**	**1061**	**6001**	**6091**	**3081**	**1081**	**6111**	**1131**	**3101**	**6041**	**6121**	**5111**	**6131**	**1151**	**6071**	**3121**	**6141**	**2141**	**5131**	**6151**
Bournemouth																						
Brockenhurst																						
Southampton Central																		0915				
Southampton Airport Parkway ✈																		0923				
Winchester																		0931				
Basingstoke																		0949				
Reading											0915							1015				
Oxford											0939							1039				
Banbury											0958							1058				
Leamington Spa											1016							1116				
Coventry											1030							1130				
Birmingham International ✈											1041							1141				
Penzance											-							-				
Redruth											-							-				
Truro											-							-				
St Austell											-							-				
Bodmin Parkway											-							-				
Liskeard											-							-				
Plymouth											-							-				
Totnes											-							-				
Paignton											-							-				
Torquay											-							-				
Newton Abbot											-							-				
Teignmouth											-							-				
Dawlish											-							-				
Exeter St Davids											-							-				
Tiverton Parkway											-							-				
Taunton											-							-				
Cardiff Central											-							-				
Newport (South Wales)											-							-				
Bristol Temple Meads										0915	-					1031		-				
Bristol Parkway										0924	-					1040		-				
Gloucester										1002	-					-		-				
Cheltenham Spa										1011	-					1111		-				
Worcestershire Parkway										-	-					-		-				
University										-	-					-		-				
Birmingham New Street										1049	1051					1149		1151				
Birmingham New Street	0901			0903		0952	1000	1003	1052	1103	1101		1122	1149	1152	1203		1201	1222	1245	1249	1252
Wolverhampton	0918			-		-	1018	-	-	-	1118		-	-	-	-		1219	-	-	-	-
Stafford	0932			-		-	1033	-	-	-	1133		-	-	-	-		1233	-	-	-	-
Stoke-on-Trent	0954			-		-	1052	-	-	-	1152		-	-	-	-		1249	-	-	-	-
Macclesfield	1011			-		-	1109	-	-	-	1208		-	-	-	-		1306	-	-	-	-
Crewe	-			-		-	-	-	-	-	-		-	-	-	-		-	-	-	-	-
Stockport	1027			-		-	1124	-	-	-	1222		-	-	-	-		1319	-	-	-	-
Manchester Piccadilly	1037			-		-	1133	-	-	-	1230		-	-	-	-		1329	-	-	-	-
Coleshill Parkway				-		1006		-	1106	-			1136	-	1206	-			1236	-	-	1306
Tamworth				0919		-		1019	-	1119			-	1206	-	1219			-	-	1306	-
Burton-on-Trent				0930		-		1030	-	1130			-	1218	-	-			-	-	1318	-
Derby				0945		-		1045	-	1145			-	1233	-	1245			-	1317	1334	-
Nuneaton				-		1021		-	1121	-			1151	-	1221	-			1251	-	-	1321
Hinckley				-		1028		-	1128	-			-	-	1228	-			-	-	-	1328
Narborough				-		1036		-	1136	-			-	-	1236	-			-	-	-	1336
South Wigston				-		1041		-	1141	-			-	-	1241	-			-	-	-	-
Leicester				-		10a48		-	11a48	-			1215	-	12a48	-			1318	-	-	13a46
Melton Mowbray				-				-		-			1231	-		-			1334	-	-	
Oakham				-				-		-			1245	-		-			1346	-	-	
Stamford				-				-		-			1300	-		-			1400	-	-	
Peterborough				-				-		-			1319	-		-			1419	-	-	
March				-				-		-			1335	-		-			1435	-	-	
Ely				-				-		-			1353	-		-			1453	-	-	
Cambridge				-	0911			-		-		1111	14a09	-		-	1311		1511	-	-	
Cambridge South				-	0915			-		-		1115		-		-	1315		1515	-	-	
Audley End				-	-			-		-		-		-		-	-		-	-	-	
Stansted Airport ✈				-	0940			-		-		1140		-		-	1340		1540	-	-	
Nottingham				-				-		-				1254		-				-	1355	
Chesterfield				1005				1105		1205						1305				-		
Sheffield			0921	1021				1121		1221						1321				1351		
Doncaster			-	-				-		-						-				1416		
Wakefield Westgate			0947	1047				1148		1247						1347				-		
Leeds		0910	1010	1110				1210		1310						1410				-		
York		0933	1036	1136				1236		1336						1436				1442		
Darlington		1002	1107	1206				1306		1407						1508				1513		
Durham		1019	1124	1223				1325		1425						1526				1531		
Newcastle		1033	1140	1239				1340		1440						1541				15a45		
Morpeth		1047	-	1253				-		1454						-						
Alnmouth For Alnwick		-	1205	-				1406		-						1606						
Berwick-upon-Tweed		1119	1227	1325				1427		1527						1627						
Dunbar		1142	-	-				-		1549						-						
Edinburgh		1206	1311	1409				1510		1613						1711						
Haymarket																						
Motherwell																						
Glasgow Central																						
Dundee																						
Arbroath																						
Montrose																						
Stonehaven																						
Aberdeen																						

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Train ID	**1S45**	**1M38**	**1L42**	**1H41**	**1E40**	**1M64**	**1K17**	**1S47**	**1M42**	**1L44**	**1E44**	**1M45**	**1M99**	**1K19**	**1S49**	**1M46**	**1L46**	**1M49**	**1E48**	**1M67**	**1K21**	**1S51**
Headcode	**1141**	**3141**	**6161**	**4101**	**2161**	**5151**	**6171**	**1161**	**3161**	**6181**	**2181**	**4121**	**5171**	**6191**	**1181**	**3181**	**6201**	**4141**	**2201**	**5191**	**6211**	**1201**
Bournemouth		0940							1041							1140						
Brockenhurst		0955							1056							1155						
Southampton Central		1015							1115							1215						
Southampton Airport Parkwy ✈		1023							1123							1223						
Winchester		1031							1131							1231						
Basingstoke		1048							1147							1248						
Reading		1115							1215		1242					1315			1344			
Oxford		1139							1239		1306					1339			1408			
Banbury		1158							1258		1324					1358			1428			
Leamington Spa		1216							1317		1353					1416			1448			
Coventry		1230							1330		-					1430			1500			
Birmingham International ✈		1241							1341		-					1441			1510			
Penzance		-							-		-					-			-			
Redruth		-							-		-					-			-			
Truro		-							-		-					-			-			
St Austell		-							-		-					-			-			
Bodmin Parkway		-							-		-					-			-			
Liskeard		-							-		-					-			-			
Plymouth	0927	-						1027	-		-				1127	-		1200	-			1227
Totnes	0953	-						1053	-		-				1153	-		1226	-			1253
Paignton	-	-						-	-		-	1047			-	-		-	-			-
Torquay	-	-						-	-		-	1053			-	-		-	-			-
Newton Abbot	1006	-						1106	-		-	1109			1206	-		1239	-			1306
Teignmouth	-	-						-	-		-	1116			-	-		-	-			-
Dawlish	-	-						-	-		-	1121			-	-		-	-			-
Exeter St Davids	1027	-						1127	-		-	1134			1227	-		1300	-			1327
Tiverton Parkway	1040	-						1140	-		-	1148			1240	-		1315	-			1340
Taunton	1053	-						1153	-		-	1200			1253	-		1328	-			1353
Cardiff Central	-	-				1145		-	-		-	-			-	-		-	-	1345		-
Newport (South Wales)	-	-				1159		-	-		-	-			-	-		-	-	1359		-
Bristol Temple Meads	1131	-				-		1231	-		-	1300			1331	-		1400	-	-		1431
Bristol Parkway	1140	-				-		1240	-		-	1309			1340	-		1409	-	-		1440
Gloucester	-	-				1249		-	-		-	-			-	-		-	-	1449		-
Cheltenham Spa	1211	-				1259		1311	-		-	1340			1411	-		1440	-	1459		1511
Worcestershire Parkway	-	-				1314		-	-		-	-			-	-		-	-	1514		-
University	-	-				1339		-	-		-	-			-	-		-	-	1539		-
Birmingham New Street	1249	1251				1345		1349	1351		1418	1419			1449	1451		1519	1520	1545		1549
Birmingham New Street	1303	1301	1322	1330	1345	1349	1352	1403	1401	1422	1428	1430	1449	1452	1503	1501	1522	1530	1528	1549	1552	1603
Wolverhampton	-	1319	-	1349	-	-	-	-	1419	-	-	1449	-	-	-	1519	-	1549	-	-	-	-
Stafford	-	1333	-	1403	-	-	-	-	1433	-	-	1503	-	-	-	1533	-	1603	-	-	-	-
Stoke-on-Trent	-	1349	-	1421	-	-	-	-	1449	-	-	1521	-	-	-	1549	-	1621	-	-	-	-
Macclesfield	-	1406	-	1437	-	-	-	-	1506	-	-	1537	-	-	-	1606	-	1637	-	-	-	-
Crewe	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Stockport	-	1419	-	1451	-	-	-	-	1519	-	-	1551	-	-	-	1619	-	1651	-	-	-	-
Manchester Piccadilly	-	1429	-	1500	-	-	-	-	1529	-	-	1600	-	-	-	1629	-	1700	-	-	-	-
Coleshill Parkway	-		1336		-	-	1406	-		1436	-		-	1506	-		1536		-	-	1606	-
Tamworth	-		-		-	1406	-	1419		-	-		1508	-	-		-		-	1606	-	1619
Burton-on-Trent	1326		-		-	1418	-	-		-	-		1520	-	1526		-		-	1618	-	-
Derby	1345		-		1417	1433	-	1442		-	1500		1535	-	1542		-		1600	1633	-	1641
Nuneaton	-		1351		-	-	1421	-		1451	-		-	1521	-		1551		-	-	1621	-
Hinckley	-		-		-	-	1428	-		-	-		-	1528	-		-		-	-	1628	-
Narborough	-		-		-	-	1436	-		-	-		-	1536	-		-		-	-	1636	-
South Wigston	-		-		-	-	1441	-		-	-		-	1541	-		-		-	-	1641	-
Leicester	-		1416		-	-	14a48	-		1516	-		-	15a50	-		1616		-	-	16a50	-
Melton Mowbray	-		1433		-	-		-		1533	-		-		-		1633		-	-		-
Oakham	-		1445		-	-		-		1545	-		-		-		1645		-	-		-
Stamford	-		1500		-	-		-		1600	-		-		-		1700		-	-		-
Peterborough	-		1519		-	-		-		1619	-		-		-		1719		-	-		-
March	-		1535		-	-		-		1635	-		-		-		1735		-	-		-
Ely	-		1553		-	-		-		1653	-		-		-		1753		-	-		-
Cambridge	-		16a08		-	-		-		1711	-		-		-		18a08		-	-		-
Cambridge South	-				-	-		-		1715	-		-		-				-	-		-
Audley End	-				-	-		-		-	-		-		-				-	-		-
Stansted Airport ✈	-				-	-		-		1740	-		-		-				-	-		-
Nottingham	-				-	1453		-			-		1555		-				-	1653		-
Chesterfield	1405				-			1500			-				1600				-			1659
Sheffield	1421				1448			1521			1530				1621				1632			1721
Doncaster	-				1511			-			1600				-				1701			-
Wakefield Westgate	1447				-			1547			-				1647				-			1747
Leeds	1507				-			1610			-				1710				-			1810
York	1530				15a33			1636			1626				1736				17a22			1834
Darlington	1558							1707			1656				1807							1902
Durham	1615							1725			1713				1824							1919
Newcastle	1631							1740			17a27				1839							1941
Morpeth	1645							-							1853							-
Alnmouth For Alnwick	-							1806							-							2007
Berwick-upon-Tweed	1717							1827							1925							2028
Dunbar	-							-							1948							-
Edinburgh	1759							1908							2010							2109
Haymarket	1817							1918														
Motherwell	-							1958														
Glasgow Central	-							2015														
Dundee	1934																					
Arbroath	1950																					
Montrose	2004																					
Stonehaven	2025																					
Aberdeen	2043																					

South Coast, The South West to East Midlands, North West England, The North East and Scotland. Birmingham to Stansted Airport.

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Period of operation and Notes	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC
Train ID	**1M50**	**1L48**	**1M53**	**1E52**	**1M98**	**1K23**	**1S53**	**1M54**	**1L50**	**1M93**	**1E56**	**1M73**	**1K25**	**1S55**	**1M58**	**1L52**	**1E60**	**1M75**	**1K27**	**1E63**	**1M62**	**1L54**
Headcode	**3201**	**6221**	**4161**	**2221**	**5211**	**6251**	**1221**	**3221**	**6241**	**4181**	**2241**	**5231**	**6291**	**1241**	**3241**	**6261**	**2261**	**5251**	**6301**	**1261**	**3261**	**6281**
Bournemouth	1240							1340							1440						1540	
Brockenhurst	1255							1355							1455						1555	
Southampton Central	1315							1415							1515						1615	
Southampton Airport Parkwy ✈	1323							1423							1523						1623	
Winchester	1331							1431							1531						1631	
Basingstoke	1349							1448							1549						1648	
Reading	1415			1444				1515			1544				1615		1644				1715	
Oxford	1439			1508				1539			1608				1639		1708				1739	
Banbury	1458			1528				1558			1628				1658		1728				1758	
Leamington Spa	1516			1548				1616			1648				1716		1748				1816	
Coventry	1530			1600				1630			1700				1730		1800				1830	
Birmingham International ✈	1541			1610				1641			1710				1741		1810				1841	
Penzance	-			-			1130	-			-				-		-				-	
Redruth	-			-			1157	-			-				-		-				-	
Truro	-			-			1209	-			-				-		-				-	
St Austell	-			-			1225	-			-				-		-				-	
Bodmin Parkway	-			-			1244	-			-				-		-				-	
Liskeard	-			-			1256	-			-				-		-				-	
Plymouth	-		1300	-			1327	-			-			1427	-		-			1527	-	
Totnes	-		1326	-			1353	-			-			1453	-		-			1553	-	
Paignton	-		-	-			-	-			-			-	-		-			-	-	
Torquay	-		-	-			-	-			-			-	-		-			-	-	
Newton Abbot	-		1339	-			1406	-			-			1506	-		-			1606	-	
Teignmouth	-		-	-			-	-			-			-	-		-			-	-	
Dawlish	-		-	-			-	-			-			-	-		-			-	-	
Exeter St Davids	-		1400	-			1427	-			-			1527	-		-			1627	-	
Tiverton Parkway	-		1414	-			1440	-			-			1540	-		-			1640	-	
Taunton	-		1426	-			1453	-			-			1553	-		-			1653	-	
Cardiff Central	-		-	-			-	-			-	1545		-	-		-			-	-	
Newport (South Wales)	-		-	-			-	-			-	1559		-	-		-			-	-	
Bristol Temple Meads	-		1500	-			1531	-		1600	-	-		1633	-		-			1731	-	
Bristol Parkway	-		1509	-			1540	-		1609	-	-		1641	-		-			1740	-	
Gloucester	-		-	-			-	-		-	-	1649		-	-		-			-	-	
Cheltenham Spa	-		1540	-			1611	-		1640	-	1659		1711	-		-			1811	-	
Worcestershire Parkway	-		-	-			-	-		-	-	1714		-	-		-			-	-	
University	-		-	-			-	-		-	-	1739		-	-		-			-	-	
Birmingham New Street	1551		1619	1620			1649	1651		1719	1720	1745		1749	1751		1820			1849	1851	
Birmingham New Street	1601	1622	1630	1628	1649	1652	1703	1701	1722	1730	1728	1749	1752	1803	1801	1822	1828	1849	1852	1903	1901	1922
Wolverhampton	1619	-	1649	-	-	-	-	1719	-	1749	-	-	-	-	1819	-	-	-	-	-	1919	-
Stafford	1633	-	1703	-	-	-	-	1733	-	1803	-	-	-	-	1833	-	-	-	-	-	1933	-
Stoke-on-Trent	1649	-	1721	-	-	-	-	1749	-	1821	-	-	-	-	1849	-	-	-	-	-	1949	-
Macclesfield	1706	-	1737	-	-	-	-	1806	-	1837	-	-	-	-	1906	-	-	-	-	-	2006	-
Crewe	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Stockport	1719	-	1751	-	-	-	-	1819	-	1851	-	-	-	-	1919	-	-	-	-	-	2019	-
Manchester Piccadilly	1729	-	1800	-	-	-	-	1829	-	1859	-	-	-	-	1929	-	-	-	-	-	2029	-
Coleshill Parkway		1636		-	-	1706	-		1736		-	-	1806	-		1836	-	-	1906	-		1936
Tamworth		-		-	1706	-	-		-		-	1806	-	1819		-	-	1908	-	-		-
Burton-on-Trent		-		-	1718	-	1726		-		-	1818	-	-		-	-	1920	-	1926		-
Derby		-		1700	1736	-	1745		-		1800	1836	-	1845		-	1900	1936	-	1945		-
Nuneaton		1651		-	-	1721	-		1751		-	-	1821	-		1851	-	-	1921	-		1951
Hinckley		-		-	-	1728	-		-		-	-	1828	-		-	-	-	1928	-		-
Narborough		-		-	-	1736	-		-		-	-	1836	-		-	-	-	1936	-		-
South Wigston		-		-	-	1741	-		-		-	-	1841	-		-	-	-	1941	-		-
Leicester		1715		-	-	17a50	-		1813		-	-	18a51	-		1915	-	-	19a51	-		2015
Melton Mowbray		1732		-	-		-		1832		-	-		-		1932	-	-		-		2031
Oakham		1745		-	-		-		1845		-	-		-		1945	-	-		-		2043
Stamford		1800		-	-		-		1900		-	-		-		2000	-	-		-		2057
Peterborough		1819		-	-		-		1919		-	-		-		2019	-	-		-		2119
March		1835		-	-		-		1935		-	-		-		2035	-	-		-		2135
Ely		1853		-	-		-		1953		-	-		-		2053	-	-		-		2153
Cambridge		1911		-	-		-		20a08		-	-		-		2111	-	-		-		22a08
Cambridge South		1915		-	-		-				-	-		-		2115	-	-		-		
Audley End		-		-	-		-				-	-		-		-	-	-		-		
Stansted Airport ✈		1940		-	-		-				-	-		-		2140	-	-		-		
Nottingham				-	1756		-				-	1856		-			-	1956		-		
Chesterfield				-			1805				-			1905			-			2005		
Sheffield				1729			1821				1835			1921			1936			2021		
Doncaster				1801			-				1859			-			2000			-		
Wakefield Westgate				-			1847				-			1947			-			2047		
Leeds				-			1910				-			2007			-			21a01		
York				1827			1936				19a20			2032			2025					
Darlington				1857			2009							2100			2054					
Durham				1914			2026							2117			2112					
Newcastle				19a28			2041							2132			21a27					
Morpeth							2056							-								
Alnmouth For Alnwick							-							2158								
Berwick-upon-Tweed							2129							2219								
Dunbar							-							-								
Edinburgh							2210							2301								
Haymarket																						
Motherwell																						
Glasgow Central																						
Dundee																						
Arbroath																						
Montrose																						
Stonehaven																						
Aberdeen																						

South Coast, The South West to East Midlands, North West England, The North East and Scotland. Birmingham to Stansted Airport.

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Period of operation and Notes	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC	XC
Train ID	**1E64**	**1M65**	**1M95**	**1K29**	**1E67**	**1M66**	**1M68**	**1M69**	**1L56**	**1K31**	**1M70**	**1E73**	**1M77**	**1M85**	**1E75**	**1M74**	**1M78**	**2P33**	**1M80**
Headcode	**2281**	**4221**	**5271**	**6311**	**1281**	**3281**	**2301**	**4241**	**6321**	**6331**	**3301**	**1301**	**4211**	**5311**	**1321**	**3321**	**3341**	**1411**	**1351**
Bournemouth						1640					1740					1840	1940		
Brockenhurst						1655					1755					1855	1955		
Southampton Central						1715					1815					1915	2015		
Southampton Airport Parkway ✈						1723					1823					1923	2023		
Winchester						1731					1831					1931	2031		
Basingstoke						1749					1848					1949	2049		
Reading	1742					1815	1844				1915					2015	2111		
Oxford	1806					1839	1908				1939					2039	2135		
Banbury	1824					1858	1926				1958					2058	2153		
Leamington Spa	1844					1916	1944				2016					2116	2211		
Coventry	1858					1930	1956				2030					2130	2223		
Birmingham International ✈	1908					1941	2007				2041					2141	2233		
Penzance	-					-	-				-	1537				-	-	2128	
Redruth	-					-	-				-	1559				-	-	2157	
Truro	-					-	-				-	1612				-	-	2210	
St Austell	-					-	-				-	1628				-	-	2227	
Bodmin Parkway	-					-	-				-	1644				-	-	2248	
Liskeard	-					-	-				-	1656				-	-	2301	
Plymouth	-				1627	-	-				-	1727			1827	-	-	23a25	
Totnes	-				1653	-	-				-	1753			1853	-	-		
Paignton	-				-	-	-				-	-	1820		-	-	-		
Torquay	-				-	-	-				-	-	1826		-	-	-		
Newton Abbot	-				1706	-	-				-	1806	1835		1906	-	-		
Teignmouth	-				-	-	-				-	-	-		-	-	-		
Dawlish	-				-	-	-				-	-	-		-	-	-		
Exeter St Davids	-				1727	-	-				-	1827	1857		1927	-	-		
Tiverton Parkway	-				1741	-	-				-	1840	1910		1940	-	-		
Taunton	-				1753	-	-				-	1853	1923		1953	-	-		
Cardiff Central	-		1745		-	-	-				-	-	-	1945	-	-	-		
Newport (South Wales)	-		1759		-	-	-				-	-	-	1959	-	-	-		
Bristol Temple Meads	-	1800	-		1830	-	-	1900			-	1931	2000	-	2031	-	-		2210
Bristol Parkway	-	1809	-		1840	-	-	1910			-	1940	2009	-	2041	-	-		2219
Gloucester	-	-	1849		-	-	-	-			-	-	-	2049	-	-	-		-
Cheltenham Spa	-	1840	1859		1911	-	-	1941			-	2011	2040	2059	2111	-	-		2250
Worcestershire Parkway	-	-	1914		-	-	-	-			-	-	-	2114	-	-	-		-
University	-	-	1939		-	-	-	-			-	-	-	2141	-	-	-		-
Birmingham New Street	1918	1919	1945		1949	1951	2017	2019			2051	2052	2119	2147	2150	2151	2243		2330
Birmingham New Street	1928	1930	1949	1952	2003	2001			2022	2052	2101	2103		2153	2203	2201			
Wolverhampton	-	1949	-	-	-	2019			-	-	2119	-		-	-	2219			
Stafford	-	2003	-	-	-	2033			-	-	2133	-		-	-	2233			
Stoke-on-Trent	-	2021	-	-	-	2049			-	-	2149	-		-	-	2249			
Macclesfield	-	2037	-	-	-	2106			-	-	2206	-		-	-	2306			
Crewe	-	-	-	-	-	-			-	-	-	-		-	-	-			
Stockport	-	2051	-	-	-	2120			-	-	2221	-		-	-	2320			
Manchester Piccadilly	-	2100	-	-	-	2129			-	-	2229	-		-	-	2328			
Coleshill Parkway	-		-	2006	-				2036	2106		-		2206	-				
Tamworth	-		2006	-	2019				-	-		2119		-	2219				
Burton-on-Trent	-		2017	-	-				-	-		2130		-	-				
Derby	2000		2034	-	2045				-	-		2147		-	2245				
Nuneaton	-		-	2021	-				2051	2121		-		2221	-				
Hinckley	-		-	2028	-				-	2128		-		2228	-				
Narborough	-		-	2036	-				-	2136		-		2236	-				
South Wigston	-		-	2041	-				-	2141		-		2241	-				
Leicester	-		-	20a51	-				2112	21a50		-		22a48	-				
Melton Mowbray	-		-		-				2132			-			-				
Oakham	-		-		-				2145			-			-				
Stamford	-		-		-				2200			-			-				
Peterborough	-		-		-				2219			-			-				
March	-		-		-				2235			-			-				
Ely	-		-		-				2253			-			-				
Cambridge	-		-		-				23a08			-			-				
Cambridge South	-		-		-							-			-				
Audley End	-		-		-							-			-				
Stansted Airport ✈	-		-		-							-			-				
Nottingham	-		2055		-							-			-				
Chesterfield	-				2105							2205			2305				
Sheffield	2030				2123							2221			2321				
Doncaster	2103				-							-			-				
Wakefield Westgate	-				2148							2249			-				
Leeds	-				22a02							23a03			00a08				
York	2128																		
Darlington	2208																		
Durham	2226																		
Newcastle	22a56																		
Morpeth																			
Alnmouth For Alnwick																			
Berwick-upon-Tweed																			
Dunbar																			
Edinburgh																			
Haymarket																			
Motherwell																			
Glasgow Central																			
Dundee																			
Arbroath																			
Montrose																			
Stonehaven																			
Aberdeen																			

NOTES

a Arrival time
d Departure time
R Seat Reservations Recommended
s Stops to set down only
u Stops to pick up only